

NEWS Meet the new Real World faculty member. WEDNESDAY



FEATURES Battle the Freshman 15 at the University Recreation Center. PAGE 5



SPORTS The soccer team makes its presence known in Austin. **PAGE 10** 

### IY SKIF FRIDAY August 31, 2007 Vol. 105 Issue 8 EST. 1902 WWW.DAILYSKIFF.COM =

# Dining services works to become environmentally-friendly

By CAROLINE LOCKWOOD Staff Reporter

ers.

organic products.

TCU has switched to all- from plants. natural Bio Mass Packaging.

The forks, knives and spoons Dining Services, said the want to do more for the education major, said she used in the dining halls are main reason for switching environment, not all are is annoyed with the straws the stage of making sure the Students who eat at The now known as Spudware, to Bio Mass Packaging was completely satisfied with but understands the new items do work," Flores said. Main, Deco Deli, Edens or which is a form of biode- the feedback Dining Servic- the new products. Pond St. Grill have noticed gradable cutlery made from es received from students a change in their utensils, 80 percent potato starch and last year. Flores said many more secondary education out of a paper straw, but I needs and that they're doing straws and to-go contain- 20 percent soy oil, accord- students voiced their opin- major, said she is displeased think it's good they're doing what they're supposed to be ing to the Bio Mass Packag- ions about wanting to do The university has decid- ing flyers distributed in The more for the environment. ed to take an all-natural Main. The straws and to-go He said these "earth-friendapproach, using utensils containers are made from ly" products help the enviand containers made from paper pulp called Bagasse- ronment because they can all for the environment, but replaced by mid-September, a good thing or a bad thing. ware, which is formulated break down in 30 days when the straws are annoying."

Rick Flores, manager of

exposed to sunlight.

While many students may a junior early childhood definite change.

Amanda Diaz, a sophowith some of the changes.

"The straws are made of att said. paper and they come out in your mouth," Diaz said. "I'm sils and containers will be sure if the lack of response is

changes.

it for the environment," Swe- doing."

but Flores said not all of the He does know, though, this Like Diaz, Kelley Sweatt, biodegradable packing is a is just the first step for TCU

"We're still going through "We're still deciding if they "It was weird drinking are meeting the students

Flores said students have All of the plastic uten- yet to respond and he's not See **GREEN**, page 2

# **FLYING HIGH**



# Football alumnus gets seven years for drug charges

### By MEGAN MOWERY Staff Reporter

A former Frogs football team because he was not using it. captain has been sentenced to seven years in prison.

plead guilty in court Tues- grams of crack cocaine and the day to possession with intent pistol last year, Watson said. to deliver crack cocaine, said the 19th state District Court in Waco.

According to an Aug. 29 Waco Tribune-Herald article, ference USA Defensive Player McDonald was pulled over of the Year in 2002 and was the for an expired auto registra- team captain during the Libtion and the police found 11 erty Bowl when TCU defeated "rocks" of crack cocaine worth Colorado State. about \$220 in an aspirin conunder the seat.

was found guilty on the drug charge, however, the jury found rions of NFL Europe in 2004.

him not guilty of displaying a weapon during the crime

Last year, McDonald's three young children were in the car LaMarcus McDonald, 26, when the police found 2.18

McDonald will have to serve Ellen Watson, spokesman for one-fourth of his sentence in prison before he will be eligible for parole, Watson said.

McDonald was named Con-

A potential member can

receive more than one bid,

and he is able to choose the

fraternity he wants by sign-

ing the corresponding bid

he said, the new member

went by a check-out table and

got into his pledge group.

Once with his pledge group,

the new member received a

T-shirt from that fraternity.

"The process started at 6

p.m. with the signing of the

bids," Schutts said. "It was

probably finished about an

The different pledge class-

es went and stood by the

stairwells by the Student

Center Ballroom until they

were ready to be taken to

done with signing their bid

cards, DiLeo led the different

pledge classes by fraternity

Once in Sadler Hall, DiLeo

gave the pledges a speech

congratulating them on

receiving a bid and becom-

ing a part of TCU's Greek

community. After the speech

he then led them through the

doors to the awaiting frater-

See IFC, page 2

into Sadler Hall.

After all the men were

Sadler Hall, Schutts said.

hour and a half after that."

After signing the bid card,

card, Schutts said.

Following his TCU career, tainer as well as a gun found McDonald signed as an undrafted free agent with the San Watson said McDonald Diego Chargers in 2003 and played for the Cologne Centu

Courtesy of GEOFF AARON

Motorcyclist Geoff Aaron, winner of 10 U.S. trial championships and 73 career national wins, will kick off Thursday's 6 p.m. pep rally. The event, hosted by the Programming Council, will include the TCU cheerleaders and a performance from the band. The motorcycle stunt show demonstration will last 15 to 20 minutes.

### Motorcycle stuntman to entertain students at final Howdy Week event

### By ALLIE BROWN Staff Reporter

As Howdy Week winds down, Programming Council is bringing in a stunt motorcyclist Fridayto kick off the

pep rally with a boom. Motorcyclist Geoff Aaron will begin unwinding his aluminum obstacle course at 6 p.m. in the Kelly Alumni Center parking lot. Aaron Wolfe, vice chairman of Programming Council, said

there is much to look for- "We were concerned career national wins. ward to.

major highlight but the us at the right time." band and cheerleaders are also highlighted," Wolfe interest in motorcycles he arrives to set up, the rig said.

especially looking forward father suggested he try a a mobile display to showto Aaron's stunts.

everyone," Knowles said. al Championships and 73

because we didn't have a "The motorcyclist is a band and (Aaron) came to accompanied by a unique

when he was 13. He said will unfold into an alumi-Howdy Week project lead- his father used to trial ride num obstacle course. er Kaytlyn Knowles agreed with friends and when Aarwith Wolfe but said she is on became interested, his unique sport so we've built trials bike. Now, at age case the sport as well as "It's a big surprise for 35, Aaron has 10 U.S. Tri- we can," Aaron said.

Aaron said he will be

demo-rig built especially Aaron said he began his for his performances. When

"Moto-trials is kind of a

See HOWDY, page 2

### Dean makes plans for new AddRan building

### By JACKIE RODRIGUEZ Staff Reporter

The dean of AddRan College of Humanities and Social Sciences said he will rely on his pri-

D



SCHOOLMASTER

the College of Arts and Sciences building."

at Eastern Kentucky University placement, cost and estimated completion date for the new building will be decided later. Jodi Campbell, associate

department is in need of a new building.

e a n "We are painfully short on gion department. AndrewSchool- classrooms," Campbell said. "I'm

master, who served as dean of all for his plans to create a new at EKU he was an advocate for students, faculty and staff.

Schoolmaster said he brings "I accepted the offer to join before coming to TCU, said the his experience and achieve- TCU because of this school's past, present and future," ments as an administrator in higher education to the TCU Schoolmaster said. "TCU is wellestablished with an excellent "Dean Schoolmaster has expe- reputation and has a very dedprofessor of history, said the rience with building projects so icated and talented faulty and it's good that he's involved," said staff. It also has strong leader-David Grant, chair of the reliship in key positions and there

is a welcoming and supportive Schoolmaster said as a dean atmosphere."

said. didn't receive bids.

get potential new members bids," DiLeo said.

### Pledges accept bids, continue IFC tradition

### By ANA BAK Staff Reporter

An Interfraternity Council tradition spanning more than 50 years continued Wednesday night as 282 men crossed over the TCU seal in Sadler Hall.

After going through three rounds of IFC Men's Recruitment, 318 men gathered in the Brown-Lupton Student Center Ballroom at 6 p.m. to receive their bid cards.

Josh Schutts, coordinator of fraternity and sorority life and IFC adviser, said recruitment started last Saturday with an information session. The first round started with 336 men visiting all the IFC houses.

On bid day, 318 men received bids, and of those, 282 accepted the offers, Schutts said.

"About 95 percent of men who went through recruitment received bids," Schutts

Matt DiLeo, IFC president, said this year the number of men who received bids was an improvement compared to last year, when 80 men

"IFC's main goal is to

### **CONTACT US**

Send your questions, compliments, complaints and hot tips to the staff at NEWS2SKIFF@TCU.EDU

WEATHER TODAY: Isolated T-Storms, 89/70 SATURDAY: Mostly Sunny, 92/69 SUNDAY: Partly Cloudy, 93/70

### PECULIAR FACT

community.

COLORADO SPRINGS, Colo. — An elementary school banned tag after children complained they were chased against their will. Associated Press

**OPINION:** Campus offers options for commuters, page 3

SPORTS: College coaches salaries revealed, page 10

TODAY'S HEADLINES

NEWS: Governor pardons death row inmate, page 6

# WATER-BURGERS



Delta Theta Sigma and Sigma Lambda Alpha co-hosted a back-to-school barbecue outside despite the sporadic rain that raised the humidity on campus Thursday.

### Evening showers fail to spoil Greeks' cookout

ma Lambda Alpha did not let dents nonetheless. a rain shower dampen their fifth annual block party.

forced the sororities to run for cover, but they continued the rain) to check the food."

Delta Sigma Theta and Sig- to barbecue and dance for stu-

Giovanni Guerra, a junior hang out, and meet fresh- ties have this event every year An afternoon downpour international relations major. men and international stu- "to show Greek unity across "We kept going in and out (of

party was not a rush event junior advertising/public rela-"We were troopers," said but a way to "have fun, eat, tions major, said the sororidents."

Delta Sigma Theta presi-

Guerra said the block dent Danielle Marshall, a campus."

Staff Reporter Alyssa Dizon

IFC From page 1

nity, Schutts said.

"The IFC tradition is that every new pledge class cross over the TCU seal," Schutts said. "It's been going on since the 50s."

The people who were waiting on the lawn of Sadler Hall were mainly members of IFC fraternities, some women from sororities and passers-by who happened to see the event, Schutts said.

The order of the fraternities to go through Sadler hall was, Phi Kappa Sigma, Phi Gamma Delta (FIJI), Delta Tau Delta, Sigma Alpha Epsilon, Lambda Chi Alpha, Phi Delta Theta, Sigma Chi, Kappa Sigma, Sigma Phi Epsilon and Pi Kappa Phi, Brandon Phillips, said Brandon Phillips, president of Phi Kappa Sigma.

