

TCU DAILY SKIFF

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TCU baseball prepares for another conference series this weekend against UNLV.
Sports, page 8

GRADUATION

The university is a popular choice for undergrads continuing their education as graduate students. Graduation Issue Inside

GRADUATION

Despite recent trends, university students have not encountered abuses from internship employers. Graduation Issue Inside

NFL DRAFT

PICK'EM



TCU defensive end Jerry Hughes hangs on to Colorado State running back Leonard Mason for a tackle on Oct. 17. Hughes heads to the Indianapolis Colts as the 31st pick in the first round of the 2010 NFL draft.

Colts pick Hughes in first round

By Ryne Sulier
Staff Writer

The Indianapolis Colts drafted former Horned Frogs outside linebacker Jerry Hughes with the 31st pick of the 2010 NFL Draft. Hughes will join the defending AFC champions as the 12th first-round draft pick out of TCU.



Hughes



Washington

"I'm really happy for him for the simple reason that he could have gone out in the draft last year but he came back to get his degree and

help us win a championship," said head football coach Gary Patterson. "I was really hoping that he'd get an opportunity because he did so much for everybody else."

The Colts like players with a quick first step who have the ability to be speed rushers at the defensive end position, Patterson said.

"(The Colts) have two defensive ends that are getting older, and Jerry is a great character guy who is going to work hard at what he does," he said.

Patterson said he wouldn't have been surprised if Daryl Washington, the Frogs' other 2009 starting OLB, would have been drafted in the first round. Which ever team drafts Washington will have a player whose best days are ahead of him, he said.

"You get a good guy (in Washington) that has tremendous upside, he's the fastest line backer in the draft," Patterson said. "He's a blitz and a tackler who can cover some wide receiver and definitely cover tight ends and running backs."

If Washington is drafted in the

SEE DRAFT · PAGE 8

SODEXO

Protests do not affect campus

By Cameron Lahey
Staff Reporter

While labor disputes between Sodexo and some of its employees have not surfaced on campus like they have in other states, Sodexo employees at the university may have nowhere to turn should trouble hit home.

In recent weeks, employees of Sodexo, the French-based multinational food service company contracted by the university, have incorporated strikes and civil disobedience as a part of the Service Employees International Union's protest efforts across 10 U.S. states against the company's alleged intimidation of employees seeking to unionize.

Tanya Aquino, a SEIU representative, said Sodexo has threatened and fired employees who seek to unionize as a means to obtain better pay and benefits. Aquino said that while the protests against the company have become international, so far they have not reached the local level in Fort Worth because SEIU does not currently represent any food service employees in the Dallas-Fort Worth area.

Sodexo employees on campus are not eligible to receive any benefits from the university because they are not university employees, Director of Employee Relations Shari

SEE SODEXO · PAGE 2

IGNITE

Christian ministry attracts hundreds

By Madison Pelletier
Staff Reporter

A recently established student-run campus ministry has caught fire with university students in the past several weeks.

More than 500 students attended Monday night's Ignite college worship. Students from University of North Texas and Texas A&M University joined Horned Frogs at the third Ignite meeting.

Paige Nettles, a senior fashion merchandising major, pioneered Ignite last semester. Nettles said the goal of the nondenominational ministry is to bring college students together to worship and hear the gospel in a comfortable setting.

"It has made a huge impact on campus because it is totally student led and led by students who are passionate about the Lord in organizations across campus, like athletes and Greeks," Nettles said. "Our leadership team is made up of people who all knew each other, but we don't run around in the same group of friends whatsoever."

The service is conducted at the Brown-Lupton University Union or the Daniel-Meyer Coliseum at 9 p.m. every Monday and lasts about an hour and 15 minutes. The Matt

SEE IGNITE · PAGE 2

HONORS COLLEGE

Applicants exceed slots for SGA seats

By Andrea Drusch
Staff Reporter

Four students will represent the John V. Roach Honors College in the House of Student Representatives for the first time this fall, following the House election this past week.

Seven students applied for the four recently allocated seats in the House, the results of which were released Wednesday.

Ron Pitcock, J. Vaughn & Evelyn H. Wilson Honors Fellow, said the diverse interests of honors students will be an asset to the House's representation.

"Our students bring a great di-

versity," Pitcock said. "They represent a number of interests on campus, from different majors to a variety of student activities, so I think having them in the House representing the college will be great for not only for honors, but for the TCU community at large."

Pitcock said that because every college at the university is represented in the House, it only made sense for the Honors College to have student representatives, too.

