STUDY FIX

It may help you concentrate on studying for finals, but what toll is Adderall taking on your body?



FEATURES | 4

RADIO CLARITY

High definition radio is here, but is it really a huge improvement? What does digital transition mean for you?

TCU DAILY SKIFF

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WEDNESDAY, APRIL 26, 2006

VOL. 103, ISSUE 109

University gives GrandMarc firm students' e-mails

Mills: Effort to boost on-campus living $\begin{array}{c} did \ no \ damage \\ {}_{\text{By JOHN-LAURENT TRONCHE}} \end{array}$ $Staff\ Reporter$

TCU's e-mail woes might not get any better this week.

For marketing purposes, TCU administration provided the e-mail addresses of cellor for student affairs, profuture junior and senior stu-vided the e-mail addresses, but dents to the Dallas-based added Mills has been closely firm in charge of promoting involved with the promotion

the GrandMarc at Westberry Place, said the project manager for the firm.

"The developer and the contractor work very closely with TCU," said Julie Ratcliff, project manager at kREED Com-

Ratcliff said she wasn't sure whether Don Mills, vice chan"The developer and the contractor work very closely with TCU."

> Julie Ratcliff Project Manager

of the GrandMarc.

Although Mills said TCU did give the e-mail addresses, he said he thinks no harm was

done because TCU is in a partnership with the GrandMarc.

Mills said the partnership will help TCU achieve its goal of having two-thirds of students, about 4,800, living on campus. Mills added that about 3,100 students currently live on campus.

Mills said Phoenix Property Company will own the tact information, Edmondson plex's Web site. building and operate the business while TCU will own the

Dave Edmondson, associate between pauses. provost for information services, said TCU does not give out administration would have had students' e-mail addresses for promotional purposes.

"We don't do that," Edmondson said.

was slow to respond.

that," Edmondson said, in the time of publication.

Edmondson added that the to work with him in order to provide the information.

Ratcliff said some of the email addresses came from stu-However, when asked about dents who signed up for more the possibility that TCU might information about the Grandhave provided students' con- Marc at the apartment com-

Chancellor Victor Boschini "I have no knowledge of did not return phone calls by

CAMPUS GROWING PAINS



Business owner says local business owner said. she feels TCU slighted

As more and more university buildings and parking lots appear around campus, more

Dallas Kirbie, owner of Fox's Barber Shop on Sandage Avenue., cuts Paschal High School sophomore James Martinez's hair Tuesday afternoon.

Fox's Barbershop, which is one of the few private businesses immediately east of campus whose property does not belong to TCU, said TCU's campus has been growing in all directions over the past 50

Dallas Kirbie, who owns blade," Kirbie said about January. TCU's expansion. "On one hand, with their improvements and buildings around had to move her shop when me, it's been great, but I'm TCU ended her lease Feb. 1 and

Fox's Barbershop has shared five parking spots with two other businesses since the com-

"It's like I'm on a razor- pletion of a TCU parking lot in

Susan Farrell, owner of Susie's Hairstyling, recently gave her 30 days to leave.

way they treated me," Farrell See **BUSINESS**, page 2

Residence opens new leasing office

By JOHN-LAURENT TRONCHE Staff Reporter

The leasing office for the GrandMarc at Westberry Place is the first busihome at 2855 West Bowie

ness manager for the Runnels said coffee, ice-GrandMarc, said staff cream and sandwich shops, members have given about as well as a national bank 50 tours to prospective and a "quick-serve Mexican tenants since arriving last restaurant" will occupy the

including the fully-furnished Marc. apartment No. 206, which

Phoenix Property Company is the Dallas real estate company that developed man advertising/ public GrandMarc at Westberry

vice president and principal into the GrandMarc on the of Phoenix Property Com-

pany, said the \$50 million complex is on-time and onbudget for its August open-

Runnels said that because ness to move in to it's new of city zoning ordinances, 30,000 square feet of the GrandMarc will be desig-Johanna Janovsky, busi- nated as commercial space. retail portion of the build-Currently, three apart- ing. Perrotti's Pizza will ments are available to tour, also lease at the Grand-

Both Janovsky and Runcosts about \$820 a month, nels said all businesses are said Josh Austin, 23, a leas- expected to be open before ing consultant at the Grand- early August before tenants begin to occupy their apartments.

Elizabeth Denton, a freshrelations major, said she and about 40 other soror-Jason Runnels, executive ity members are moving

See **GRAND MARC**, page 2

her for expansion By SCOTT NICHOLS Staff Reporter

private businesses disappear, a years.

squeezed for parking."

"My feelings were hurt the

EXTRA INFO Prices for five area apartment options

Apartment complex Price Square Feet **GrandMarc at Westberry Place** \$1700 900 \$1093 The Marquis at Stonegate Stonegate Villas 1044 \$872 Reserve at Oak Hill 1372 \$1300 **University Apartments** 1000 to 1200 \$650

• All prices provided by the respective complexes and are estimates for a 2-bedroom,

Campus parking to change drastically, Mills says

Faculty, staff lots to have gate access to relieve shortages By LIZ CRAWFORD

Staff Reporter

Parking in the center of campus will be gone after May 23, but several new parking lots on the outer parts of campus will offer alternatives, Don Mills, vice chancellor for Student Affairs, said Tuesday at a at TCU over the next few years, town hall meeting.

working with a parking consultant group, Walker Parking Consultants, to make changes to TCU's traffic patterns. Because of the construction of four resithe visitor and 30-minute lots, Colby Hall and Moncrief Hall Mills said. This summer that

will all be gone, he said.

Walker Parking Consultants has recommended that TCU not invest in a parking garage at this time, Mills said, because a garage is too expensive and would also be a permanent building on campus. TCU will have a parking garage eventually, he said.

"With the amount of construction that will be going on we don't know what the pat-Mills said TCU has been terns of traffic around campus will be," Mills said. "We have quite a bit of space that could be used for surface parking lots for the time being."

One of the biggest changes dence halls and the new stu- being made is to faculty parkdent union building, parking in ing, where faculty and staff the area of the quad, including members pay to reserve an individual space each year,

will change.

The faculty and staff parking lots will be reserved lots surrounded by fences with gates that could only be opened with a remote control or card-swipe device, he said, which would ensure that each faculty member would have a space to park, even if it wouldn't be the same space every day.

A faculty or staff member now has one space that is reserved for his or her use, he said, which may or may not be available when an employee needs to park. If the space is full, then the alternative is to park illegally.

Mary Kincannon, associate registrar, said the majority of faculty and staff would be in favor of the plan because they need a place to park.

See **PARKING**, page 6

Rec staff: Report broken machines

By MICHELLE NICOUD

 $Staff\ Writer$

The 3-year-old, \$30 million University Recreation Center is considered the most attractive place on campus to many students, said senior physics and math major, Clint Ogujiofor.

But despite the best efforts of Rec Center staff to keep it that way, occasional breakdowns with Rec Center equipment do occur.

Of the nearly 1,200 students who come into the Rec Center daily, few know what they can do if equipment breaks down or malfunctions.

of fitness and wellness, said students can report problems with machines to any weight expressed concern with the room staff or personal train-

out a complaint form.

He said the staff looks over the exercise machines daily and a service technician comes on a weekly basis to examine the machines to ensure they are in working

"(The weight room staff and trainers) expect cleanliness and make sure all the nuts and bolts are in the right place, where the tech will actually break down tread and look at the actual workings of the machines."