Dileo said in the past shuttles were used to take the potential members to the Kelly Alumni Center for the Pi Kapp and Sig Ep events.

**GREEN** From page 1

to help clean up the environment.

The new Brown-Lupton Student Center may have something to do with improving the earth by having students eat on china or glass as opposed to takeout, Flores said.

Restaurants such as McDonald's and Boston Market serve almost all of their foods in plastic containers, which could add up to a lot of waste, Flores said.

"We're going to change drastically our culture of how we eat from a retail format to an all-you-can-eat format, which means we're going to help the environment even more," Flores said. "We'll go away from retail packing, to students having their meals without the packaging, which takes away all paper products to begin with. That'll be another help to the environment."

### HOWDY From page 1

Aaron, sponsored by Red routine twice during the cream. middle of the pep rally. The to 20 minutes.

forward to the pep rally ture. because he cannot remem-Worth.

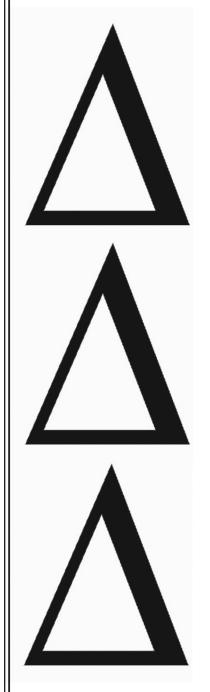
think about riding this stuff so I'm pretty much on the road all the time," Aaron said.

The pep rally will also Bull, will perform his basic include free purple ice

As for Aaron, he said he demonstration lasts about 15 doesn't know if he'll have time to eat ice cream before Aaron said he's looking he jets off to his next adven-

"Afterward, I don't know," ber ever performing in Fort Aaron said. "I get there, pick up my itinerary in the morn-"There's only about half ing and just know that I'm a dozen people that would going to Oklahoma next."





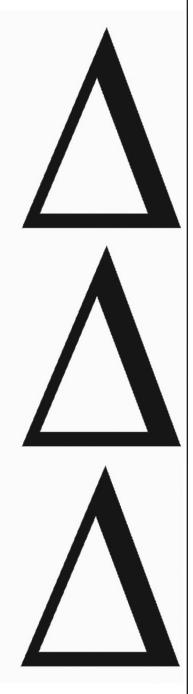


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QUOTE OF THE DAY "I do not pray for success, I ask for faithfulness."

— Mother Teresa

### **THE SKIFF VIEW** Lottery formula neglects seniors' privileges

Rewarding upperclassmen for their dedication is important in maintaining goodwill across campus and opportunities like tickets to the University of Texas football game are the icing on a four-year cake for seniors.

With that being said, the guidelines, or lack thereof, enforced in the lottery to decide who would receive the 800 allotted student tickets show the officials in charge of organizing ticket distribution copped out. Plain and simple.

The 800 tickets made available to students - even with it being only 21 percent of the allotment — is somewhat reasonable. It's understandable that boosters, alumni and sponsors could snag a good amount of the 3,800-ticket allotment.

What is mind-boggling about the situation is the fact that university officials refused to place an order of seniority in its lottery formula. Explanations of making it fair to everyone — whether they were away from Fort Worth or out of the country - regardless of classification are just not sufficient or logical enough to be taken seriously.

How is a die-hard Frogs football fan supposed to react during his or her senior year when the fan discovers a freshman secured the hottest ticket of the year, while the senior is left out in the dark? Even a blind squirrel finds a nut every once in a while, but did it have to happen now?

Other than the lack of a system is the reminder that money from the deep pockets of boosters and alumni will overrule students 10 out of 10 times. Even at TCU, where the students are lucky not having to pay for home football games, university officials could not resist getting a piece of the pie for the Austin trip. Money wins, and unfortunately, that is just a part of life.

But the random lottery? Well, let's just say a blind squirrel will be eating like a king on Sept. 8.

Sports editor Tim Bella for the editorial board.

# MY DAD SAYS WHEN HE WAS A KID, GLOBAL WARMING USED TO BE CALLED SUMMER!

**BY WAYNE STAYSKAL** 

# Commuters can still find time to make friends

School policy changed this year to make it mandatory that all freshmen and sophomores live on campus. However, some freshmen and sophomores that live within a 35-mile radius are allowed to stay at home.

These students may wish



Hayley Freeman

of college often deal with the hardships of finding a parking spot, making time between school and going home to spend time with friends. While it may seem like a

things that can not only kill time, but energize your body and mind. For example, the University Recreation Center, which usually opens at 6 a.m. during the week, allows you to have an energy-packed workout to start the day.

If a morning workout is not appealing, maybe a hearty breakfast at The Main or Frog Bytes is a choice method to start the day. The library is also open for those who enjoy getting ahead on homework.

Spending time with friends is often difficult when commuting to and from school every day.

Any time between classes would be a great time to call up friends. Or you could stay on campus for

to devote to meeting new people because they are not so close to the student life at TCU. Getting involved in the TCU community will bring fun, friends and a closer connection to those lucky noncommuters.

Joining the Greek life is interesting whether it is Panhellenic or service sororities or fraternities.

"I felt like I was not being included in various college activities," Diaz said. "I joined marching band and a sorority to get more involved."

There are many religious-based organizations that will not only help one strengthen bonds of friendship but also strengthen faith life. Even work study is a great way to meet peo-

# **Going Greek not essential**

Entering a college or university for the first time can be intimidating and tough, regardless of whether you are a freshman or transfer student.

Freshmen and transfer students are faced with a difficult social situation when they are accepted into a new school. They want and need to make friends - fast.

Greek life is almost always the COMMENTARY



Marissa Warms participate in recruitment. Greek life allows you to be involved and also to find your niche on campus. For some, it is the best option, but for others, it just doesn't feel

"It is a great asset to TCU to have fostered a community-feeling atmosphere for its students."

### Marissa Warms

dents do not go through recruitment and then regret the decision tremendously.

TCU offers a variety of social organizations that allow students to mingle and make friends. Each group has different rules and guidelines for how much time is expected to be committed by new members, but it is never so much that you can't continue to put school first.

For many students, keeping God as their focus is the most important part of their lives, and for them, there are many options

also help tutor students who are struggling in their classes.

At TCU, students need to be aware that the majority of students are not Greek, and that there are other options to make friends if they do not feel compelled to go through recruitment.

Students at TCU take that for granted. At some universities, including the one I came from, it is almost mandatory to be Greek if you want to have any friends and be noticed by anyone. You are judged by your letters, not your spirit and personality.

It is a great asset to TCU to have fostered a community-feeling atmosphere for its students. Greek and non-Greek students alike are friends and can associate with one another without fear of being seen. Believe it or not, some schools can't say that. If you are a freshman or transfer student and did not go through recruitment this past semester, know that there are still social options for you. Access tcu.edu, search social organizations and find the place where you'll thrive.

bummer to spend the first two years of college living at home with your parents, there are other ways to make the best of the long hours spent on campus.

The truth of the matter is that parking at TCU is bad not only for commuters, but for everyone. Getting to school earlier has proven to be an effective solution for most commuters to find a parking spot. Those commuters that choose to come early, however, face the dilemma of having nothing to do for a couple of hours before their classes start.

The good news is that campus has a variety of

meals.

Amanda Diaz, a sophomore secondary education major and a commuter from Haltom City, said, "I enjoy lunch with the people I meet in my classes."

If money is an issue and affording lunch everyday at The Main is difficult, try bringing lunch and dinner from home instead. There are microwaves located in Frog Bytes and The Main that free for students to use.

Making friends could be one of the toughest things a commuter may have to struggle with. Between school and home, a commuter may have no time

ple — and even get help with tuition or money.

While young commuters face much stress, they can make the best of it.

Living with parents is not a social death sentence, nor does it have to hurt physical or social well-being. Commuters can be as well-adapted as the freshmen and sophomores that are required to live on campus.

While commuters may make a treacherous drive to school every morning, they do not have to travel far to find acceptance at TCU.

> Hayley Freeman is a sophomore English major from Fort Worth.

right.

I believe that TCU makes Greek life an option, not a necessity. Students from all walks of life come here to study and learn and there is an organization for everyone.

I did not affiliate with my sorority here at TCU, despite being Greek at my first university before transferring. I feel qualified to say that Greek life is fun, but it's not for everyone.

Often times students feel pressured to participate in recruitment because they don't know what else is out there for them. On the other hand, some stu-

including Eta Iota Sigma (HIS) and Beta Upsilon Chi (BYX). These are the two Christian groups, the first for girls and the other for guys. They meet once a week and require little more than attending church regularly to be a member.

Other students want something service-oriented, for which there are events such as LEAPS and groups such as Alpha Phi Omega, a co-ed service fraternity that focuses on leadership and service.

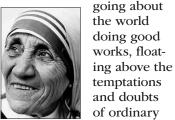
There are also honorary sororities and fraternities that recognize students for academic achievement that

Everyone has their own way of being social and making friends. Don't succumb to what you think everyone else is doing. I guarantee you can find your home on campus because TCU offers a place for everyone.

> Marissa Warms is a senior advertising/public relations major from Irving. Her column appears Fridays.

# Mother Teresa persevered through hope despite faith crisis

When we think of the saints, it's common to imagine them as serene figures,



MOTHER TERESA

The truth is more complicated. Holiness is not the same thing as goodness. In fact, it's spiritual heroism.

people.

Now come stunning revelations that Mother Teresa of Calcutta was tormented by doubt that God existed. In private letters to her confessors now being published on the 10th anniversary of her death, she referred to Jesus

as "the Absent One." In 1946, Mother Tere-

sa had a mystical vision in which she believed she heard Jesus calling to her to "come be my light" to the poor. She did. And then he withdrew, leaving the Catholic to dwell in the abyss of doubt for half a century. In the letters, she described her smile as "a cloak that covers everything" and agonized over whether she was a hypocrite.

You could call her that. Or you could see in the famed humanitarian's life a spectacular triumph of the human spirit. She persevered. She endured.

She did not abandon the wretched of the earth, nor falter in what she believed

was her divinely appointed mission — even though she received no consolation that God was even there.

How? Hope.