Representatives from House met with Peggy Watson, dean of the Honors College, before adding the seats, Pitcock said. She had also been approached by prospective honors applicants before the elections.

2010-2011 Honors Representatives

- Rachel Adcock, freshman pre-major
- Josh Simpson, freshman political science major
- Luke Harville, freshman political science and strategic communication major
- Trevor Melvin, sophomore political science major

Maddison Grigsby, a senior international finance major and

SEE HONORS · PAGE 2

SUICIDE PREVENTION

Community participation in workshop up

By Mern Haider
Staff Writer

More community members than have attended in past years will attend the Applied Suicide Intervention Skills Training course May 20 and 21, said the university's program head.

Monica Kintigh, ASIST program head and adjunct professor of kinesiology, said ASIST will be the ninth course of its kind sponsored by the university.

ASIST is an evidence-based program supported by 25 years of research and is also on the Suicide Prevention Research Center's list

of best practices. Nations such as Scotland, Australia and Norway have adopted it as a national suicide prevention strategy.

"After people go through the ASIST training, they engage in average number 1.2 interventions per month in the 6 months afterwards because of their willingness to ask about suicide and their competence afterwards," she said. "They feel willing, ready, and able to assist someone because of this. Suicide really is the most preventable cause of death."

TCU is one of the few North Texas schools that offered the program before the Garret Lee Smith Memo-

rial Act was put into effect in 2004. The act allows schools to apply for a grant of \$75,000 for three years to help fund suicide prevention training. The University of North Texas is the one school in the area that applied for the grant.

"As TCU was already ahead of the game, we were not eligible for the grant," Kintigh said.

The two-day program is open to both TCU faculty and staff and to community members, the latter of whom must pay a \$150 fee to participate. Kintigh and community social worker Sarah Morgan will be leading

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TODAY'S HEADLINES

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Sports: Volleyball team gets boost from Hester sisters, page 8

CONTACT US

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Afghanistan's poppy fields and subsequent heroin production issues have been consistently spilling over into the U.S. for decades; read the full column at dailyskiff.com.

PECULIAR FACT

COLUMBUS, Ohio – Two cows got loose Wednesday afternoon on the Ohio State University campus, leading some students to skip classes to watch a roundup that lasted more than 90 minutes.

– The Associated Press

TODAY'S WEATHER



82 54
HIGH LOW

Decreasing Clouds

Tomorrow: Mostly Sunny
76 / 53

Sunday: Mostly Sunny
74 / 52



Please remember to recycle this newspaper.

NEWS

SODEXO

continued from page 1

Barnes wrote in an e-mail. Currently, there are no employee groups at the university represented by a union, but the university would not prevent an employee from joining any organization, Barnes wrote.

The Rev. Angela Kaufman, chair of Staff Assembly, said that while she has not been made aware of any official complaints by Sodexo employees on campus, Staff Assembly serves and supports all staff members at TCU, which includes Sodexo employees. However, because Sodexo employees are contracted by the university and are not university employees, they do not have an appointed representative on Staff Assembly to voice the concerns of Sodexo employees on campus, Kaufman said.

"I don't know if there's ever been a conversation about having an appointed representative from Sodexo,

but that would be something that would be worth Staff Assembly looking into," she said.

Monica Zimmer, public relations director for Sodexo, said Sodexo employees around the country receive an average pay of \$10.51 an hour, or \$12.61 an hour when including company-paid benefits. She said that the company pays about two-thirds of health-insurance premiums and that the company has an excellent record with labor unions.

"We have over 300 collective bargaining agreements with virtually every major union in North America," Zimmer said.

Claims of employee intimidation by SEIU are "categorically wrong" and part of a "smear campaign" meant to force the company to deal solely with the SEIU to the exclusion of other unions it has collective bargaining agreements with, Zimmer said.

"We respect our employ-

"I don't know if there's ever been a conversation about having an appointed representative from Sodexo, but that would be something that would be worth Staff Assembly looking into."

Angela Kaufman
chair of Staff Assembly

ees' right to unionize or not to unionize if they choose," Zimmer said.

Aquino denied claims of union infighting and said that Sodexo is attempting to ignore the issues.

"This is about workers' human rights," Aquino said. "This is about Sodexo's business model taking a toll on the middle class and deepening our economic crisis."

HONORS

continued from page 1

president of the Honors Cabinet, said that she would not be surprised if the increased interest in Honors Cabinet she had seen this past year would carry over to students applying for honors seats in the House. Applications for seats in the cabinet were two to three times as high this year as in the past, she said.