But Christie McAdams, a December graduate with a Trey Morrison, director relations, said she has seen treadmills take up to two weeks to repair but she never equipment out of fear that

ers or they can choose to fill the staff would not be able to fix the problem.

> "It's frustrating because we have this great facility, and stuff that you come to use doesn't work," McAdams

> Although all machines need consistent maintenance, certain machines, such as treadmills and elliptical cross-trainers, are more popular with students and patrons, Morrison said, and thus, need to be monitored with a closer eye.

'We do have machines that get more use than others, but I think that's a struggle of degree in advertising/public every facility, be it school or private (health club)," Morrison said.

He said breaks that require ordering parts See **REC**, page 2

WEATHER TODAY: Cloudy, 73/53 TOMORROW: Cloudy, 79/61 FRIDAY: T-storms, 79/65

FUN FACT

A man spent five hours naked and stuck in a chimney Saturday after locking himself out of his home. After being freed, the man was arrested on suspicion of being under the influence of drugs, police said. — ASSOCIATED PRESS

TODAY'S HEADLINES

NEWS: Gay Straight Alliance goes silent, page 2

OPINION: Language is key to tolerance in U.S., page 3

SPORTS: Some jobs have more weight, page 10

CONTACT US

Send your questions, compliments, complaints and hot tips to the staff at NEWS2SKIFF@TCU.EDU

GRAND MARC

From page 1

same floor.

"It's a little expensive but you have to take into consideration that it's fully-furexcept for electricity," Denton said.

of other TCU-area apartments prospective tenants. mainly because of the convenient location.

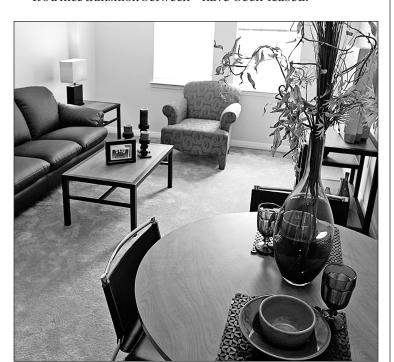
"It's a nice transition between have been leased.

the dorm and (off-campus living)," Denton said.

Janovsky said GrandMarc's leasing office will host a May 3rd grand opening in order to get students interested in leasing at the GrandMarc.

In addition to passing out nished and all bills are paid fliers and weekly advertisements in the TCU Daily Skiff, Janovsky said, the GrandMarc Denton said she chose to also sent out mass e-mails to lease at the GrandMarc instead TCU students in order to find

> Janovsky added that about 30 percent of the 644 beds



STEPHEN SPILLMAN / Photo Editor

Excellent Pay!

Locations throughout Houston

The GrandMarc at Westberry Place, a \$50 million apartment complex near the TCU campus, is scheduled to open in August.

BUSINESS

From page 1

said. "I understand that TCU is growing and that's fine, but I've got kids I've got to feed. I have to work. It wouldn't have hurt them to give me 90 days."

used to be a much more familv-oriented university, and that when she first started

"Where did TCU go?" Farrel said. "The family that they were is gone."

Don Mills, vice chancellor for student affairs, said TCU's physical and financial growth has made it necessary for the university to make more business-minded decisions.

Mills said TCU has a \$350 million budget and a larger student body than ever before, and that it owns 70 between McCart Avenue and

University Drive.

We have to be careful in making sure everyone is treated in a way that is responsible and fair," Mills said. "Our first priority is to provide a quality experience for students."

Mills said that when business owners sign a lease on Farrel said she feels TCU TCU-owned property, they should understand TCU will soon want that property. He said TCU should strive to be working in the area in 1974, as forthcoming as possible she was a part of that fam- with expansion informa-

Mitch Hines, a freshman pre-business major, said he thinks TCU has to be run like a business for it to succeed, and that private businesses should not expect special treatment from TCU.

"TCU has to grow," Hines said. "TCU is taking more students than ever, and we need the space. TCU is a business too. We're not a charity organization that percent of the real estate should look out for every-

Day of Silence comes to campus

Staff Reporter

Members of the Gay Straight Alliance will be wearing gags and carrying bells without the National Day of Silence.

National Day of Silence p.m. at Frog Fountain. represents the silence faced by thousands of individuals cert will include Pablo and throughout history who have the Hemphill Seven Band been discriminated against based on their sexual orientation, gender identity or gender ing, president of the GSA.

out against the hate crimes that occur every day," Fleming said.

Annette Smith, University Ministries intern, said there will be a service of worship the Robert Carr Chapel.

"There will be readings from different scriptures and different speakers during the worship," Fleming said.

There will be a "Breaking clappers, as well as carrying the Silence" concert and Rainempty bags today as part of bow Carnival where students will remove their gags at 5

> Performances at the conand Senseless Acts of Comedy, Smith said.

There will be food, games expression, said Jessica Flem- and candy at the carnival, Fleming said, as well as many "This is a way of speaking local gay, straight, bisexual and transgender groups, such as Integrity, a large gay-lesbian group in Fort Worth.

There is an information table set up in the Student Center for and remembrance at noon in more information on GSA and local events.

REC

From page 1

can take more time to fix depending on whether the parts are already in inventory and ready to ship or need to be fabricated.

Jennifer Scott, a sophomore is knowledgeable about the habilitation of the deaf major, who works in the weight room 15 hours a week, said she sees an average of two to three students and patrons each week reporting a broken machine.

Scott said she thinks she

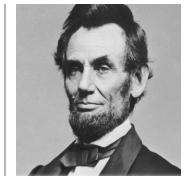
machines and can troubleshoot them fairly well.

"Some people know more about the machines than others," she said. "We usually go over to the machine, make sure it's really broken, and if we can't fix it, we report it to our (facility team leader)."

Morrison said the Rec Center is given a budget to cover necessary repairs and replacements but declined to provide a figure.

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Associated Press



DEMAND WINS, ENVIRONMENT LOSES...

In an attempt to ease demand and lower prices, Bush is temporarily suspending environmental rules for gasoline.

THE SKIFF VIEW

Baylor justified in banning nude posing

'aked. It's how we were born; some would argue that's how the higher power of this world intended us to be. Although Baylor University has not condemned the act of being naked, it has condemned the act of being naked in a publication.

Baylor has threatened any female students who plan to pose for the Big 12 issue of Playboy with consequences that include anything from a warning to expulsion, according to an Associated Press article in the Fort Worth Star-Telegram. In the past, Baylor has suspended a student for posing nude, even though the picture never ran in print and even male students for posing in the magazine fully clothed.

Some students believe that it should be the choice of the female to appear in the magazine — and they're right. The women are in college and can make decisions pertaining to their bodies, including who they want show them to, but they should also want to pose badly enough to risk getting

kicked out of school.

They should be prepared to face the consequences because of the type of university they attend. Baylor is, by no means, overstepping its boundaries. The university is private — and of religious affiliation. It justified any actions it may take against those who appear in the magazine with an e-mail to all students stating, "associating with the magazine that is clearly antithetical to Baylor's mission would be considered a violation of the code of conduct."

As one student put it, when students enroll at Baylor, they're agreeing to the rules in the handbook. Why would Baylor — the world's largest Baptist university, according to its Web site — want to affiliate itself with pornography?

The school has every right to deter its students from posing in Playboy and wouldn't be carrying out its mission by allowing those attending to appear nude without the consequences.