Hope is not mere optimism. Hope is the conviction that despite all available evidence, our lives, our work and our sufferings have ultimate meaning. Most people, religious and secular, at some point experience doubt about their purpose in life; many doubt whether life has purpose at all. But the moment passes. It didn't for Mother Teresa, who felt forsaken by God for the last half-century of her life.

And yet, because Mother Teresa did not let her inner darkness overcome the light, in poverty-stricken South

Dallas and in more than 130 countries worldwide, poor people find help and compassion through the Missionaries of Charity. Though Mother Teresa was desperately poor in spirit, what faith she had was enough to move mountains.

To learn of her radical doubt is not to lose respect for Mother Teresa. It is rather to be awestruck by what she accomplished despite her all-too-human fears. In her weakness, the rest of us may find strength. Ten years after the great and good woman of Calcutta's passing, we now know that she was no plaster saint. She was one of us.

This editorial appeared in the Dallas Morning News and was distributed by McClatchy-Tribune Information Services.



### **Editorial Board**

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e-mail it to LETTERS2SKIFF@TCU.EDU. Letters must include the author's classification, major and phone number. Skiff reserves the right to edit or reject letters for style, taste and size restrictions.

# Decorating dorms requires group planning



TOM GRALISH / Philadelphia Inquirer via MCT Stanford University roommates Eliza Fox, right, and Caitlin Crandell flip through the sleeves of posters in a store on South Street in Philadelphia on Aug. 13, looking for posters for their dorm room walls.



Rachel Frank's dorm decor items include a Philadelphia Phillies fold-up chair, a Chia pet, and some flea-market records to hang on her wall.

### By ELIZABETH FOX

The Philadelphia Inquirer As anyone who has ever possessed a single square foot of space knows, decorating matters. Even those who profess not to care really want their abodes to look attractive, be comfortable, and feel like home.

Under the best of circumstances, that can be difficult. So imagine the strain of working to organize and decorate a shoebox of a room with people who live far away — people you may not even know.

Ah, college! Not just the harbinger of academic challenges and new social pressures, it offers the bonus struggle of the dorm room. As someone gearing up for yet another year of the higher-education experience, I'm in a position to understand.

My future residence is a tworoom triple, with three desks, three beds, and startlingly little closet space. Other than that, I'm fuzzy on the details, as are my two roommates, one from California, one from Texas.

Compounding the problem is the fact that my college is on the West Coast, which makes it virtually impossible for me to toss my belongings into the car and drive them to campus. Plus, my Texas roommate has packed up for the summer, leaving only the brief message: "I'm in Paris. I will buy posters."

So when my California roomie, Caitlin Crandell, called to say she was taking a break from Santa Barbara's beaches to visit me in Philadelphia (I know, I was surprised, too), I immediately thought, "Oh, good! Now we have time to plan our room!"

University of Pennsylvania sophomore Lua O'Brien

understands wanting to sort out the decor issues in advance.

"My roommates are all coming up early, and we're going to go shopping together," she said. She will share an on-cam-

out of it."

pus apartment with three girls. "Posters, fur- mate frustratingly unrespondo together."

to the University of Michigan, said she and her roommate are talking about decorating now.

"We planned a little bit before we left school. She already had a refrigerator and a microwave, so I am doing the TV and DVD player," Frank said. "We're discussing how we want to do our beds because it's building-block furniture, so you can do it lots of different ways."

Some are thinking bigger than just shopping at Ikea.

"We're all getting there pretty early, so we'll go trash-picking together in the ritzy parts of the city, like Hyde Park," said Dana Kaplan-Angle, a sophomore at Northwestern University, near Chicago. And though she hasn't talked much with her four suitemates, who live as far away as planning her own single bedroom by mocking up its lifesize dimensions in blue tape on her living room floor.

"I've been hanging out in how big it is," she said with a laugh. "It's small."

much progress at all. Chris Pittman, a freshman to make sure that you are both

at the University of Delaware, won't find out who his room- willing to listen to the other education."

"Because you are sharing a room, you have to make sure that you are both getting something

### **Chayse Dacoda** Dacoda Design

it," she said, sighing.

about all that stuff."

nalia.

about differences in taste.

All around, there's worry

"I'm really into different reli-

gions," Katherine O'Brien said.

"Like, I have a Ganesh mask

and a couple Buddhas and a

know how my roommate feels

clash between my brightly col-

ored, Christmas-lighted, more-

than-slightly-messy style and

Caitlin's subdued, stunningly

neat one. And don't even get

how the Texas roommate will

react to all my Eagles parapher-

munication is the bottom line,"

show "Get It Together" (Satur-

design business, Dacoda

Design, the University of Penn-

are sharing a room, you have

getting something out of it. Be

days at 11 p.m.).

mate is until later person and know that you're this month, leaving sharing one space together." him floundering on the decorating front.

California, has up." found her Los Angeles room-

munication, Frank said, is alerting future roomies to important And Katherine new developments. "I would O'Brien, a fresh- call and say `Hey, I'm looking man at the Uni- at this' or even `I bought this' versity of Southern to at least give them a heads-

Lua O'Brien took that tack recently when she found a chair she thought would go well in niture, and cooking stuff, like sive. "I've been trying to talk her apartment's double beda George Foreman grill, we'll to her or message her online room. "I called my roommate about decorating, but I don't to make sure that it was OK Rachel Frank, 19, who goes think she's even interested in that I bought it." When she told her two other roommates, they were also "really excited about it."

The key to that kind of com-

When possible, Dacoda said, it's a good thing to discuss decorating finds ahead of time.

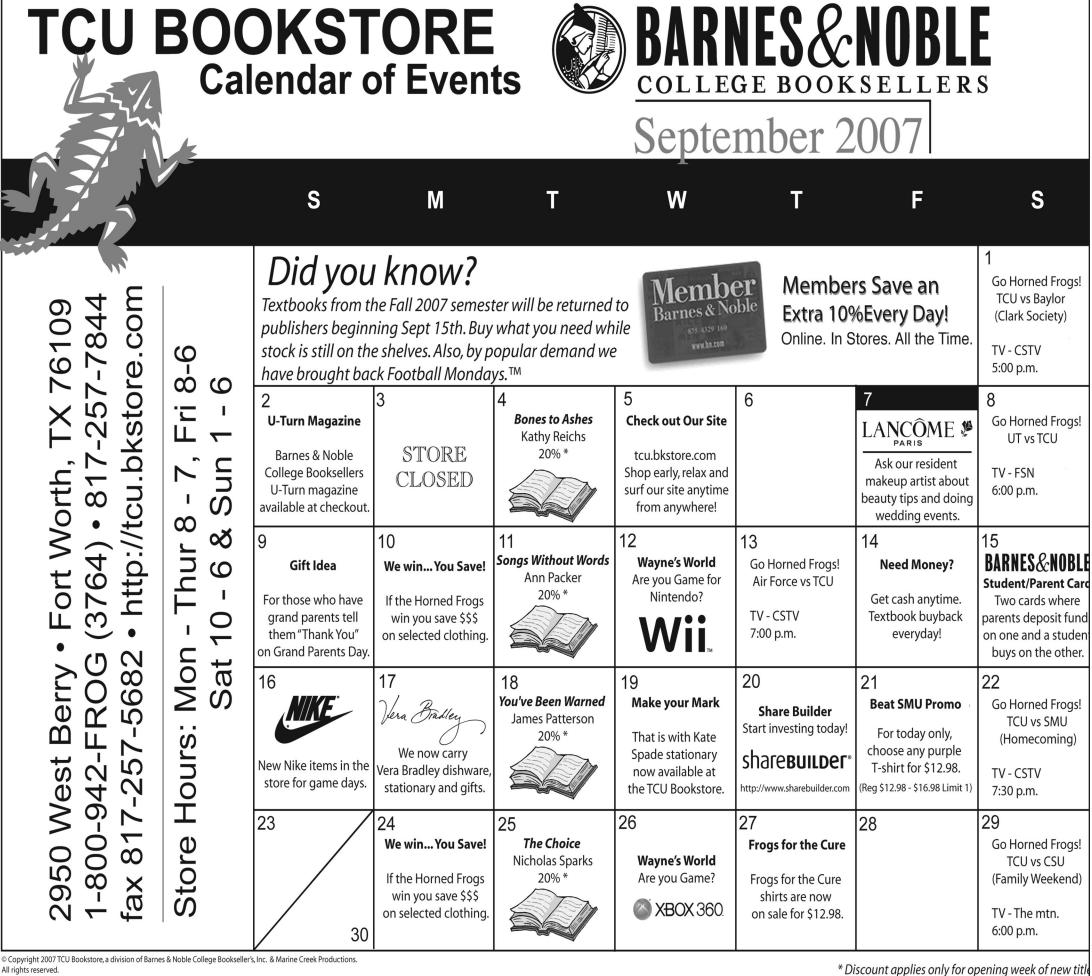
"I mean, if you're talking cross that I've always wanted about a pillow case, I don't to hang up together, but I don't think that's relevant to the other person," she said, "but if you're talking about your I'm concerned about the 37-inch TV, then, yeah, you should talk about it."