In its first time on the ballot, the Honors College had more applicants than seats available. Other constituencies, like the College of Communication, had too few applicants and will

have to be filled through write-in nominations.

Sophomore political science major Trevor Melvin served on House this past year as a Class of 2012 representative. This year, he applied for both an honors seat and a class representative seat, accepting the position in honors.

"I am in Honors College so I would consider that the same as if I was applying for 2012 or AddRan...My goals are the same to represent that college," he said.

Rachel Adcock, a freshman pre-major, said she chose to run for Honors Col-

lege instead of AddRan College, which she represented this academic year, because she thought she would better represent the constituents of the Honors College.

"I love being in the Honors College and that's really provided me (with) a lot of opportunities," Adcock said.

Adcock also said she lives in honors housing, where several of her friends are.

"I feel like being in honors is one of the best decisions I've made this year, so I wanted to represent the honors students and just help to make honors college the best I could," she said.

IGNITE

continued from page 1

Wheeler Band, a Christian rock band from Dallas, opens the service, and then speaker Chris Plekenpol takes the stage.

Volunteer students are part of the prayer team and marketing around campus, Nettles said. Nine students make up the Ignite leadership team, and about 80 more students volunteer for the ministry, she said.

Plekenpol, the speaker for Ignite, works for the I am Second initiative, which aims to inspire all kinds of people to live for God and for others through an advertising campaign that includes celebrities and non-celebrities explaining why God is first in their lives.

Plekenpol said he travels around the world talking to people and said he felt there was a buzz going around college campuses that something special was going on at

the university.

John Andrew Willis, a junior Spanish major and president of the Interfraternity Council, said he has attended Ignite for three of the worships and is also involved with Younglife and Reformed University Fellowship. Willis said he thinks Ignite provides a worship opportunity without taking away from other campus ministries.

"The purpose of it is to be a large worship," Willis said. "I don't think that it really conflicts with the missions of other campus ministries."

Willis said Ignite works well with other religious organizations on campus.

"I think the community that Ignite creates, it's really something that adds to the experience," Willis said.

Hannah Livingston, a sophomore child development major, said she appreciated that Ignite was a completely student-run ministry. Livingston said she couldn't

wait to see the ministry grow.

"There are just all different kinds of people here, all under the same roof worshipping Christ," Livingston said.

Livingston said she likes how Plekenpol gets straight to point and doesn't "beat around the bush".

"I think the speaker puts the topics very in-your-face," Livingston said.

One of the members of the leadership team, freshman anthropology major Ciara O'Modhrain, said the team members decided to start Ignite because they wanted a way to combine different ministries on campus.

O'Modhrain said the team wanted a place where all different Christians and non-Christians could gather to worship God.

"There are so many people that haven't had the opportunity to feel the love of Christ," O'Modhrain. "We just want to be the loving group."

ASIST

continued from page 1

the program this May.

"The funding comes out of the counseling center's budget, and we also offer it through the Continuing Education program," Kintigh said. "So there is a fee for community members wanting to participate."

Kintigh said there are 30 spots for the May program. Half are filled by TCU faculty and staff members and the other half is composed of community members. The program's goals are to help participants recognize invitations for help from people having suicidal thoughts and to reach out to them to apply a suicide intervention model and link them to community resources for more help.

Resident assistants undergo the program for free as a part of their job training to help them better deal with the issues and well-being of their residents.

Colby Hall Resident Assistant Ashley Hart said she now has more confidence in her ability to handle a situation in which suicide may be an issue.

"It helped me to understand such a high stress situation," Hart, a sophomore English major, said. "I would say (the program is effective) because sometimes you don't know when you have to deal with that situation. I've had to talk to people about this before I became an RA. If I had the training before it actually would have made it a lot easier."

Participants discuss their attitudes and experiences about suicide, study the suicide prevention model and practice using intervention skills in both a small-group and large-group setting. They are also informed of various resources they can offer those seeking help.

"We believe that open and direct talk about suicide is one of the best methods of prevention," Kintigh said. "We know that not all people act on suicidal thoughts, but what we need are people who are trained and on campus to respond to people who need help, so they don't feel the need to act on those thoughts."

Along with ASIST, TCU also offers a safeTALK pro-

"We know that not all people act on suicidal thoughts, but what we need are people who are trained and on campus to respond to people who need help, so they don't feel the need to act on those thoughts."