Associate editor Adrienne Lang for the editorial board.

NEWSREAL • NICHOLAS SAMBALUK

WHY MYSPACE GOT BANNED FROM DEL MAR COLLEGE



OTHER VIEW

Nationwide health begins in schools

The Battle of the Bulge is on. Last week in Connecticut, the state Senate voted in favor of banning the sale of soda in schools.

While some would argue that Uncle Sam should stay out of peoples' lunchboxes and refrigerators, I would argue that obesity is a

COMMENTARY Laura Herbert

national problem that impacts our society as a whole. Heart disease is killing us by the scores and weight-

related health problems are making our insurance bills skyrocket. When 127 million American adults are overweight (body mass index of more than 25), 60 million are obese (BMI of more than 30), it's a national epidemic and something that we must address as a society.

This is not a simple problem that can be solved by a few public service announcements. While our efforts should start with public information campaigns (revamping the food pyramid last year was a great start) and limiting access to junk food in schools, the solution to this problem doesn't end with telling people to eat more veggies and exercise. Our country has to look beyond the obvious and seek out ways to make healthy choices and modern living compatible.

Our society needs to find ways to make healthy eating more convenient.

One of the first steps has to do with regional planning and urban development. City planners need to work with grocery store owners to find innovative ways to make grocery stores accessible to their urban constituents. This might be through delivery service (replace that take-out with real food), or specific bus routes to and from the stores.

Second, the price of nutritious food has to be taken into account. Eating fresh produce is essential to a healthy diet, but buying it is not economically efficient (a bag of Dole Romaine lettuce at \$2.50 with 3.5 servings at 15 calories a serving won't get you very far). People living on fixed incomes still need the nutrients found in salad. Consequently, nutrition education both in schools and in public awareness campaigns needs to emphasize economic ways to get these nutrients (i.e. canned and frozen).

The government also needs to look into ways to make fresh produce more affordable. This might mean promoting locally-grown produce, modifying trade routes and tariffs or even subsidizing certain foods. The bottom line is that people can't choose healthy options if they are too expensive.

Finally, exercise has long been acknowledged as a crucial part of shaping up and staying healthy. One of the best places to establish this habit is in school, where students are young, impressionable and often in need of productive ways to spend their time. Unfortunately, as school systems become increasingly strapped for cash, sports programs get cut or reduced to "pay to play," where students pay high fees in order to participate. These fees make athletic activity an elite pastime, instead of a shared, community-building high school opportunity. If we want healthy young Americans, we as taxpayers have to provide them with the opportunities to exercise in fun, safe environments.

If America is truly going to conquer its obesity epidemic, we have to find feasible solutions that truly get at the root of the problem, including the geographic, economic and social factors.

American waistlines are only going to start shrinking when healthy choices are truly accessible, culturally reinforced norms.

Laura Herbert is a columnist for The Lantern at Ohio State University. This column was distributed by U-Wire.

Bilingual schools end xenophobia

Of all of the immigrant issues, one of the most volatile is language.

Though the United States has no official language, English has some-

how come to

a part of our

be accepted as



national identity. U.S. citizens live, learn and work in English.

So when a group of people moves in and speaks another language, and that language begins to appear on signs and commercials, Americans grow nervous - we see it as a threat to our identity and culture. But what culture is that?

The United States is a culture of immigrants; most of us have at least one great-grandparent who spoke a language other than English.

So why are we so protective of English?

Clearly, the American lack of foreign language skills contributes to this problem. Americans frequently make it to adulthood without having anything beyond rudimentary skills in another language. We are a very isolated country in our world community. We have not been forced into enough contact with other language groups to appreciate the need to learn an additional language.

So due to our lack of education, it comes as a shock to us when we begin seeing signs and hearing words in foreign languages. Will we soon be

unable to survive in our native culture? Will the invader have co-opted our cultural products, turning them into tools to alienate the native population (naturally, the irony is that most of us are in no way native to the Americas)?

One sentence thrown around frequently in the immigration debate is, "If they're going to come to our country, they should learn our language." But "they" are already learning our language.

When an immigrant family comes to the United States, their children begin learning English at a fairly early age. If they don't get it by the time they start school, they will be forced to learn it in school. In fact, the education system sometimes works so well that children learn English only and do not develop skills in their native language, to the extent that they often become cut off from the older m

bers of their community. The people we see here who do not speak English are frequently those who immigrated later in life, at which point, they could not learn English in the natural fashion that young children do. They may eventually learn the language, but they will never speak with natural accents and rarely have the extensive vocabulary of a native speaker.

As a result, children of non-English speakers often have much greater difficulty in English classrooms because they do not have the reinforcement of English-speaking parents. Their parents cannot read to

them in English or help them with their homework in English. Thus, these students frequently take longer to learn skills that children of English speakers take for granted.

One of the ways that these students could improve their language-acquisition skills may seem counter-intuitive: Their parents could teach them their native language (e.g. Spanish) and read to them in that language. Learning to think, write and express oneself in any language will help improve these skills in other languages that one knows or is learning. Skills such as reading and writing transfer across languages.

This is why I support the idea of bilingual schooling. There are many forms of two-language schooling, but I think the most beneficial method would have students learning to read and write in two languages at the same time. For example, in an English-Spanish school, not only do Spanish speakers learn English, but English speakers also learn Spanish. By the time students would reach a certain grade, usually a few years after they started schooling, they would be spending half of their time speaking English and half of their time speaking Spanish, regardless of their native languages. Because every student is learning a language, his or her language learning is reinforced by his or her peers.

This format of schooling would simultaneously solve two problems. One, immigrant students would learn English, thus learning to assimilate into the English-speaking American population. And two, Americans would learn to branch out linguistically instead of living up to the one-language-only American stereotype.

In addition, everyone would reap the educational and social benefits of knowing a second language. Learning multiple languages expands the way the brain works. In fact, learning a new language is one suggested way of combatting memory loss from Alzheimer's.

Finally, there are other nonimmigrant groups within the United States who can benefit from bilingual training. One of these is the deaf, who benefit from simultaneous sign language and English training. Another is Native Americans, who lose a very important part of their cultural identity (and a rich source of linguistic information) when they attend English-language schools that do not allow them to speak in their tribal languages.

Bilingual schools, rather than pander to immigrant groups and contribute to the invasion of Spanish-speaking culture in the United States. can actually help to foster a bilingual identity and facilitate American assimilation, as well as create a culture that is accepting, non-xenophobic and ready for life in a global community.

Opinion editor Stephanie Weaver is an English, philosophy, and French major $from\ Westwood,\ Kan.\ This\ fall\ she\ will\ be$ teaching English for Speakers of Other Languages (ESOL) in St. Joseph, Mo.

Ugandan children need you; think of others

Consider where you are right now, what you did last night, and what lies in your future. Then stop and try to fully appreciate everything in

COMMENTARY

life that you have because so many people only dream of our opportunities.

As a TCU junior, I think it is horrific to see so many

college students whining about their "sad" situations. Either they're "broke" and can't buy beer or they've been dumped by their boyfriends; boo hoo.

I am plenty guilty of sulking about my "enormous" problems and I know I am not the only student who does this, but after watching "Invisible Children," the documentary about some Ugandan children's lives, everything was dramatically put into perspective.

We are so blessed to even be able to worry freely about

It is time for us all to get off our high horses and focus our energies on people who have such devastating problems that we cannot even imagine them.