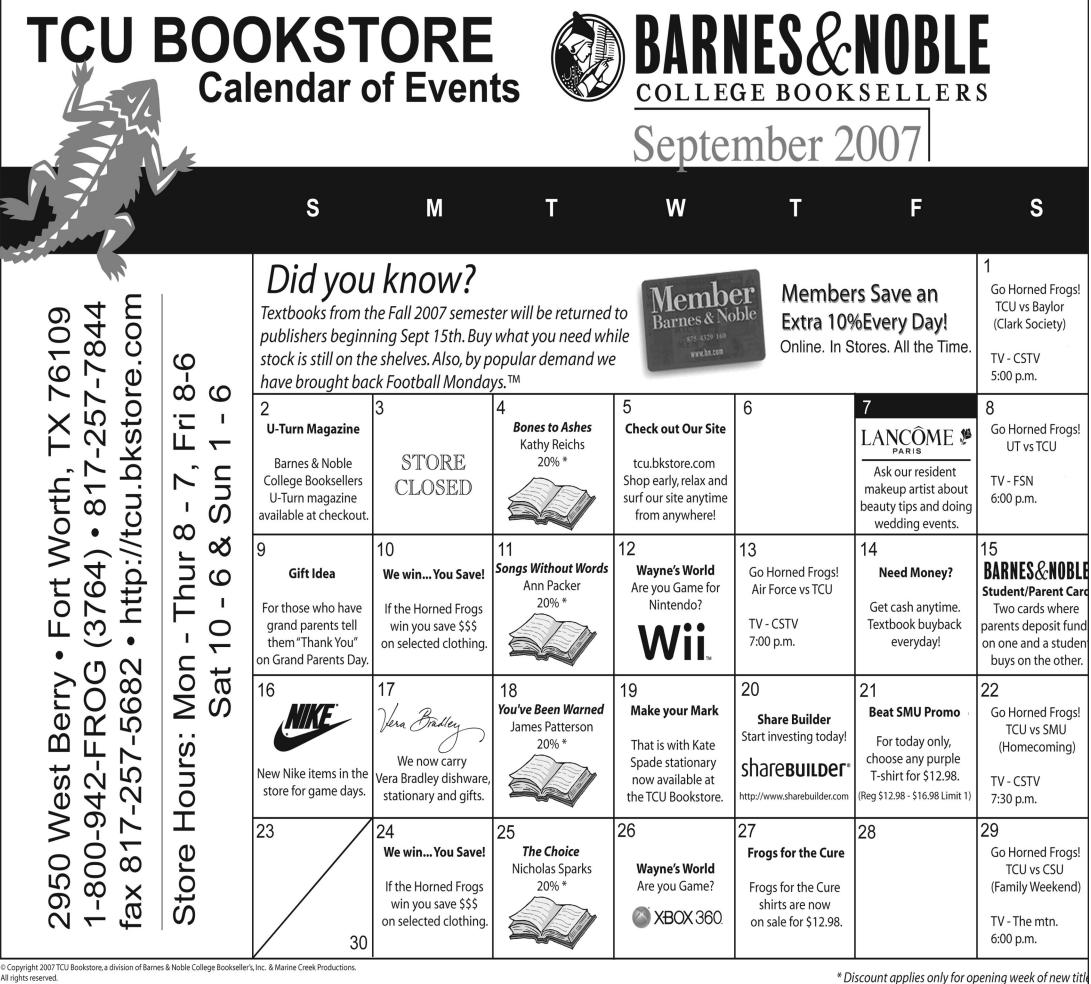
And if worry still gnaws, it may help to remember that there are multitudes of decorating paths to travel, any one me started on my anxiety over of which can represent individual style. (Tess Rankin, a sophomore at Columbia University, admits treating her When tastes collide, "com- room like a giant scrapbook, collecting playbills, flyers, and said Chayse Dacoda, host of tickets, and "sticking them on Washington state, she's begun HGTV's decor-compromise the walls to keep a record of my life.")

When all else fails, there's As the founder of her own Pittman's approach.

"I'm pretty easygoing," he said. "If my roommate had my phantom room so I can see sylvania alum fully understands something that was completely the desire to incorporate per- not me, I'd probably use it as sonal style into decorating. But, a bargaining chip to get some-Some students haven't made she points out, "Because you thing that I wanted that wasn't him at all."

> Honing bargaining skills? Well, college "is all about the





+ Buyback offer is subject to change.





**BEAT WRITER** 

. . .

Pelar STEN TO YOUR BODY

Celebrate the 50th anniversary of Jack Kerouac's "On the Road" with members of the university. WEDNESDAY

# Healthy measurements

By ALYSSA DIZON Staff Reporter

**Scale** 

How old is your body?

A new addition to the University Recreation Center, the Polar Body Age System, can answer that question and improve TCU's overall health and fitness, said Stacy Cintron, assistant director of campus recreation fitness and wellness. She introduced this system to help students and faculty practice healthy, active lifestyles. The system uses various tools to calculate an actual age of how old you are and devise personal exercise plans to reach your desired fitness level.



The scale measures body weight and is calculated into the body age measurement process. It judges where one's fitness and health level is or where it should be. Eating whole grains, fruits, vegetables and lean meat contributes to a better weight and overall health.



### **Heart Monitor**

This measures the body's maximum rate of oxygen use when exercising. Cardiovascular or aerobic activity improves the ability of the heart, lungs and circulatory system to send oxygen and nutri-ents throughout the body. Cardiovascular activity includes walking, running and swimming.

> **Blood Pressure Cuff** Blood pressure measures the exertion of blood



### Caliper

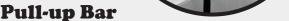
This device pinches the skin in three target areas: the tricep, hip and thigh. It measures body composition, which is the percentage of body fat to lean body mass based on overall body weight. It also determines the basal metabolic rate, which shows how many calories are used by lean body mass and what your daily calorie intake should be.



Sit and Reach Sit with legs flat on the floor, back straight with arms reaching forward and hold bar with both hands. Pushing the bar forward measures flexibility. Stretching often improves flexibility and reduces muscle strain and injury.



on arteries when the heart pumps (systolic) and when the heart is at rest (diastolic). The normal measure is a 120 systolic number over an 80 diastolic number. Maintaining a blood pressure near those numbers by exercising and avoiding salty foods decreases the chances of heart attack or stroke.



Holding the bar at a 90 degree angle and pulling as hard as possible determines bicep and upper body strength. Frequent strength training makes daily tasks less strenuous and lowers the chances of injury.

# Killing Calories, losing pounds

### By ALYSSA DIZON Staff Reporter

Eat your vegetables or no dessert.

This is a phrase no child wants to hear. Kids basically have no control over what they eat. Parents buy and prepare the food, and the children have to gulp down whatever appears on their plate. If they do not like what it is, they squirm in their chairs praying that somehow that disgusting pile of green will magically disappear. TCU's nutrition counselor Stephanie Dickerson said, "students are like kids in a candy store," once they get into college, they embrace their newfound freedom and make poor eating choices, she said. Rick Flores, general manager of dining services, said TCU is concerned about students' well-being. The staff will not follow each student and tell them what to eat, but TCU offers balanced meals, nutritional information and a staff willing to help students develop healthy habits while in college, Flores said.

### The Dreaded "Freshman 15"

No one wants to put on extra weight, especially not 15 pounds. The Journal of American College Health found that 70 percent of the 290 students surveyed gained about 7.9 pounds by the end of their second year in college.

Gina Hill, assistant profes-

sor of nutritional sciences, said some of the weight gain is caused by extra freedom, students exercising less, eating when they are not hungry and eating late or to deal with emotions.

Homesickness, exams or an ended relationship can all lead to stress-induced eating, Dickerson said.

### Eating Right

Students should find other ways to deal with their stress instead of a pint of ice cream, Dickerson said. She said she recommends talking with friends, exercising or finding a hobby to relieve the stress.

Flores said dining services has made several changes to improve nutrition and education. He said TCU has been working on providing students with healthy alternatives like fruit cups, more salad items and healthier cooking methods. Flores explained that every station in the Main has a booklet describing the ingredients and nutritional value of each meal.

Joel Wassner, a sophomore radio-TV-film major, said, "I did see the sign that they don't use trans fat in their cooking oil for fries. I think they do a fairly good job."

Erin House, a freshman religion major, said she tries to avoid the "Freshman 15" by eating salads and taking the stairs.

"We're not going to demand States Department of Agriculthat students have a certain diet," Flores said. "Our job is to try to get what students want, and it's hard to make that balance."

### **Everything in Moderation**

Hill said it is not necessarily what one eats that causes weight gain.

"It's really a matter of watching portion size," Hill said.

Many people do not know what a proper portion size is and as a result, they eat more than what their body requires, Hill said.

Hill said diet foods like Nabisco 100 Calorie Packs can help people understand what a portion size is and are good to eat as long as people do so in moderation.

Along with overeating, Hill said boredom, sadness or fatigue should not lead to eating if one is not hungry. She suggested drinking water to help control hunger.

Frequent alcohol consumption also contributes to weight gain because alcohol contains lots of empty calories and binge drinking only increases hunger, Hill said. While smoking does boost metabolism, she said it is not a good option considering its long-term negative effects on the body.

Wassner and House pointed out another trend that a number of students follow: skipping breakfast. The United ture studies showed that eating breakfast increases one's energy and ability to concentrate. The studies also indicated that those who neglect breakfast tend to be irritable or unfocused and tend to eat more during the day.

### **Staying Fit**

The recommended amount of exercise is 30 minutes to an hour, five to seven days a week, Hill said. According to the Center for Disease Control Web site, people should do some physical activity at a moderate intensity level like fast-paced walking, aerobics or anything that boosts one's heart rate.

doing a little bit of exercise everyday by biking or walking to class, taking the stairs or even cleaning one's room.

Stacy Cintron, assistant director of campus recreation fitness and wellness, said, "What we hope to achieve is an overall increase in the health of the campus — make them want to have those lifestyle changes."

Cintron said that there is no need to fear the gym. She said she encourages the "exercisephobics" to "step out of their comfort zone and see what the tolls of inactivity can do to them."

"Their lifestyles now are setting the stage," Cintron said.

### FOR YOUR INFORMATION

Know what foods are good for you and why? Here's a quick list of the best food sources to keep yourself healthy.

### CALCIUM

Calcium is key to strong bones and teeth, as well as proper nerve and muscle function, and while milk is instantly considered as a source of calcium, there are many other foods that can help you get the calcium you need:

Milk, Other Dairy Products, Cornmeal, Wheat Flour, Sardines, Spinach, Soybeans

### • VITAMIN C

Vitamin C helps your body repair itself, fight off diseases and infections and even has shown some indications of fighting off cancer. Here are some of the foods that pack the highest Vitamin C punch:

Oranges/Orange Juice, Peppers, Grapefruit Juice,

Strawberries, Broccoli, Brussel Sprouts

### • FIBER

Fiber keeps digestion on track and has been shown to help prevent heart attacks, intestinal problems and several types of cancer:

Beans, Peas, Wheat Flour (whole grain), Dates, Tomato Products

### ANTI-OXIDANTS Anti-oxidants are chemicals that may help prevent a host of ailments including cancer, heart disease and Alzheimer's: Beans, Blueberries,

Cranberries, Artichokes, Blackberrries

### FOLIC ACID

Folic acid promotes cell division growth, red cell development and helps prevent some birth defects and can help reduce the risk of some types of cancer:

Turkey, Orange Juice, Beans (specifically kidney, pinto, navy), Okra, Spinach

### IRON

Iron helps carry oxygen through our bodies. If you don't get enough you can become anemic, which will make you feel tired and weak:

Mollusks, Clams, Enriched Rice, Spinach, Beef, Baking Chocolate (unsweetened squares)

SOURCE: USDA, National Institute of Health

# Dickerson also suggested

### **Perry commutes death sentence**

By EMILY RAMSHAW The Dallas Morning News

Texas Gov. Rick Perry on Thursday commuted death row inmate Kenneth Foster's sentence to life, following a 6-1 recommendation by the Texas Board of Pardons and Paroles.