Monica Kintigh
ASIST program head

gram headed by TCU counselor Eric Wood that is a two- to three-hour program meant to raise awareness about suicide. The safeTALK programs occur whenever they are requested by any group of six or more people and are usually lead by Wood or Kintigh.

"Both programs are effective," Wood said. "It just depends on what people want. If they want a two-day workshop to help learn about actual intervention or whether they just want to raise awareness about the issue."



SIGMA KAPPA

Sigma Kappa would like to congratulate its senior class on their graduation!

Alexis Mladenoff
Christina Mohammad
Maddie Marney
Cory Sowards
Kalee Heikenfeld
Kassie Schmid
Danielle Desjardins
Laura Davidson
Anna Brix
Chelsie French
June Rotter
Lilly Frawley
Amy Johnson
Tiffani Johnson
Patty Espinosa
Devon Jones
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Whitney West
Courtney Kroon
Emily Heltman
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-Salvador Dali

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OPINION

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The Skiff View

Sodexo employees deserve representation

Staff Assembly would benefit Dining Services workers at the university in considering the addition of a Sodexo representative to the assembly. Dining Services workers do not currently have a voice on campus, as they are not technically employed by the university but by the university's food provider Sodexo. However, they still deserve to have their comments and concerns heard.

Sodexo employees work to provide quality service and a positive experience for students, faculty and staff on a daily basis. They are the ones who make students' college meal experience as polite and cozy as home with their smiling faces and eagerness to provide favorite meals and comfort food.

The university is held in high regard for its responsible treatment of employees, and while it is not legally required to provide Sodexo employees the same benefits as its own employees, the university does have a moral obligation to take steps to ensure that its contracted workers are being treated ethically by their employers.

While Sodexo is responsible for the benefits of their employees on campus, it is the university that is benefitting from their hard work and efforts to feed the Horned Frog family. In return, the university should look into the option of giving Sodexo employees a representative in Staff Assembly because they influence the community just as much as any university employee.

Associate editor Anna Waugh for the editorial board.

The Skiff View represents the collective opinion of the editorial board.

Mom's hard work deserves appreciation year round



CHRISTI ALDRIDGE

Walking past a display of pink and white cards last week at Target, I noticed that Mother's Day falls the day after graduation. I pondered this for a minute and snickered out loud. Mother's Day? One whole day devoted to appreciating moms who toil year round? Wow.

I thought about my own mother, and how we had both almost died during birth in an emergency C-section so harrowing it could have been a plot line for "ER" or "Grey's Anatomy". Instead, we persevered, me weighing a tad over 5 pounds and my mother proud, but exhausted.

She was a stay-at-home mom, and we kids reaped the benefits of having mom at home and available. We were fed home-cooked meals every night, ferried to various lessons and activities, chaperoned on school field trips and photographed at every recital and play.

Since I became a mother myself, the dynamic between my mom and I has changed. I began to realize what it was like to walk in her shoes, the ones I'd never given a second thought to before. They felt a little strange, so I called for advice. The baby has a fever — should I call the doctor? She won't stop crying — is that normal? Suddenly mom became more than

my mom. She became a counselor, an adviser, and since I have been in college, my personal cheerleader.

Most employees get weekends and holidays off. Moms do not. They are on the clock like surgeons, jumping out of bed when their pagers go off. Moms are summoned to bedsides to scare away monsters, awakened at the crack of dawn to play Batman or reminded that they need to make two dozen cookies for the bake sale that was forgotten about until the night before.