More than 40,000 children in Uganda walk into cities from their homes on the outskirts of town, just to sleep on the street where they feel some sense of security.

They are safer sleeping in groups on the streets than in their homes.

Every night, these children fear being abducted by the Lords of Resistance, a rebel

group that is rapidly growing in Uganda.

The rebels abduct children nightly, forcing boys to be soldiers and girls to be sex slaves.

More than 30,000 children have already been abducted, and while you were partying with your friends or sleeping comfortably in a bed last night, that number increased.

The children targeted are between the ages of 7 and 12. What were you afraid of at age 10?

Whatever problems you think you have, I dare you to compare them to the issues Ugandan children face every day.

We have to help these children.

There is a Global Night Commute planned for April 29. There, people of all ages will

walk together into downtown Fort Worth and sleep on the streets. Can you handle one night of what these children go through daily?

It is our responsibility, as decent human beings, to give these children at least a glimpse of hope. They dream of having our lives, our opportunities and our freedom.

To get involved, sign up for the global night commute at the Invisible Children Web site at www.invisiblechildren. com, or talk to the League of Nations, which meets Wednesdays in Student Center Room 202.

Take a second to put your problems aside and focus instead on giving these children a chance at life.

Lauren Johnson is a junior advertising/ $public\ relations\ major\ from\ San\ Antonio.$

COURTNEY REESE MIKE DWYER ADRIENNE LANG **TRAVIS STEWART STEPHANIE WEAVER**

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The content of the Opinion page does not necessarily represent the views of Texas Christian University. The Skiff View editorial represents the view of the five-person TCU Daily Skiff editorial

board listed at left. The Skiff View is the collective opinion of the editorial board and may not reflect the views of the individual writers. Signed letters, columns and cartoons represent

the opinion of the writers and do not necessarily reflect the opinion of the editorial board. **Letters to the editor:** The Skiff welcomes letters to the editor for publication. To submit a letter,

e-mail it to LETTERS2SKIFF@TCU.EDU. Letters must include the author's classification, major and phone number. Skiff reserves the right to edit or reject letters for style, taste and size restrictions.

Features



NOVEL TRUTHS

In light of a recent plagiarism scandal, author Kaavya Vishwanathan, a Harvard sophomore, referred Monday to the passages in her debut novel

"How Opal Metha Got Kissed, Got Wild, and Got A Life" as "unintentionally



HIGH-DEF NATION

Radio is trying to compete in the technology wars. Is HD radio the next step?

STORY BY BRIAN CHATMAN | PHOTOS COURTESY OF IBIQUITY.COM

f you haven't already heard the station of choice, you soon will. The station you are listening to wants you to know they have it. Electronics stores want you to buy it. Between the ads for the video games, restaurants and energy drinks, we with their main signals and one sidekeep hearing about it: High Definition Radio.

Radio stations throughout Dallas and Fort Worth are beginning a transition, like their television couneffort to improve the quality of their products.

As with any new technology, however, many consumers don't know the ability to have multiple stations what a new product has to offer. Is on one frequency with high-quality HD radio really all that important?

What is HD Radio?

HD radio means two things for the average listener: improved sound quality and more choice.

iBiquity, the company that patented the technology used to send HD radio signals, heralds it as "radio for the 21st Century." According to its Web site, digital compression makes AM stations sound like FM and FM stations achieve near CD-quality sound, all the while removing the pops, hisses and volume changes that plague analog radio.

Since the HD signal is broadcast on the same frequency as the regular broadcast, the radio can switch between HD signal and traditional analog when signal strength is weak.

For AM, the story ends here; for FM, it is only the tip of the iceberg.

The larger bandwidth on FM allows advertising blitz on your radio for the broadcast of surround sound music or multiple stereo radio stations on the same frequency, known as sidebands or HD2s. Current technology limits this to three stations on one frequency, but most stations stick band since quality must be decreased to broadcast large amounts of infor-

bandwidth. J.D. Freeman, Dallas' regional vice terparts, to all-digital content in an president for Clear Channel Communications, a San Antonio-based corporation that is one of the nation's biggest owners of radio stations, said sound makes this a real radio revo-

mation simultaneously on the same

Freeman said FM frequencies in the Dallas-Fort Worth market are valued

at more than half a billion dollars, whereas implementation of HD radio technology costs between \$100,000 and \$150,000. He said that, for this price, Clear Channel has put five new stations on the air this year using the HD sidebands.

All Clear Channel stations in the top 10 radio markets have been converted to high definition, with the top 150 to be completed within the year, Freeman said.

How is HD radio different from satellite radio?

Satellite radio advertising and promotion over the past few years have emphasized how listeners can pay a small monthly fee after buying a receiver unit and hear the same radio content as they travel throughout the country with little to no service interruption. From studios in New York or Washington D.C., DJs can broad-



Boston Acoustics Recepter Radio $\mathsf{HD^{TM}}$

is listening to their stations.

HD radio comes from locally based studios, but is limited geographically, just as radio has been traditionally. They must also adhere to the same decency guidelines traditional radio about what their kids hear when they has always been subject to, while satellite content remains largely uncen-

Freeman said satellite will likely cast to anyone in the country who have to start considering decency

standards as their audience grows, but also said the v-chip could make its way to radio and change standards across the board.

"A listener shouldn't have to worry turn the radio on," Freeman said, "but everyone also has their own idea of what is decent."

Duane Doherty, program director See **RADIO**, page 5



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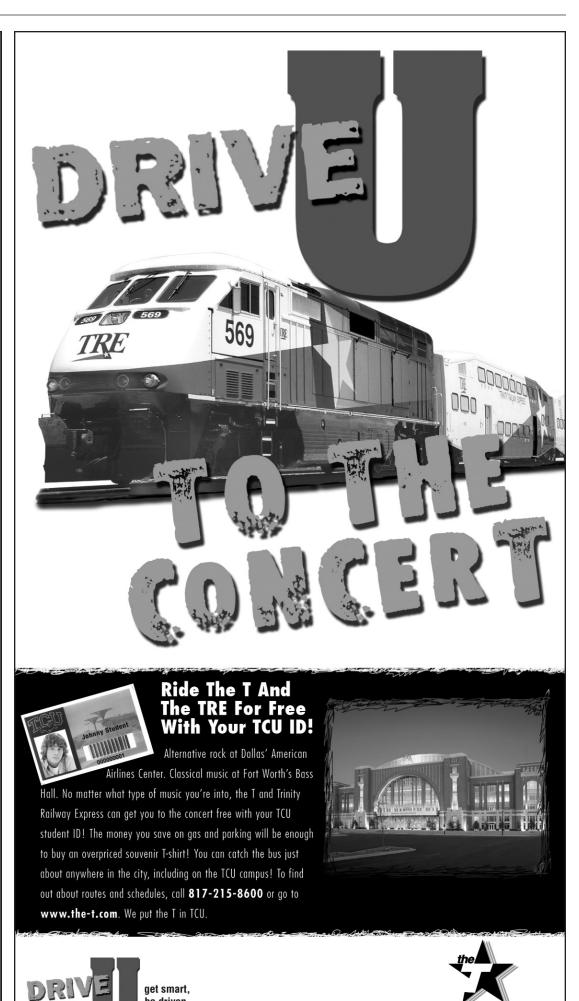


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Sound Improvements do not make up for lacking radio content

Being the technophile I am, I could not merely take everyone at his or her word when they said HD radio was a huge improvement. So when Clear Channel offered up a slightly used demo unit, I couldn't help COMMENTARY

sharing my thoughts on the new technology.