"After carefully considering the facts of this case, along with the recommendations



of Pardons and Paroles, I believe the right and just decision is to commute Foster's sentence from the death

from the Board

penalty to life imprisonment," Perry said. "I am concerned about Texas law that allows capital murder defendants to be tried simultaneously, and it is an issue I think the legislature should examine."

that ended in the murder of a contends he had no knowledge a murder was going to occur, and he was not the trigger man. But he was convicted, in the same courtroom as the shooter, under the state's "law of parties," which authorizes capital punishment for accomplices who either tainly not to murder — LaHood. intended to kill or "should have The shooter, Mauriceo Brown, anticipated" a murder

Foster is one of an estimated 80 Texas death row inmates convicted under the law; about 20 have already been put to death. Most states have such laws for many types of crimes, but Texas is the only state to apply it broadly to capital cases. While death penalty opponents decry its use, prosecutors argue all those and later, the appeals court — to don. responsible for heinous crimes support a capital murder charge must be held accountable.

Foster acknowledges he was



MONA REEDER / Dallas Morning News via MCT

Kenneth Foster, who was on death row in the Texas Department of Corrections Polunsky Unity in Livingston poses for a photo during an interview Aug. 22. On Thursday, Gov. Rick Perry commuted Foster's sentence to life, following a 6-1 recommendation by the Texas Board of Pardons and Paroles.

in a 1996 armed robbery spree other men nearly 90 feet away when one of his partners shot botched robberv

> Foster, have testified that they thought they were done robbing for the night and that there was no plan to stick up — and cerwas executed last year.

> client's fate was sealed during his joint trial with Brown, when one of his robbing partners testified that "it was kind of like, I guess, understood, what was probably fixing to go down" when Brown got out of the car.

It was enough for jurors for Foster on the basis of conspiracy: They believed Foster, as criminal court, upheld Foster's up for getting high and robbing a the getaway driver on two previfew people on that night 11 years ous robberies, either knew what

Foster was the getaway driver ago. But he was in a car with two was about to occur or should have anticipated it.

But Foster's attorney never got 25-year-old San Antonio man. He and killed Michael LaHood in the chance to cross-examine the what jurors determined was a two other partners, who both received life sentences. One has The men in the car, including since given a sworn statement to Hampton saying he didn't understand Brown's intent was to rob LaHood until Brown had already made his way up the driveway. The other has testified that Foster asked the men all night to quit and worried Foster's attorney believes his about returning the car to his grandfather.

In recent weeks, Foster's case has brought waves of attention, from rallies across the state to public statements from former President Jimmy Carter, South African Archbishop Desmond Tutu and actress Susan Saran-

The Texas Court of Criminal Appeals, the state's highest sentence for a final time this month.

# Diploma withheld following evangelical speech content

### By BRIAN NEWSOME The Gazette

A 2006 Colorado high school graduate who mentioned Jesus Christ during a valedictorian speech and had her diploma withheld until she wrote an apologetic letter, has sued the district for allegedly violating her free speech.

Erica Corder was chosen to conclude a commencement School in Monument, Colo., in May 2006. Although stuwere first rehearsed for the of time," she wrote. principal, she added evanturn came during the ceremony:

personally I encourage you religious speech." to find out more about the nity with him."

get it.

He threatened to withhold gized for the speech, accord- Adair said: ing to the lawsuit and the

"Really, our hope is that any valedictorian would know clearly that they can speak about what is important to them."

**Steven Corder** Erica Corder's father

speech shared by 15 valedic- agree to write a letter of torians at Lewis-Palmer High explanation for her actions. "I'm sorry I didn't share my plans with Mr. Brewer or the dents' 30-second speeches other valedictorians ahead

gelical comments when her contends her First Amendment rights of free speech were violated when the dis-"We are all capable of trict "refused to present her make sure the school understanding firm and express- with her diploma unless ing our own beliefs, which is she issued an apology for why I need to tell you about mentioning Jesus Christ in someone who loves you her graduation speech" and that the lawsuit was a last more than you could ever also required speeches to be resort. Steven and Thea imagine. He died for you rehearsed. The suit also says on a cross over 2,000 years her 14th Amendment rights trict to retract the disciplinago, yet was resurrected and to equal protection were viois living today in heaven. lated, in part because dis-His name is Jesus Christ. If trict practices "treat religious you don't already know him speech differently than non-

sacrifice he made for you spokeswoman, Superinten- know clearly that they can so that you now have the dent Raymond Blanch and opportunity to live in eter- Board President Jes Raintree tant to them," Steven Corder did not return phone mes-Corder's diploma was sages left Wednesday evewithheld and she was ning. Board Vice President to as the governing docuordered to meet with then- Dee Dee Eaton deferred a ment in this type of situaprincipal Mark Brewer to call from The Gazette to Adair.

family's statements to The subject of the case occurred Gazette. She did not apolo- over a year ago, at which gize for the content, but did time a complete review of ified damages.

the situation was performed by the District.

"Since then, representatives of the District have met on several occasions with the parents and the former student.

"While we are disappointed that this matter has resulted in litigation, we are confident that all actions taken by school officials were constitutionally appropriate. As a result, we intend to vigorously defend the claims.

"Beyond that, it is the District's policy not to comment on pending litigation."

Corder, now 19 and a stu-In the lawsuit. Corder dent at Wheaton College in Illinois, said Wednesday, "The main reason I did this is just because I want to stands what they did was wrong."

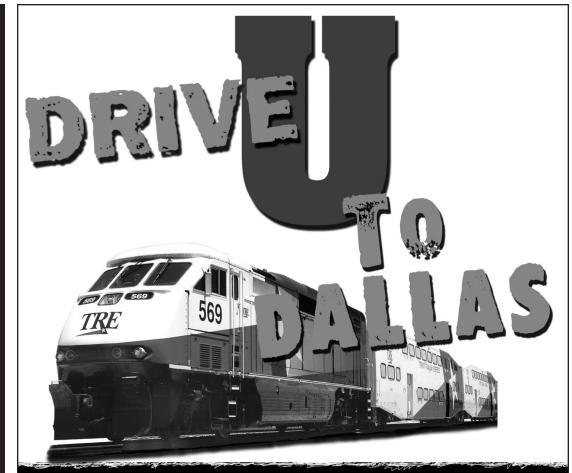
> Her father, Steven, said Corder had asked the disary actions against Erica and adopt policies to protect student speech and eliminate confusion.

"Really, our hope is that Robin Adair, the district's any valedictorian would speak about what is imporsaid. "It's really so that the Constitution can be turned tion."

The Corders have retained In an e-mailed statement Liberty Counsel, which spethe diploma until she apolo- to The Associated Press, cializes in cases involving religious freedom. It has "The events that are the offices in Washington, D.C., Florida and Virginia.

The suit also seeks unspec-



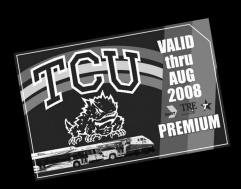


### he Pledge lass of **200**′

**Abbie DeVries Abby Taylor** Allison Marshall Alyssa Dolny Amanda **D**oull Amanda Shipman Anna Hendry **Ashley Velasquez Brooke Panno Celene Cortney** Christina Kostuk **Courtney Collings** Dana Robinson **Drea Gimple Elise Smith** Elle Cahalan **Emily Jonas** Haleigh Schreck Hannah Bockhoff Jadrien Weinberg **Jeni Bell** Jillian Marshall Kaley Klasson Katie Johnston Katrina Willingham **Kayse Scheriger** 

**Kelcey Albrecht Kelly Connolly Kelsey Bond Kelsey Dean** Kensey Gilbert Kimberly Jones Laura Fanta Lauren Conway Lauren Thorson Leslie Mueller Lindsay Kaplan, Magi Bock Mallory Spears Mary Lyddon Meredith Scott Milana Trimino **Molly McIntyre** Rachel Kakures **Rian Brooks** Siena Magallanes Stephanie Corder Stephanie Spearman **Taylor Hauff** Whitney Richey Whitney Wilbur

### **Ride The TRE For Free With Your New TCU Transit Pass!**





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### **SPORTS**

# Money, power, entourages thrust head coaches into public spotlight

### By BLAIR KERKHOFF McClatchy Newspapers

They tour sold-out venues, often need police escorts and constantly feel the pressure of topping the charts and rankings. Turn out one clunker and see how mean the public and media turn. Or worse, indifferent.

Seriously, is today's filthy rich college football coach much different from rebel rock stars?

Life is good for the A-list college coaches these days. You Cal, Mack Brown of Texas and Bob Stoops of Oklahoma.

The average annual salary of 119 Division I-A foot- the money which ball coaches in 2006 -- just only adds to the under \$1 million -- is 9.4 times greater than full professors, according to the American Association of University receives commu-Professors.

But some school officials wonder about the effects of BCS meeting Billboard or End said. "And Beverly Hills, where coach- that draws peoes have star power and are ple." often -- sometimes by a lot -the highest-paid employee on football's first Miami Dolphins.

"It's not a world that any of us might think is ideal, but it's a world we have," said Nebraska Chancellor Harvey Perlman.

"We might ask what message universities send to alumni, taxpayers, students, faculty and staff when they pay such exorbitant salaries to their coaches," the association said in a report about the

The message, at least in Alabama, seems to be clear. Rock on.

outside of Birmingham, Ala., another this year. dozens of Crimson Tide fans

few months away. But Saban was the icon, just

as he is today in Alabama. 'Wherever he goes, every-

body is in a frenzy," Crim- extent, they are in entertainpassion of fans who turn movie star or celebrity." coaching appearances into mob scenes?