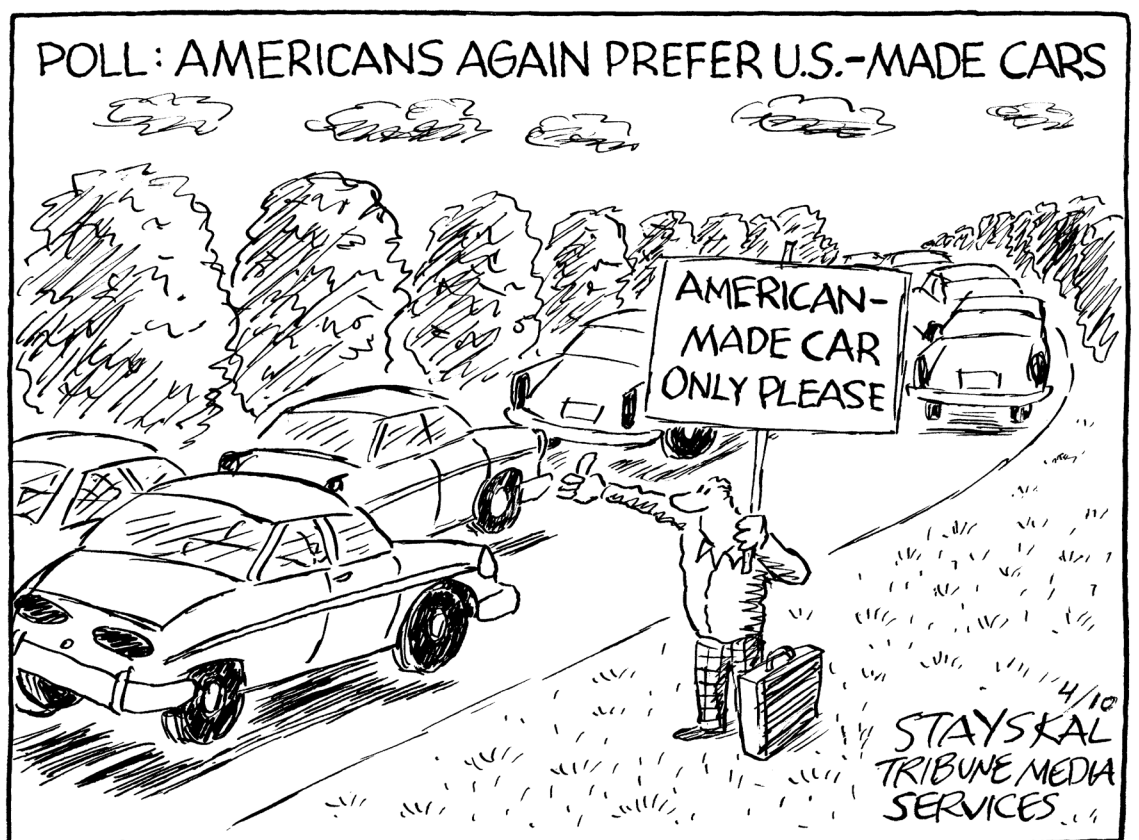
Being a mom is selfless, difficult and tiring. There aren't benefits or a retirement package. You see, a mom's work is never done, not when those kids turn 18 or 30 or 40. There may be no more field trips, but a mother is always a mother.

Think about all the times your mom has been there for you, made you laugh, lifted you up or hung an A exam on the refrigerator. Nothing warms my heart like reassurance from mom, because if mom believes in me, then I have an easier time believing in myself.

My mom already told me when I graduate and walk across that stage, she'll be clapping louder than anyone. I believe her, but I also believe that she deserves a round of applause, too.

So don't wait all year until Mother's Day to let your mom know how much she means to you. Any old day is an opportunity to let her know how much you care. And thank her for putting up with you during those teenage years!

Christi Aldridge is a senior strategic communication major from Hillsboro.



Wayne Stayskal is an editorial cartoonist for the Tampa Tribune.

Discovering talent takes time



MATT BOAZ

And so it begins... "Hobbin and nobbin, hobbin and nobbin, hobbin and nobbin neck and neck..." (the infamous horse racing joke). Then the punch line... "The two horses looked at each other, waiting for the declaration of the winner and in unison say, 'A dog that talks?'" Greeted not with boastful laughter, but rather confused silence, it was upon this day that I knew I had not been gifted with the grace of joke-telling abilities. My brief, fleeting career as a rehearsed comedian had succinctly and successfully ended itself. This is my coming-to-terms. I am a poor joke-teller. All of my friends, foes, brief acquaintances, family members and perhaps even some Skiff readers know this. My humor is an oddity in itself, but when I plan to execute a drawn-out joke, upon which timing and order is of the greatest importance, I daresay no one fails as miserably as I. Additionally, I'm rather technologically inept. I ask my roommates to TiVo shows for me and then require one of them to be present in order to watch it again. Lastly, my sports knowledge ceased accumulation in high school, only possessing information from 2002 and before.

The first time that I attempted the above-mentioned joke, I was frustrated with the lack of response. Surely the listeners lacked the superior intellect to understand the humor of two talking horses staring bewildered and incredulous at a talking dog. But this was not the case. I soon accepted that, this not being one

of my stronger abilities, I should focus elsewhere. From here I began to write more frequently and develop a bit of snobbery about music. Additionally, with my other faults in hand, I have learned that there are benefits to lacking knowledge about certain things. It allows not only for you to invest in other things, but to admire those who are proficient in these areas. I realize now that I've underappreciated many talents until I attempted to perform these acts myself.