Though it took a few



moments to pick up the HD signal and switch from analog to digital, once I found the place with the best reception, every station with a digital signal showed a marked improve-

ment in sound. Static is, as advertised, gone when you are on digital.

The only problem comes when weather is bad and the HD signal is disrupted. When that happens, the main station is only picked up in analog (with all of its shortcomings), and sideband frequencies cut out completely like Internet radio when it needs to rebuffer.

Though AM frequencies cannot have sidebands, the improvement in sound could make the airspace prime real estate for entrepreneurs looking start their own

Though sound quality is better across the board, radio content still has a long way to go. Southern rock sideband "Lonestar" is the only real genre station available, and new alternative sideband "The Cutting Edge" is far less captivating than the advertisements would have us believe.

Instead of blazing a trail with unplayed material, "The Cutting Edge" is just "The Edge," minus older songs and commercials. The net result is every time I turn it on, I hear the same song from Yellowcard, whether I turn on the regular "Edge" or its sideband, and I didn't like it the first time.

It is important to remember this technology is very new. Stations are still trying to figure out what to do with it, and there are still some technical issues that need to be worked out. There is a lot of promise for the future in HD radio, but don't expect any ground breaking content just yet.

RADIO From page 4

for local classic rock station KZPS and alternative rock station KDGE "The Edge," both Clear Channel stations, said sideband frequencies allow traditional radio to offer a wider variety of content in much the same way satellite radio can, but without the subscription fee.

"HD enables radio to 'step outside the box' and invent new programming and take chances that we might not have been able to do in the past," Doherty said. "The technology and (sideband) multicast capability enables us to provide programming in a high definition signal that's local, more compelling and exciting than satellite, and it's free."

While the main high definition stations are merely digital broadcasts of the same content — commercials and all — the HD sidebands are currently commercial free.

Rob Chickering, engineering manager for Susquehanna Radio Dallas, said this is a result of the way the secondary frequencies are licensed by the government.

"Currently, the HD2s are listed as experimental with the FCC and thus are required to be noncommercial," Chickering said. Freeman said commercials will likely start appearing on HD sideband stations in the next year to two years, but they may be handled differently.

He said Clear Channel plans to change to standard length of commercials on its HD stations to 15 seconds and group them in ways that are not as intrusive to the listener.

"I don't think people mind commercials," Freeman said. "I think they mind hearing bad commercials and too many of them."

Chickering said the biggest obstacle for HD radio is availability.

"Once (HD) radios start to ship in cars," Chickering said, "(it) will become the main delivery to the listener."

Satellite radio has made its way into many vehicles as standard or optional equipment recently. BMW, however, announced April 12 that the new iPod interface available in its 3, 5, 6 and 7 series vehicles will also include an HD receiver in addition to a Sirius satellite receiver.

What new content is offered in HD now?

Most FM frequencies, with the exception of have started the switch to HD broadcasts, though most do not carry sideband stations yet.

Those stations that do have sideband frequencies vary in what they offer.

Classic rock station KZPS has "Lonestar," a station featuring Southern rock, alternative



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FREQUENCY	CALL LETTERS	OWNER	MAIN STATION FORMAT	HD2 FORMAT
92.5	KZPS-FM	Clear Channel Radio	Classic Rock	Southern Rock, Alt-Country
93.3	KDBN-FM	Susquehanna Radio Corp.	Classic Rock	None
94.5	KSOC-FM	Radio One Inc.	Classic R&B	None
96.3	KSCS-FM	ABC Radio	Country	None
96.7	KTYS-FM	ABC Radio	Country	None
97.1	KEGL-FM	Clear Channel Radio	Spanish	Spanish & English Love Song
99.5	KPLX-FM	Susquehanna Radio Corp.	Country	None
100.3	KJKK-FM	CBS Radio	Jack	My HD (all requests)
102.1	KDGE-FM	Clear Channel Radio	Alternative	New Alternative Rock
102.9	KDMX-FM	Clear Channel Radio	Adult Contemporay	Commercial Free Mix
103.3	KESN-FM	ABC Radio	Sports	None
104.1	KTDK-FM	Susquehanna Radio Corp.	Sports/Talk	None
105.3	KLLI-FM	CBS Radio	Talk	Hispanic Talk
106.1	KHKS-FM	Clear Channel Radio	Top-40	Kiss Español
107.5	KOAI-FM	CBS Radio	Smooth Jazz	Traditional Jazz
107.9	KESS-FM	Univision Radio	Spanish/Mexican	None

smaller stations such as KTCU, in the Metroplex a commercial-free version of the same format. fit what we do on 'The Edge,'" Doherty said. Though the main frequency for JACK-FM takes "Bands like Snow Patrol, Yeah Yeah Yeahs, Arcno requests, its HD2 station is all request.

> ting Edge," acts as a test area for new music, then potentially cross over to 'The Edge." only airing music released since 2000.

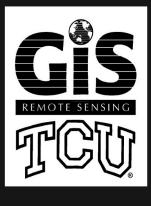
country and outlaw country. MIX 102.9 offers of alternative and rock that don't necessarily but they are not yet on the air, Chickering said.

tic Monkeys, My Morning Jacket and Aqualung "The Edge's" sideband frequency, "The Cut- get their start on 'The Cutting Edge' and can

Sideband frequencies are being planned for "'The Cutting Edge' enables us to play styles Susquehanna stations "The Wolf" and "The Bone,"

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tial Community will be conreserved. The Worth Hills area commuter lots, Mills said. will have a few main campus parking lots, he said.

in the last year or will be added this year, Mills said. The verted to a visitor parking lot, would probably have been Meyer parking lot will become there will be more space in

A total of 900 new park- campus, the times shuttles run ing spaces have been added will change and more will be added, Mills said.

Safety is very important, With the new plan, the amount does not include the said Lt. Ramiro Abad of the parking lot behind the Tom 680 spots in the Grandmarc TCU Police, and since park-Brown-Pete Wright Residen- parking garage, he said. The ing is moving from the intestudents who will park there rior of campus to the exterior, different safety measures will Mills said, and the Daniel- commuters otherwise, so be considered. More lots will be surrounded by fences, and shuttles will run more fre-Since parking will be conquently in an attempt to keep centrated in the outer parts of parking lots safe, Abad said.



A ship is seen behind a fence at the Port of Beaumont on Tuesday.

Dean: Coordinator has what TCU needs

LARRY WOODS II Staff Reporter

While most of the other TCU Greek councils' Web sites have an abundance of information, the Multicultural Greek Council Web site states, "Information coming soon," with the hiring of a new program coordinator.

Gaius George, a U.S. Virgin Islands native, was hired er's position as Latin Greek to advise the MGC and said he wants to see the organizations flourish.

up and running to where it is self-maintaining," George said. "It is not my first gocouncil.'

George received his bachadministration from the University of Oklahoma. At OU, he joined a historically Latin fraternity, Omega Delta Phi. George established and served as president of the Lat- al organizations and deter- voice that needs to be heard in Greek Council in his time mine the members' unique on campus.

ents from the West Indies, sorority life, Parker said. lived in Houston since age Latin fraternity, George has tant for the center of student key."

been exposed to a number of different cultures.

Ainsworth George, his younger brother, said their parents were instrumental in the children's acceptance of so many cultures.