"A couple of things," said Christian End, a psychology professor at Xavier University in Ohio who studies fan know the crowd: Nick Saban, behavior. "Identity is impor- way, and I find it hard to percent of his games. the Alabama savior, and nation- tant to fans, and the coach believe that people do," Stoops al champions Urban Meyer of is the top-level representative said. Florida, Pete Carroll of Southern of the group they belong to. He's an extremely important part of this 'we."

And there's mystique.

"The compensation a coach nicates a value of his importance to the school,"

As college

eight-year, \$32 million deal been quick to remind people it was difficult to get through lion annual salary mark, and that lured him away from the that he took a pay cut to leave a meal in a restaurant without the Dolphins after two seasons and sees himself soon being supplanted on the college scale.

> "I don't make as much money here as I made in Miami," Saban said. "I think you're a job for six or seven million are really good about it." a year in some places. There are several guys who make \$5 million-plus in (the NFL)."

The NFL influence on the economic status of colleges. college game is well-established in the coaching ranks: ly distant like some of today's USC's Carroll, the former Jets coaches. And they never had dent emeritus Bill Friday, the and Patriots coach, has won to deal with the public as co-founder of the Knight Com-At Southeastern Confer- or shared two national titles paparazzi. ence media days last month and is favored to capture

angled for Saban's autograph, South Carolina's Steve Spurpedigrees and rank in the top he's been, put it on a Web site quarter of the college game's highest-paid coaches.

es do on a daily basis," said and have fans talk about it. St. Louis sports agent Bob Lattinville, whose firm represents college coaches. "To a large son Tide cornerback Simeon ment, and I look at a coach-Castille said during the media ing contract and it's not unlike Atlantic Coast Conference has gathering. What inflames the one for Tom Cruise or another four new coaches this year,

> Stoops, Oklahoma's \$3.4 million coach and perhaps his state's most visible personality, still takes out the trash. He doesn't revel in glam.

popularity. Stoops remembers hopping into a taxi a few

years ago in Ber-"The compensation a coach receives out. Stoops even ship. communicates a value of his said he was recimportance to the school." year on a trip to **Christian End** Austria.

Xavier University

psychology

professor

the 2000 national

an interruption.

"That took awhile to get used to, to get comfortable with it," Stoops said. "But I'm not the kind of person who can hole up and be a hermit. I enjoy being out with my friends and

recent development. Woody Hayes, Bear Bryant and Bud they never seemed mysterious-

been your neighbor," End said. after Davis was introduced. Notre Dame's Charlie "It's different. There seems to "The public trust we hold is who had waited for hours Weis, Iowa's Kirk Ferentz, be a constant thirst for infor- to teach, to engage in creative mation about a team, which research and to serve the citsnapped his photograph or rier, Nebraska's Bill Callah- can be provided with new izens of this state," Friday just sought a second of his an, Virginia's Al Groh, LSU's forms of media. If you really wrote. "Has our priority now Les Miles and North Caroli- wanted to, you could follow a changed to win at the highna's Butch Davis all have NFL coach all day, document where est price?"

"Whether it's good or bad, it's something that couldn't happen 15 years ago."

Coaching turnover is also part of this evolution. The including Randy Shannon at Miami, Fla. He replaced Larry Coker, who was fired after a six-year stint in which he won one national championship, lost another title game in "I don't look at myself that double overtime and won 80

"It's the money," Florida State coach Bobby Bowden But there's no escape from said. "Fans are as critical as they are because coaches are making so much money. They expect to win. They're not paymuda and being ing Saban to come out second stunned when the in the SEC. They're paying him driver called him to win a national champion-

> "When the salaries escalatognized once or ed, the patience by administratwice earlier this tors and fans decreased."

Coaching salary excess gained momentum only Life changed recently. In 1982, Jackie Sherfor Stoops after rill was believed to be the first Oklahoma won million-dollar coach. Not for a season, but over the course of championship in his six-year contract. In 1999, the state payroll. Like Saban's \$4 million coach, Saban has his second season. Suddenly, five coaches topped the \$1 milas of March 1, according to a USA Today survey, 12 coaches are making more than \$2 million annually.

But it was a coach outside that \$2 million circle that might have raised the most eyebrows after Saban. When going to see Bill Cowher get doing things. People in town North Carolina's Davis signed on for \$1.8 million annually, Iconic coaches aren't a the deal sent shock waves through the basketball-crazy state and the school was taken Wilkinson were legends, but to task in several newspaper editorials.

> North Carolina system presimission, fired off a heated let-"Bear Bryant could have ter to the media only hours

# Stations change TV football schedules

### By BARRY JACKSON McClatchy Newspapers

football become on ESPN and 8 and USC-Arizona State on its family of networks? Consid- Thanksgiving. ESPN will teleer this: games are scheduled vise Pac-10 home games for on 14 of the first 17 days in the first time since 1994. November. Overall this season, ESPN will televise games between ESPN and ESPN2, on five Sundays, one Monday, opens with Washington-Syrfour Tuesdays, four Wednesdays and every Thursday, Friday and Saturday.

And for the second straight year, three Disney networks will air games opposite each up, which will run five straight other on Saturday nights. Last season, the combined Satur- ally against baseball playoff day night rating for ABC (5.0), ESPN (2.3) and ESPN2 (1.0) was a robust 8.3, equaling 8.8 million homes.

### A sneak peek:

eight Saturdays this season, FSU at Clemson on ESPN. when ABC is airing several regional games at 3:30 p.m., Larry Coker as an analyst on one of the games will be six-to-eight games, will carseen on ESPN. On Sept. 1, for ry at least two Miami games example, ABC will regionally (Marshall Sept. 1, FIU Sept. College and Washington State-Wisconsin at 3:30 p.m. One Birmingham. game will air on the ABC affilket), and the other on ESPN.

– ABC's Saturday night at 10 p.m. Sept. 15. package, returning for a second season, opens with Ten- schedule, which opens with nessee-California on Sept. 1, includes Southern Cal-Nebraska Sept. 15, Iowa-Wisconsin Sept. 22 and Notre Dame-UCLA Oct. 6. Most games will be scheduled 12 ule has attractive opponents days in advance. Bob Davie, in September (Georgia Tech, who worked the games last Michigan State) and October year, has been re-assigned to (Boston College, Southern ESPN2's prime time package, Cal), but is less than scintilleaving a two-man ABC booth lating in November (Navy, Air on Saturday nights (Brent Musburger, Kirk Herbstreit).

(with Chris Fowler) but will day night ESPN games.

— ABC's Saturday afternoon urdays. package includes Notre Dame-Michigan Sept. 15, with Brad work, launching Aug. 31, Nessler, Bob Griese and Paul will be made available on Maguire returning as the pri- DIRECTV. It generally will mary announcing team. games — to be called by ESPN and ABC. Fowler, Craig James and Doug

Flutie — is highlighted by Miami-Texas A&M Sept. 20, How saturated has college Louisville-West Virginia Nov.

– The Friday package, split acuse Aug. 31 and includes West Virginia-South Florida Sept. 28 and two appearances by Rutgers and Boise State.

- The Sunday night lineweeks beginning Oct. 7 (usugames), also includes two Boise State games and Central Florida-Southern Mississippi Oct. 28.

— The Labor Day night game, Miami vs. FSU the past - Best new addition: On two years, instead will feature

- ESPNU, which added televise Wake Forest-Boston 15) and Florida State's home opener Sept. 8 vs. Alabama-

- ESPN will carry some Big iate (depending on the mar- 12 home games for the first time, including FSU-Colorado

- CBS' college football Florida-Tennessee Sept. 15, features an Oct. 6 prime time game, which could potentially be Florida-LSU.

- NBC's Notre Dame sched-Force, Duke).

— Versus carries some Big - Herbstreit will remain a 12 and Pac-10 games, among part of ESPN's College Game- others and CSTV's lineup is Day on Saturday mornings highlighted by Mountain West games and six Navy games. relinquish his role on Thurs- FSN Florida will pick up Big 12 and Pac-10 games most Sat-

- The Big Ten's new net-

attention.

An entourage protected Saban from the masses and kept at a distance the pack of television cameras that followed. He entered a series of radio interviews at a different area from other coaches hotel surrounded it with velvet ropes. Just for him.

for Saban. Months after leading LSU to the 2003 national championship, he drew a Bush when the president visa few months later. Remember, this was pre-Katrina George Bush who would

I work.

Therefore,

eye strain.

There's another common denominator for many of the top-paid coaches. They are to avoid the crowd, and the media-savvy -- if not always media-friendly -- and charismatic. They understand This isn't virgin territory the importance of public appearances, and many are well-compensated for their communication skills. Texlouder ovation than George as' Brown receives \$450,000 annually for his television and ited the Baton Rouge campus radio shows and \$580,000 for product and equipment endorsements.

"It doesn't shock me win the state by 15 percent- because I have a unique age points in the election a appreciation for what coach-

get the third choice of Big - ESPN's Thursday night Ten games each week, behind



professional about computer

eyewear to help prevent eye strain.

The Vision Council of America recommends regular eye exams for you and your family to ensure healthy vision.



www.checkyearly.com

Conference continues its initiative to enhance this philosophy. We need your assistance to make this effort a success.

The SAAC believes that, in order for an institution to convey a message of good ethics and positive sportsmanship, it must have the involvement and participation of everyone involved with athletics on campus. This includes, but is not limited to, the Chancellor, athletics administrators, coaches, student-athletes and you - the students/fans. It is our behavior that will shape the perception of our institutions and teams by the public, the media and our opponents.

Good ethics and positive sportsmanship are philosophies that must be displayed both on and off the playing field. We must take a leadership role to compete at the highest levels, always endeavoring to win, but doing so with grace, class, dignity and respect.

Please join us in supporting the Conference's Sportsmanship Initiative. Such an effort will help make the Mountain West Conference one of the premier athletic conferences in the country, and represent our institutions well.

Cordially, The Mountain West Conference 2007-2008 Student-Athlete Advisory Committee FANTASY From page 10

**Sleeper** — Greg Jennings: Brett Favre targeted him early and often during his rookie season, but a high ankle sprain took him out of his stride. Jennings is healthy, and with only Donald Driver ahead of him on the depth chart, it is time for him take advantage of Favre's arm and gunslinger attitude while he has it.