While I can't guarantee that I will cease telling jokes, or even long, drawn-out, detailed stories lacking any sort of resolution, I do know that I will strive to achieve in other areas. In a culture that values individuality and independence so much, shouldn't this be the ultimate goal?

With this greater appreciation comes an acknowledgement of one's own hubris. I've certainly been proud in my own day, and I can reasonably accept that others have also felt this way. But alas, for pride leads to egoism and a big head, and potential neck problems. So what better way to quell such disastrous consequences before they occur? Moving into the post-graduate world, there is a sense of excitement and potential, but also a certain amount of being unsure, along with which comes anxiety. Yet, this should not lead to concern or worry, because along with my bad joke-telling skills, I know that I have acquired plenty

of other useful skills: learning to hop a bike over a curb, parallel parking, but perhaps most importantly, how to communicate and interact with other people. In realizing my own inadequacies, I'm able to see the positives in other people, as well as myself.

Therefore, acknowledging one's own inability to TiVo correctly, or deliver a punch line to a joke should not be a source of discontent. It should be a source of inspiration. Too often we are called to improve ourselves in areas where we haven't succeeded in the past. Instead, we should be focusing on our talents. Such a proverbial message is evident everywhere, from the university's StrengthsQuest program to the idea of stewardship in Catholicism. In an era plagued with depression and high levels of competition, it is important to remember that everyone is gifted in some capacity. This is where the emphasis should exist.

While I can't guarantee that I will cease telling jokes, or even long, drawn-out, detailed stories lacking any sort of resolution, I do know that I will strive to achieve in other areas. In a culture that values individuality and independence so much, shouldn't this be the ultimate goal? At a university that emphasizes diversity, this is a pertinent thought upon which to focus. In accepting our faults and making light of them, we open the door for achievement in other avenues. May we continue in this spirit, helping each other not only with playful derision, but encouragement as well. As a wise friend once inquired, "Why don't you take a shower with a Pokemon in the house?" Of course, because they might "Pikachu."

Matt Boaz is a senior political science major from Edmond, Okla.

QUICK NEWS

Oil rig sinks in Gulf of Mexico; 11 still missing

NEW ORLEANS (AP) — An oil platform that burned for more than a day after a massive explosion sank into the Gulf of Mexico on Thursday, the U.S. Coast Guard said.

Crews searched by air and water for 11 workers still missing from the Deepwater Horizon, though one relative said family members have been told it's unlikely anyone survived Tuesday night's blast.

Supply vessels had been shooting water into the rig to try to control the flames enough to keep it afloat, but couldn't, Coast Guard Petty Officer Katherine McNamara said. The fire was finally out once the rig sank.

Rescue crews have covered the 1,940-square-mile search area by air 12 times and by boat five times. The boats searched all night, hoping the missing workers might have been able to get to a covered lifeboat.

Obama slams Wall Street ways while asking support

NEW YORK (AP) — President Barack Obama rebuked Wall Street for risky practices Thursday even as he sought its leaders' help for "updated, commonsense" banking regulations to head off a new financial crisis.

"Ultimately there is no dividing line between Main Street and Wall Street. We rise or we fall together as one nation. So I urge you to join me," he said in a high-stakes speech near the nation's financial hub. His audience included some of the nation's most influential bankers.

The president acknowledged differences of opinion over how to best protect bailout-weary taxpayers but denounced criticism from some Republicans who claim a Democratic-sponsored bill headed for Senate action would encourage rather than discourage future bailouts of huge banks.

US Navy SEAL cleared in Iraq abuse case

BAGHDAD (AP) — A U.S. Navy SEAL was cleared Thursday of charges he covered up the alleged beating of an Iraqi prisoner suspected of masterminding the grisly 2004 killings of four American security contractors.

A six-man Navy jury found Petty Officer 1st Class Julio Huertas not guilty of dereliction of duty and impeding the investigation. The jury heard too many differences between the testimony of a sailor who claimed he witnessed the Sept. 1 assault at a U.S. base outside Fallujah, Iraq, and statements from a half-dozen others who denied his account.

Smiling as he left the courthouse at the U.S. military's Camp Victory on Baghdad's western outskirts, Huertas said he felt vindicated.

"It's a big weight off my shoulders," said Huertas, 29, of Blue Island, Illinois.

NCAA to expand March Madness from 65 to 68 teams

INDIANAPOLIS (AP) — The NCAA plans to expand the men's basketball tournament from 65 to 68 teams beginning next year and announced a new, \$10.8 billion broadcasting deal with CBS and Turner Broadcasting on Thursday that will allow every game to be shown live for the first time.