"They didn't adapt to the but this is all about to change culture here," he said. "They lived by their own culture and they still do."

George said his broth-Council president helped him develop the qualities necessary to lead multicultural "I want to get the MGC organizations at TCU.

of campus life, raves about sure everything remains in Gaius George's work ethic order. He also serves as advisaround starting up a Greek and dedication to improving er and program coordinator to the lives of college students.

"(George) has an infectious elor's degree in business attitude that just draws people to him," Parker said. "He's been a great addition to the breakfast during finals week TCU staff."

work with the multiculturstrengths will help make a Having been raised by parbetter TCU fraternity and on campus," George said.

life at OU, which is the equivalent to campus life at TCU.

STEPHEN SPILLMAN / Photo Edito

At TCU, George serves as the hall director of Tomlinson James Parker, assistant dean Hall in Worth Hills and makes the MGC and co-adviser to the National Pan-Hellenic Council. He was also the program coordinator for the late-night in the fall and will coordinate George's willingness to the event again this spring.

George said the MGC has a

"The MGC is a needed body "Getting the organizations Before his arrival at TCU, together and making them 4 and been involved with a George was a graduate assis- realize their importance is

Port workers to be checked, Bush says

By LARA JAKES JORDAN Associated Press

Seaport workers will undergo background checks for links to terrorism and to ensure they are legal U.S. residents, the Bush administration said Tuesday.

The announcement came after months of scathing criticism about security gaps at the nation's ports.

The heightened scrutiny which will begin immediately — drew praise from some lawmakers and port associations that said the checks were long overdue. Others jeered the security measures as either too weak or too invasive of workers' privacy rights.

Names of an estimated 400,000 employees who work in the most sensitive areas of ports will be matched against government terror watch lists and immigration databases, Homeland Security Secretary Michael Chertoff said. They what critics call holes in secuwill be among roughly 750,000 rity measures at ports, which workers — including truckers were highlighted after a Dubai and rail employees — who have unrestricted access to ish firm gave it control of six ports and will be required to American ports. An outcry in carry tamper-resistant identification cards by next year.

vate security at our ports them- American firm. selves so that we can be sure that those who enter our ports to do security legislation this week, business come for legitimate reasons and not in order to do us harm," Chertoff said. He called the safeguards part of a "ring of security" around U.S. ports.

not examine workers' criminal the cameras are rolling and history, although Chertoff left the whole world is watching," open that possibility for the said Rep. Bennie G. Thomp-

How much the background checks will cost was not immediately available.

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company's purchase of a Brit-Congress led the Dubai company, DP World, to decide to "What this will do is it will ele-sell the U.S. operations to an

> Congress is considering port prompting some to question the sincerity and timing of Chertoff's announcement.

"It appears that DHS steps up to the plate to protect our The background checks will national security only when son, D-Miss., the top Democrat on the House Homeland Security Committee.

Some workers already have The Bush administration has their criminal backgrounds been under fire for months for checked by local authorities, said Jim McNamara, spokesman for the International Longshoreman Union, which represents East Coast port workers and said it welcomed steps "to secure our ports in any way possible."

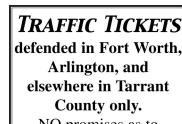




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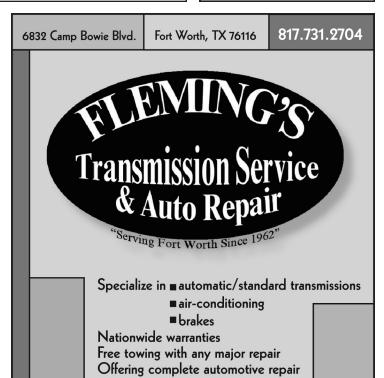
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THE FUTURE OF FOOTBALL

By DAVE GOLDBERG Associated Press

NEW YORK (AP) — A week turn a game on one play. ago, there were rumors out of and toward Mario Williams, Southern Cal. the North Carolina State defenand Lawrence Taylor.

talking with Williams. Disin-

of thing.

On the Web. On talk radio. Everywhere. The NFL draft, which will take place Saturday and Sunday at Radio City Music Hall, has become footeven by the people in charge. What prospective draftees did January through April.

Consider Vince Young's Wonderlic score. LenDale White's injury. Jimmy Williams' supposedly lackadaisical attitude. North Carolina State. And the endless debate over Matt Leinart and Young at the top of the quarterback pool.

Remember also that everyone lies. Or says nothing.

"You know this is a time be an impact player. when nobody really ever deceive you I would just rather at a position that's in vogue. not tell you certain things."

ly start with Bush, described finally wore out the Saints' by some as the next Gale Say-patience. VINCE YOUNG, QB,

He's a unique talent who can

So when Paul Tagliabue calls Houston that had the Texans to order his final NFL draft as a year ago was letting Pat Willeaning away from taking Reg- commissioner, **HOUSTON** will gie Bush with the No. 1 pick use it on REGGIE BUSH, RB,

sive end who is supposed to be signing Drew Brees, the Saints a cross between Julius Peppers brought in Leinart for a workout. Is that because Brees is Indeed, they even began coming off shoulder surgery? Or is it to suggest to the Titans formation, perhaps, but stan- and Jets that they have to trade More than any other, this A.J. Hawk, but more likely: a healthy No. 1 wide receiver. draft has been full of that kind D'BRICKASHAW FERGUSON, Roy is from Texas, as is MIKE OT, Virginia.

3. TENNESSEE. Norm Chow, the offensive coordinator, had the same job at Southern Cal and tutored Leinart. The Titans nals might have been better might like Vince Young, but off with Ben Roethlisberger ball's most overanalyzed event, MATT LEINART, QB, Southern Cal, is the safer pick.

4. NEW YORK JETS. They on the field last fall has been have a sore shouldered Chad do the same for JAY CUTLER, forgotten in the tempest from Pennington and the newly obtained Patrick Ramsey. Both has actually said he'll take him are ifs, so they could move up to second for Leinart — with weight gain and hamstring the 29th and 35th picks as bait. If not, MARIO WILLIAMS, DE,

whether Jay Cutler, the Vander- Brett Favre keeps putting off his bilt quarterback, belongs with decision on retirement is the HALOTI NGATA, DT, Oregon, sorry state of the Packers. A.J. HAWK, LB, Ohio State, won't turn them around for Favre's last season, but eventually should

6. SAN FRANCISCO. Anothreally kind of tells the truth er team that needs everything, about what they plan to do," and could move up using the England to help Romeo Cren-Miami coach Nick Saban said newly acquired 22nd pick for last week. "I certainly would Williams or Hawk. If not, VERnever deceive you in anything NON DAVIS, TE, Maryland, that I told you, so rather than seems to be a special athlete

7. OAKLAND. The Raid-"Certain things" almost sure- ers have Aaron Brooks, who

ers. Or the next Barry Sanders. Texas, is an Al Davis type pick who might be something spe-

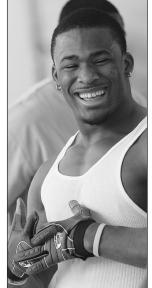
8. BUFFALO. One mistake liams go to the Vikings. Williams is listed at 320 pounds. Maybe 420? Whatever, BRO-2. NEW ORLEANS. After DRICK BUNKLEY, DT, Florida State is a svelte 306 or so they say. He fits the purpose.