### Tight Ends:

- **Lock** Antonio Gates: He is the premier pass-catching tight end in the NFL, and with the addition of offensive guru Norv Turner, look for his numbers to continue to rise.
- **On the Edge** Randy McMichael: He was a fantasy stud once upon a time in Miami, but quarterback woes and legal trou-

bles weighed him down. St. Louis' dynamic offense and plethora of weapons may be and many happy owners.

- **Avoid** Jerramy Stevens: Big mouth, small stats. Even a change of scenery won't help save his career.
- **Sleeper** Eric Johnson: When he was passed to in San Francisco he was good, and Sean Payton is King Midas when it comes to offensive players.

### Kickers:

**Lock** — Adam Vinatieri: When people think Paris, they think Eiffel Tower. When people think field goals, they think Vinatieri.

**On the Edge** — Robbie Gould: He came on quickly last year and is always a candidate to benefit from the Bears' offense sputtering in the red zone. Can he keep up that same kind of pace he had last year?

- just what McMichael needs for a fresh start **Avoid** Lawrence Tynes: He was the "it" guy in Kansas City, Mo., for a couple years, but a move to the swirling winds of the Meadowlands will no help his accuracy.
  - **Sleeper** Nick Folk: The Cowboys are looking for a consistent kicker, something they have not had for years, and Folk has been that through training camp and preseason. Now that Martin Gramatica is injured, Folk has the chance to be big in Big D.

### **Season Premiere Preview:** Indianapolis at New Orleans

As a special extra this week, we are looking ahead to Thursday's season opener to give some not-so-obvious matchups you will want to consider.

This will be a high-powered offensive showdown so keep your defenses off the field and watch the skill positions.

- **QB:** Drew Brees (NO) has looked very sharp after being frustrated in the pre-season opener. He will spread the ball around and keep Indy's defense off-balance.
- **RB:** The Colts, who struggled against the run last year, won't have Anthony McFarland to stop the running game up the middle this year and they will have their hands full trying to defend the pass, Thursday. Deuce McAllister (NO) should enjoy the space up front and the elusive Reggie Bush (NO) will be everywhere, but mostly in the end zone.
- **WR:** Anthony Gonzalez (Ind.) could make a name for himself in his first pro game thanks to a shaky New Orleans pass defense that will be more than overwhelmed with Harrison and Reggie Wayne already on the field.
- **TE:** Dallas Clark (Ind.) should stay healthy at least for the opener and is always a good gamble since he's got Peyton Manning throwing to him.

# Emotional weekend ahead for Virginia Tech football fans

#### **BV DICK WEISS** New York Daily News

In this tight-knit college town tucked deep in the heart of the Blue Ridge Mountains just southwest of Roanoke, they simply refer to it as "4-16." that morning in April when

deranged student Seung-Hui Cho went on a horrific shooting rampage on campus. he chained the three main It's just something you never,

entrances together and used two semi-automatic handguns All you can do is tell them to kill 30 more students and that you love them and you'll faculty and wound 25 others never forget their people and before committing suicide. Virginia Tech football coach can."

Frank Beamer, who like school president Dr. Charles W. Steger came across as one of the university's caring voices during the crisis, still carries emotional scars from that day.

a meeting he will forever carry with him.

"I'll never forget, I walked in the back of the room, and school officials had just had a meeting concerning their kids and their families and where they were at that particular time and they asked if I'd just Cho killed a co-ed and male say hello to them," Beamer resident adviser in a West says. "You walk to the front, Ambler Johnston dorm room, and I'll never forget turning around," he told his team the then walked across the Drill- around and seeing those eyes field to Norris Hall, where and the hurt on those faces. ever forget. You could feel it. you'll help them anyway you

> It didn't take long for Beamer's sorrow to turn to outrage. "That one person could cause this much harm and hurt and pain, it makes you mad," says Beamer, a parent himself.

He met with the families of "Then, you start reading the Duane Brown said. the victims shortly afterward, resumes of these faculty members and kids and see how talented they were. Life shouldn't ity car wash in the softball/ be that way."

Beamer knows Saturday will be another in a long series of emotional days for the Hokie nation when Tech opens the season with a home game against East Carolina.

"Tech people are looking for something good to rally night before the start of practice.

Then he told them this: "You have a chance to be America's team. People want to root for this team."

The players showed up for media day filled with resolve and wearing school-endorsed black memorial patches on their game uniforms with the maroon VT logo and an orange ribbon. "We're playing for not just us, but for the community and victims that died," tackle

Beamer, the coaches and players participated in a chartrack and field parking lot recently with donations going to the Hokie Spirit Memorial Fund. So far, more than \$7 million has been raised to assist the families of the victims and set up endowments in each of also designated for grief counseling and memorials.

field, it can have a calming

"That one person could cause this much harm and hurt and pain, it makes you mad."

**Frank Beamer** Virginia Tech football coach

to temporarily escape from the tragedy."

Glennon, wide receiver Eddie Royal and punter to bury him in Blacksburg Brent Bowden were particularly affected. They all went to Westfield High in Chantilly, Va., where the tragedy took on a personal note.

"Just hearing we lost two their names. The money was people from my high school – I knew of the two girls — 18-year-old freshmen Erin out of the blue telling him the "I hope when we take the Peterson and Reema Samaha Yankees wanted to give the effect and allow people at the came from my high school is pretty devastating," says Royal. "It's a pretty scary thing to think about."

Nine days after the massacre, Tech AD Jim Weaver was driving to a luncheon honor- ed about playing Virginia Tech ing Tech's senior athletes when in an exhibition game on the he passed by a local cemetery way back from spring training where a canopy and chairs next spring. Maybe by then, had been set up for a funeral. "I thought it was for a facul- the first steps toward waking ty member," says Weaver. "At up from this nightmare.

university and the community the luncheon, I found out it was for Matthew La Porte — a member of the corps of cadets. His mom and dad decided because he loved the university so much.

"That got me. I go by there every day when I go to work and I look at his grave every day."

When Weaver got back to his office, he received a call and knowing the shooter university \$1 million. "I started crying like a baby," says Weaver. "It was the most touching thing, but it was something George Steinbrenner felt he wanted to do."

> The Yankees also have talkthe university will have taken





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### **Congratulations to our new members!**

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Danielle Gorski Morgan Hopson Vanessa Humm Jennifer Kinney Sarah Kline Kendall Luther Kara Lutley Kelly Madsen Paige McArdle Carli McEntire Sarah McGlothlin Anna McKinney Paige Miller Katie Minton Katherine Mongan Sarah Northup **Kelly Parcher** Jade Pierce

Danielle Purcell Lauren Quiroz Amanda Ringel Shannon Sanders Olivia Sebesta Casey Smock Megan Smock Briana Steger Jessica Sunderland Ashley Trujillo Charmaine Voorhees Jackie Wade **Rachel Williams** Anna Woita Emily Zimmerman





**TODAY IN HISTORY** 

SUDOKU PU77I F

1888 — Mary Ann Nichols is murdered. She is the first of Jack the Ripper's known victims.

### WORTH A LAUGH — BUT ONLY ONE

Q: What kind of cat likes bowling?

A: An alley cat.

### Quigmans

by Buddy Hickerson



The dangers of urban slang.

### Quigmans

by Buddy Hickerson



"We're saved! It's Lindsay Lohan! She's a celebrity and she can do anything she wants!"

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contains the digits 1 through 9 without repeating numbers.

See Wednesday's paper for answers to today's Sudoku puzzle.

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9 8 5 3 6 1 7 4 2
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8 4 7 9 1 3 2 5 6
2 3 6 4 7 5 8 1 9
1 5 9 8 2 6 3 7 4

#### **TODAY'S CROSSWORD** Sponsored by: Rims • Tune-Ups • Diagnostics • Brakes • Repair 🚳 \* chibanAutos.com 817.920.9148 1901 W. Berry St., Ft Worth, TX 76110 -Classic Car Restoration • Audio/Video • Graphics • Towing ACROSS Trade 5 Think ahead 9 Fourth estate 14 Diamond Head's site 15 Declaim wildly 16 Tijuana ta-ta 17 Finished 20 Spike and Lighthorse Harry 21 Bring legal action 22 Biceps adornment 26 Come to grips 30 Gets word 31 Objective 32 Hoop feature 33 Kind of committee 34 Positive 35 Photos 36 Departed 39 Give the glory 40 Insect colony By Diane C. Baldwin 41 Fashion silhouette 43 Suited for Columbia, MD Thursday's Puzzle Solved 44 Professional 9 Former dictator charges Noriega 45 Form a wrinkle 46 Air of 10 Periphery 11 Hurl an insult hopelessness 48 Animal trainer 12 Chit letters 49 Need a nurse 13 Poisonous snake 18 Quantum 50 Apple center 51 Focused on the future 59 Shaq's theory developer Max surname 60 Musical work 19 Jerusalem's location 22 Miss. neighbor 61 Burn balm 62 Very small 63 Clothes lines? 23 Bureaucratic obstructions 24 Elephant 64 Dial up keepers 25 Be moody 26 Pessimistic DOWN Place seeds 2 Children's card expectation game 3 Cry of triumph 4 Seal baby 27 Picayune 38 Part of ERA 51 NIMBY part 28 Legal permit 29 Printer's 39 Young fellow42 Auction finish? 52 Wind dir. 53 Victory letter 54 Cry of delight 55 Exclude 5 Gussies up measures 44 Without bias 31 Dead reckoning 34 Smile of 45 Tender stroke 47 Hymn of praise 6 Filled the cargo 56 "Float like a hold butterflv" boxer 48 Balderdash

- 7 Carpenters and leaf-cutters contempt 35 Blanched
- 50 Manage to deal 8 High degree 37 Tip or Eugene