The three-team expansion is much more modest than 80- and 96-team proposals the NCAA outlined just a few weeks ago at the Final Four.

The move coincides with the new, 14-year broadcasting arrangement that interim NCAA president Jim Isha said will provide an average of \$74 million to its conferences and schools each year.

The NCAA badly wanted every tourney game broadcast live.

Parents of teen killed in crash urge texting ban

OKLAHOMA CITY (AP) — The parents of a 17-year-old Texas girl killed in a car accident while texting on her mobile phone are pushing for a texting ban in Oklahoma.

Johnny Mac and Jeanne Brown of Wellman, Texas, visited the state Capitol on Thursday to support a bill pending in the Senate to prohibit texting while driving. Their daughter — Alex — died in a one-car crash five miles from their home in November.

The bill by Rep. Sue Tibbs also would outlaw mobile phone use altogether by young people with restricted driver's licenses. Violators could be fined up to \$1,000.

Senate President Pro Tem Glenn Coffee said Thursday he prefers an earlier version of the bill that would penalize drivers who violate other traffic laws while using a cell phone to send text messages.

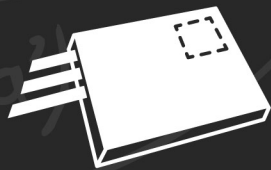


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Finals Week: Tips and Tricks

By Ashley Iovine and Rachel Wilson, staff reporters

Finals are fast-approaching and many students know that when faced with such an important time, anything that can go wrong, will. But mastering skills like pre-planning, time management and list-making will help students cope with the stress of finals week, a psychology professor said.

Psychology professor Mauricio Papini said pre-finals nerves come from several factors.

"A major source of stress is the overlap of exams and uncertainty about how grades are determined in each course," Papini said.

Sometimes students learn the hard way that certain ways of coping with finals stress aren't successful.

Sophomore pre-major Patrick McCaffrey said he went out partying the night before his government final and completely missed the exam.

"I somehow woke up in one of the model rooms at the GrandMarc wearing an American flag T-shirt, completely unaware of how I got there," he said.

McCaffrey said the professor gave him special permission to take it after the designated time because he had to catch a flight back to St. Louis that night.

Sophomore early childhood education major Carley Gunter said she also felt stressed and overwhelmed during exam time.

"I studied all weekend for a math final that I thought was on Tuesday," Gunter said. "Turns out my biology exam was on Tuesday, and my math wasn't until Wednesday."

Having no time to study, Gunter said she took the biology exam unprepared.

"Needless to say, I was a little frazzled about the whole matter, but at least I was prepared for my math final the next day," Gunter said.

Papini said students should use their experience with finals to help quash excess anxiety and stress.

Freshman strategic communication major Briana Wucinski said she makes a to-do list and crosses off smaller, easier tasks before taking on big projects.

"If I make a to-do list and I cross off all the smaller things I need to do...then it's easier for me to study and really sit down and focus," Wucinski said.

Papini said the best way to produce strong memories while studying is to understand the material and spread study sessions over as long a period of time as possible. He warned that waiting to study until the day before a final will not work.

He also said students should actively read, not just skim course material.

According to the university Counseling, Testing and Mental Health Center, mental breaks like grabbing a snack or taking a walk are necessary to relieve stress and refocus.

For students who still become frazzled around finals time, Papini said nerves aren't always a bad thing. He said some level of anxiety will actually enhance a student's performance during an exam.

"There is something called the Yerkes-Dodson Law which basically says that performance is an inverted U-shaped function of arousal," Papini said. "Thus, an optimal level of arousal or anxiety or stress will actually favor a student's performance on an exam."

Sophomore psychology major Hannah Mering said anxiety and stress led her to over study for an exam.

"I spent 36 hours studying for my child psychology exam and ended up forgetting most of the information when I actually had the final in front of me," she said.

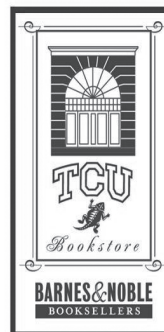
A self-described naturally anxious person, Mering said she ended up making an A in the course.

Stories like Mering's prove some amount of anxiety and stress can be good, Papini said.

Study Tips

1. Learn to plan ahead and manage your time.
2. Avoid multitasking – focus on one thing at a time.
3. Start early – don't wait until the last minute to cram information.
4. Read material more than once and don't just skim.
5. Take little breaks to recharge mentally and physically.