9. DETROIT. The Lions have taken Charles Rogers, Roy Williams and Mike Williams the last three years and for a variup to get him? Linebacker ety of reasons still don't have HUFF, DB, Texas.

10. ARIZONA. No matter how good Larry Fitzgerald is (he's very good), the Cardior Philip Rivers two years ago. Kurt Warner was Eli Manning's caddie in New York, so he can QB, Vanderbilt. Dennis Green here if he falls; see above for untruths.

11. ST. LOUIS. The Rams replaced coach Mike Martz with Scott Linehan, another **5. GREEN BAY.** One reason offensive guy. But they need defense, especially at tackle. even though the Rams have used three first-round picks at that position since 2001.

> **12. CLEVELAND.** The Browns were aggressive during the offseason, signing LB Willie McGinest from New especially useful with KAMER-ION WIMBLEY, DE/LB, Florida State, who Crennel hopes will stay healthier than the last and Braylon Edwards.







NFL Draft Round 1 favorites: Memphis' DeAngelo Williams (top left), Texas' Vince Young (top right), Vanerbilt's Jack Cutler (bottom left) and Southern California's Reggie Bush (bottom right).

take Young or Cutler. Instead, ning backs late, but why not liams is a ferocious hitter who a bookend for Jonathan Ogden, the explosive DE ANGELO caused the NFL's changed rules WINSTON JUSTICE, OT, the WILLIAMS, RB, Memphis. third Southern Cal player cho-

ERNIE SIMS, LB, Florida State. this spot. The reservation is five concussions in college.

15. DENVER. Tatum Bell two No. 1s, Kellen Winslow is a part-timer and so is Ron Dayne. The Broncos always ENWAY, LB, Iowa. 13. BALTIMORE. Would seem to get productive run-

was a salary cap casualty. JIM- use a partner who can cover. 14. PHILADELPHIA. The MY WILLIAMS, DB, Virginia JASON ALLEN, S, Tennessee. nel's young charges learn the Eagles like aggressive defend- Tech, has been falling for a 3-4 defense. Willie can be ers, a description that fits variety of reasons. Not past your best receiver is 36-year-

> bunch of teams that could use linebackers in a draft with a

18. DALLAS. Roy Wil- Clemson.

to keep him from using the **16. MIAMI.** Sam Madison "horse-collar" tackle. He can

19. SAN DIEGO. When old Keenan McCardell, you **17. MINNESOTA.** One of a need young speed. SANTONIO HOLMES, WR, Ohio State.

20. KANSAS CITY. Fresh lot of good ones. CHAD GRE- blood for the annual defensive overhaul. TYE HILL, CB,

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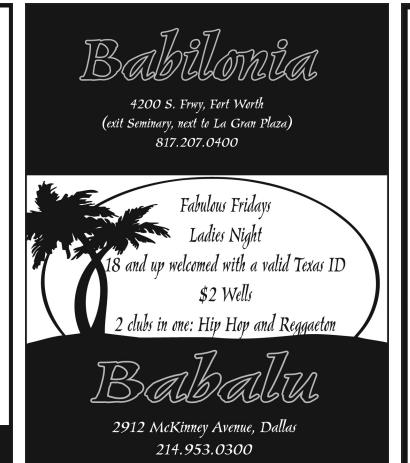
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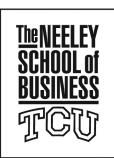


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Kriegler Brink, a freshman on the TCU men's tennis team, discusses with Ryan Thomas why he came to the United States from South Africa to play tennis.

TCU from South Africa?

ly good. The coaches were nice people all around. also really nice.

Growing up in South Africa, who were your tennis role models?

Wayne Ferreira was one of the best South African tennis players. But that is also a reason why I came to the United States because the tennis in South Africa is going down. The competition is not that strong. There is a lot more competition and variety in America.

What are some of the adjustments you have made coming to the United States?

To be honest, I am a little homesick. Just talking Afrikaans (the language) and the type of food. Here, I eat a lot of double cheeseburgers and fries. I eat a lot of Whataburger and Taco Bell and other unhealthy foods. Also some of our social things when you go out. Rap is a big thing in America and not a big thing in South Africa. Just small things, the language, the food.

What do you like about being at TCU?

I have been to a couple of other universities in America traveling with the ten-

Why did you choose to come to nis team. Our facilities are one of the most beautiful. I came to get an education. TCU is also a strong educa-The tennis facilities were nice tional school and I will get and the tennis team was real- a good education. There are

What do you do before every

Some people call it meditating but I just visualize and try to stay positive.

What is the biggest tennis moment of your career?

Winning the South African National Championships, under 16. That was one of my most memorable moments.

If you weren't playing tennis, what other sport would you want to play?

In South Africa, we have a sport called cricket.

Is cricket similar to baseball?

Yes it is sort of similar. I played it in high school and was pretty good. I would probably do that. It is not like football or rugby that are so intense.

Who is the best opponent you have ever faced?

I would have to say Christopher Haggard. He is a top doubles player in the world. I played against him in a singles match. He made it to the semifinals of doubles in the Australian Open.



Freshman Kriegler Brink competes against Baylor on March 7 at the Bayard H. Friedman Tennis

Women's team preparing for MWC tourney

By CLAIRE CURRY Staff Reporter

The TCU women's tennis team is taking a seven-game winning streak into the Mountain West Conference Tournament this week. The Frogs are scheduled to begin play Thursday in San Diego.

Junior Ana Cetnik said the team is not planning to change much about its game plan in terms of preparing for the upcoming games.

Since TCU has already played against the teams competing in the MWC tournament, the Frogs have a good idea of the competition they are up against

Head coach Dave Borelli said the team is focusing on trying to play better with each game.

"We don't want to make it any different from any other situation," he said.

Senior Helena Besovic said the Frogs cannot get ahead of themselves just because they have already beaten some of the teams they will face this week.

"We have to stay focused and be mentally prepared to play games against the same teams again. We should not think that if we won the first time, we are going to win again," Besovic said.

Borelli said he is confident in his team's ability to be successful in the tournament.

"Truthfully, I think in our first round we should be alright. The second round, we'll play No. 32 San Diego State. I'm happy we're playing them because we need to play higher ranked teams. That is a good challenge for us and it will help us get ready for regionals," he said.

Borelli is also pleased with the overall play of his team heading into the tournament.

"I think for the most part, everyone is starting to play well. I cannot pinpoint one player or another, but our doubles has been particularly good," he

One thing is for certain; the Frogs have their sights set on a MWC Championship title to bring back to TCU.

"It would definitely be satisfying to show how dominant we were this year," Borelli said.

TCU will take on the winner of the No. 8 and No. 9 seed match in the first round of the Mountain West Conference Tournament.



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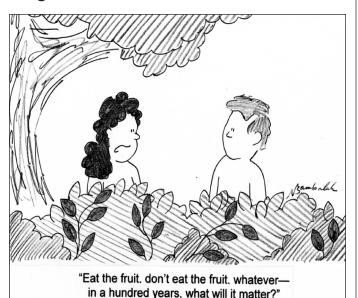
— William James

TODAY IN HISTORY

1954: Geneva Conference begins 1994: South Africa holds first multiracial elections

Quigmans

by Buddy Hickerson







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		7	1				3	
3			4	2				
		9			7	5		2
		2					5	7
	9						1	
4 8	3					9		
8		3	9			2		
				5	6			3
	6				2	4		

Directions

Fill in the grid so that every 3x3 box, row and column contains the digits 1 through 9 without repeating numbers.