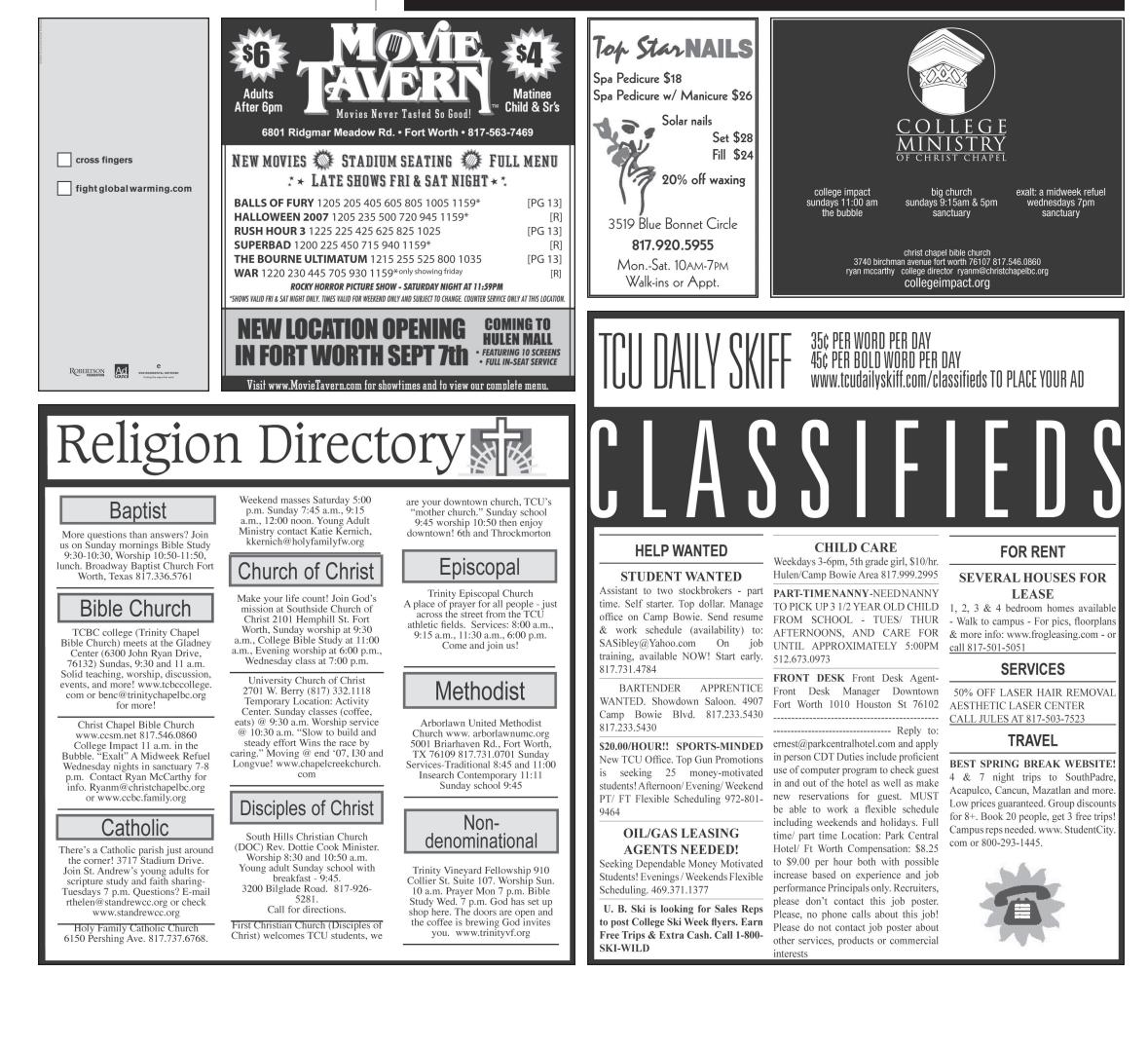
See Wednesday's paper for answers to today's crossword.

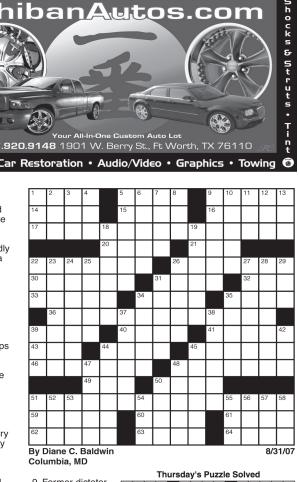
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57 Swindle

58 Large container

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9





### BAYLOR GAME

For weekend coverage of the opening football game visit dailyskiff.com. ONLINE

### SOCCER

# Team faces ranked foe in Austin

### **BV MICHELLE NICOUD** Staff Writer

The football team will not be the only squad to make the trip down I-35 in the next week. The soccer team will open its season against the No. 9 University of Texas Longhorns in Austin, today.

On Sunday afternoon, the team will return to Fort Worth for its home opener against the Utah State Aggies at Garvey-Rosenthal Stadium.

Senior forward Lesley Parkinson said the team is not intimidated by facing UT.

"I don't think it matters that much about the opponent you're playing," Parkinson said. "If we come out there and just play how we know we can play, we should

have a chance against them."

Because it is the opening weekend, scouting reports on UT and Utah State were unavailable. The lack of information has not affected the Frogs' preparation for what the team hopes will be strong non-conference matches, head coach Dan Abdalla said.

"We're going to go out there and play our style and make teams adjust to what we're doing," Abdalla said. "It's not going to make a difference if we're playing the No. 1 team in the country or the No. 300 team in the country, we're going to approach everybody the exact same way."

With 11 freshmen, the players have had to learn to make adjustments to mesh their play-

ing styles. In its Aug. 22 exhi-shores up its defense, the bition match against Stephen F. Austin State University, the team attempted just two firsthalf shots, but were able to pepper the goal line with 13 shots in the second half.

The Horned Frogs will also have a new starter in goal Friday. Sophomore Kelsey Vross beat out two other candidates for the position vacated by Katy Buchanan, who has graduated, Abdalla said.

Kelly Faerber, a sophomore midfielder, said a successful season means getting back to basics: score more goals than you allow. In 2006, the Frogs scored 19 times but allowed 25 goals.

Abdalla said as the squad

offense will start to see what it can do.

"The better we get defensively, the more confidence we're going to have offensively", Abdalla said.

Abdalla said he and his team want to fight for a Mountain West Conference title — a goal he said is achievable.

"That's the great thing about our conference," Abdalla said. "There are some really good teams, but everybody has a chance. Everybody has the potential to be dangerous in conference."

Today's match against UT is at 7 p.m, and the home opener against Utah State starts at 1 p.m. Sunday.

### **FANTASY FOOTBALL**

# Receivers, kickers commodities for upcoming drafts

10

### By ERICK MOEN Staff Writer

The wait is almost over. The NFL regular season is six days away, so prepare your speed dials for that Tuesday morning post-game smack talk.

Last week, we looked at quarterbacks and running backs ---the bread and butter of most fantasy teams.

With passing games gaining consistency around the league, wide receivers are becoming as pivotal as ever in fantasy football. Ask anyone who had the good fortune to

take advantage of Marques Colston as a tight end last year how important having a break out tight end can be to title hopes. Kickers? Well, they're just free points if you

Erick Moen

### choose the right one. So let's go position by position and find out the game-breakers you need to know about this season.

### Wide Receivers:

- Lock Marvin Harrison: For eight straight seasons, Harrison has tallied more than 1,000 receiving yards and 10-plus touchdowns starting every game along the way. And with the addition of Anthony Gonzalez in the slot, I do not see his production slowing down anytime soon.
- **On the Edge** Terrell Owens: When you score 13 touchdowns and rack up 1,180 receiving yards in an "offyear," you know you are good. Now that his finger and hamstring have healed up, not to mention the privilege of being addressed by name, look for him and his buddy Tony Romo to light it up again this year.

Avoid — Calvin Johnson: Matt Millen's plan to field a team of all wide receivers is close to completion. Unfortunately for Johnson, no matter how good his skills are, he's still a rookie and behind the talented Roy Williams and Mike Furrey.

See FANTASY, page 8

**QUICK SPORTS** 

### Game days released

As the schedule was released for the 2007-2008 men's basketball season, non-conference games against three Big 12 opponents highlight this year's string of games.

Perhaps the year's most notable game comes Jan. 2 when the team travels to Austin for a 7 p.m. game with the University of Texas Longhorns.

The team will also have back-to-back meetings with the Texas Tech University Red Raiders and the Oklahoma University Sooners.

The Horned Frogs will

travel to Lubbock on Nov. opener has the Horned 28 to play Texas Tech and gets its shot at Oklahoma four days later at home.

Of the 29 games on this season's schedule, 17 of them are at home — a good sign for a team that won 10 of its 13 games at to improve on last season's Daniel-Meyer Coliseum last season.

Aside from the more notable non-conference matchups, head coach Neil Dougherty and Co. have SMU, the University of Texas at Arlington and a homeand-away series with Rice University scheduled for this season.

This season's Nov. 10

Frogs hosting Angelo State at home. The start of the conference docket will be Jan. 5, when the Horned Frogs travel to San Diego to take on San Diego State.

The Horned Frogs look 13-17 mark.

Sports editor Tim Bella

### Runners begin season

In a change of pace from last season's Baylor Invitational, the cross country team will not be running in a relay meet, but rather in two individual races.

The women will begin

the evening with a 4K race at 6:30 p.m. while the men step up to the starting line at 7 p.m.

Leading the men's team are sophomore Festus Kigen and senior Matt Manly.

Steven Solazzo rounds out the last of the returning runners for the men who are alongside five new recruits.

The women's team is anchored by sophomores Dani Selner and Carlene Mayfield.

A healthy Halie Bullin will be the senior leading the women's squad in the 2007 season.

Associate editor Marcus Murphree

iama

COMMENTARY



# to all our new member

Lauren Anderson Becky Boeshaar Erin Brady Anna Brix **Jennifer Brooks** Alexa Bryant Kaylie Bullock Victoria Cavazos Alyssa Claxton Megan Clutter Joanna Davenport **Madeline** Davis

Sara Decker Caitlin Enright Hanna Fiddick Katelyn Fischer Amanda Garrison Haley Gendron Paris Gensheimer Katie Holmes Amy Johnson Tiffani Johnson Devon Jones Melissa Lorber

Katherine McGaha Lauren McWilliams Marjorie Meade Liane Michnoff Sara Morrison Porter Neessen Hannah O'Toole Sarah Potts Kendal Rader Lisa Robinson Stephanie Sang **Christina Scarborough** 

Allison Sheppard **Emily Smith** Mika Southall **Kennedy Stewart** Erin Taylor Caroline Throckmorton Kelli Trapnell Ally Vierling Alyssa Wells