> See Thursday's paper for answers to today's Sudoku puzzle.

Tuesday's Solutions

	9	6	2	4	3	5	8	1	7
	5	1	7	6	2	8	9	3	4
	3	8	4	1	7	9	5	6	2
	7	4	9	2	6	1	3	8	5
	2	3	1	8	5	7	6	4	9
	œ	5	6	တ	4	3	2	7	1
	6	9	5	3	1	4	7	2	8
	1	7	3	5	8	2	4	9	6
	4	2	8	7	9	6	1	5	3
_									

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- ACROSS
 1 Non-standard
 English
 6 Encourage a
- yegg
 10 Jazz singing style
 14 Rome's river
- 15 Burrowing garden pest 16 Sugar source 17 Actress
- Verdugo 18 Novelist Stoker 19 Gymnast
- 20 Jack Lemmon
- role 23 Ninny
- 26 __out of (decline) 27 Seniors 28 Philippines metropolis
- 30 "__ Bulba" 32 Matt Damon
- role
 34 Bleacher cry
 37 Knight's wife
 38 Our sun
 39 "Star Wars"
- knight 40 WSW opp. 41 Dustin Hoffman
- 45 Livestock
- shelters 46 Longing 47 Notify
- 50 Narc's org. 51 Showed the
- 52 Gary Cooper
- 52 Gary Cooper role
 56 Domain
 57 Give a hand?
 58 Too weird
 62 Affirm with certainty
 63 Nora's pet
 64 Gridlock
 65 Anatomical sac
 66 Ollie's partner
- 66 Ollie's partner 67 The present
- **DOWN** Dogpatch
- 35 Love to pieces 36 Tackled a trail 39 Intermediate 47 Writer Asimov

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- 3 Justice Fortas 4 Oahu goose 5 Rolled oats breakfast 6 Circuit
- Bjorn of tennis Distinctive style 9 Poster paint 10 Reprimands 11 Have a cow 12 Ire
- 13 Rips 21 Brief quarrel 22 __-Ude, Russia 23 Sufficient 24 Foil alternative
- 25 Derogatory 29 Wrigley Field
- growth 30 Lopes along
- "The Clan of the Cave Bear heroine
- 33 Sports fans' channel 34 Lube again

learning inst.

43 Logical start? 44 Closest 45 "The African Queen" star

42 Fleets

- 49 Releases 50 Poet Thomas 53 Aerie 54 Ciao 55 Casino game 59 Neato.
 - nowadays 60 Author Levin 61 Tarzan Ron

See Thursday's paper for answers to today's crossword.

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TODAY IN SPORTS

1912: First home run hit at Fenway Park (Hugh Bradley, Red Sox) 1952: Patty Berg scores 64; best competitive round of golf by a woman 1988: NBA approves addition of third referee in 1988-89 season

Trainers assist in keeping teams in shape

By CARLOS QUALLS Staff Reporter

You see the TCU athletes on the field and the courts, but what you don't see is the work that goes on that enables them to perform at their optimum level.

That's where training, strength and conditioning come into the picture. That is also when Melissa Schau and Joe Walker earn their checks.

Walker is the strength and conditioning coach for the TCU men's basketball and women's soccer teams. Walker said that although his job title starts with the word strength, that isn't the only thing he focuses on during workouts.

"In the off-season, the big keys are flexibility, strength, power and durability," Walker said. "The main responsibility is to get the athlete as explosive as possible. Strength isn't anything if you can't apply it fast. That's for any sport."

Walker attempts to have his players gain that necessary combination of strength and speed by mixing the two in the program. Walker said that if the athletes are doing squats, then they are coming up as fast as possible, no matter what the weight is.

Walker said the workout plan his female athletes follow isn't much different from the guys' plan.

"Conditioning is the only difference," Walker said. "We focus on coordination, footwork and speed. You can't really develop too much speed for basketball because you're always changing speeds."

Strength in Numbers

The athletes follow the workout plan that Walker has

already laid out for them each morning.

Walker said the emphasis during the workouts is focused on the team as a whole.

"We take an individual and set their goals," Walker said. "We then try to match it as a team. Everyone has their strengths and weaknesses, so we focus on group work. We realize that anything you do is going to benefit everybody."

Walker said his one-on-one work with his athletes is very

'We do most of our work with the team," Walker said. "We like vocal leaders and encouragement. We don't do too much one-on-one unless the kid has an exam or something."

Gender Equality

That is where Walker's and Schau's program styles differ. Schau is the trainer for the women's basketball team.

Schau said her training room opens an hour before practice and the door doesn't close until at least an hour after the coaches have already gone home.

Schau's official job description is the prevention, care of and rehabilitation of athletic injuries, although she said her work with the team goes far beyond that.

"The girls really do trust me," Schau said. "They come to me with a lot of questions about girl issues. It's usually things they might not want to tell their coaches. There is a difference in the kind of cramp they get, whether it's a girl cramp or athletics."

Schau said head coach Jeff Mittie trusts her and puts the decision in her hands as to

EXTRA INFO

- Name: Joe Walker
- Job: Strength and conditioning
- · Jurisdiction: Men's basketball, soc-
- Emphasis: Flexibility, strength,
- Style: Team workouts

whether a player practices with the team or not.

"I may not tell him the real reason, because a lot of stuff is between me and my girls," Schau said. "I just go up and say, 'She's not feeling so well."

Playing through pain

Schau recalled when sophomore forward Lorie Butler-Rayford ran into a moving screen and took a forearm to the back of the neck. Schau remembers Butler going face down on the court and saying she could not feel her right side.

We had to run onto the court, spine-board her, and take her to the hospital in an ambulance," Schau said. "It was pretty intense."

Schau did a lot of individual work with sophomore guard Adrianne Ross and freshman forward Marissa Rivera when they both went down with ACL injuries two seasons ago. Schau said Ross and Rivera were exact opposites in their attitudes when it came to dealing with them after the injury.

"Adrianne, all she wanted was to get back on the court," Schau said. "She would say, 'Oh, I can run. I can cut. Come on, coach.' Rivera didn't even want to jog straight ahead, so cutting wasn't even an option. We had to try and coax and push her."



Schau said the work put in with both girls was different, but that it was all a part of knowing your athlete.

"Two girls, exact same scenario — with one we had to reign in and you have one that you have to put the confidence back in their head that they can do it," Schau said.

Up close and personal

Neil P. Dougherty, junior guard for the men's basketball team, said his trainer got to know him pretty well this year when he went down with injuries to the shoulder and the ankle.

Dougherty's trainers got to that personal level by taping his ankles, bringing him water when tired or treating a minor injury like a poke to the eye. Schau does these same things with her girls, but gets to know them in an even more personal manner.

"Me and my girls are really close," Schau said. "I'm their coach but I'm definitely their friend, too. There are plenty of times when I'm borrowing shoes from Jenna (Lohse) or a top from someone else."

If Schau wants to borrow any more pairs of shoes from Jenna, she may have to get them sent to her in the mail. Schau, a graduate assistant for the last two years, will be moving on when this year is over. She doesn't know what she will do yet, but said that no matter where she ends up, she will be missing her girls.



EXTRA INFO

- Name: Melissa Schau
- Job: Trainer
- Jurisdiction: Women's basketball Emphasis: Care of and rehab of
- Style: Personal attention

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