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NEWS & SPORTS

EARTH DAY



Junior management major Robin Aguilar hooks up his iPod powered by a solar panel on Thursday.

ALEXANDRIA BRUTON / Staff Photographer



HESTER

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tournament), now we want to get to the Sweet 16. We want to make sure each year we're progressively getting better."

Kristen said she's excited for next season and for the growth of the program.

"We're thrilled," she said. "We can't wait. It's Irene's senior year and the last time I get to play with her," she said. "TCU is growing so much... we're just excited to have another great year."

Lewis said she is impressed with how much they have im-

"...We want to make sure each year we're progressively getting better."

Irene Hester
volleyball player

proved since arriving on campus and expects a good season for both of them.

"They have come along way since being here at TCU, and I think it will be a very dynamic year for the two," Lewis said.

WASHINGTON

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Washington spent more time on the field as a junior, starting two games and seeing action in all 13. That season, he had a total of 13 tackles, one interception, four pass break ups and one forced fumble.

The real honors stacked up for Washington during his senior season at TCU in 2009. He led the Frogs in tackles with 109. He also had three interceptions.

HUGHES

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he started only one game, but played in 13 with 29 tackles and one interception.

In 2008, Hughes really started to shine. As a junior, he started all 13 games as defensive end and racked up 52 total tackles for a total loss of 125 yards, 15 of those as quarterback sacks for a loss of 113 yards. He earned First-Team All-American by the Walter Camp Football Founda-

tion, Second-Team All-American by the Associated Press and Mountain West Defensive Player of the Year. He was also the nation's leader in sacks and forced fumbles with 15 and six.

Hughes entered the 2009 campaign with a lot of pre-season hype and expectations and didn't disappoint. He racked up 58 total tackles and 11.5 sacks for a loss of 72 yards combined. He also ranked high among Horned Frog players for interceptions with three.

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2010 NFL DRAFT

FIRST ROUND



SKIFF ARCHIVES
Defensive end Jerry Hughes holds up the Iron Skillet won after defeating SMU 39-14 at the Amon Carter Stadium on Oct. 3.



PAIGE McARDLE / Staff Photographer
Daryl Washington greets fans before the game.

DRAFT

continued from page 1

second round it will be the first time TCU has produced a first- and second-round draft pick since 2000, when LaDainian Tomlinson and Aaron Schobel were drafted in the first and

second round, respectively.

"A lot more people are starting to pay attention to (TCU)," Patterson said. "We had four or five guys drafted last year, and we have a chance to have a bunch drafted this year. It just shows you where TCU started and where it has gotten to. We are going to keep climbing the mountain."

Recap of players' honors

By Mary Sue Greenleaf
Sports Editor

Jerry Hughes

Defensive end Jerry Hughes dominated the playing field during his time at TCU and heads to the Indianapolis Colts as the 31st pick in the first round of the 2010 NFL draft with a plethora of accolades under his belt.

Hughes played high school football at Austin High School and earned All-District and All-State honorable mention honors. He rushed for 1,412 yards and 19 touch-

downs in high school and came to TCU as a star recruit turning down six other universities including Arizona State, Iowa State and Missouri.

In his time at TCU, Hughes continued his successful career, playing all four years as a Horned Frog. As one of only four true freshmen to see the field in 2006, he played in 10 games, racking up a sack resulting in a nine-yard loss, a solo tackle and an

SEE HUGHES · PAGE 6

Daryl Washington

Horned Frog linebacker Daryl Washington was not selected in the first round of the draft Thursday night, but is expected to go in the second round later tonight.

In high school, Washington played at Irving High School in the Dallas-Fort Worth Metroplex and earned Most Valuable Player and First-Team all-city accolades with 168 tackles and four sacks his senior year.

During his Horned Frog career, Washington saw action all four years. Alongside senior defensive end Jerry

Hughes, Washington was one of only four players to see the field as a true freshman in 2006, when he made 16 total tackles and one forced fumble. He played in 13 games but did not start.

As a sophomore, Washington played in 12 games and made a total of 32 tackles and stood out on special teams with three punt blocks, which tied for top in the nation with Ohio's Joshua Abrams.

SEE WASHINGTON · PAGE 6

VOLLEYBALL

Hester sisters strengthen connection on volleyball team

By Austin Pearson
News Now Reporter

The volleyball team ended its spring play Saturday and is aiming to advance further this upcoming season after its first NCAA tournament appearance in the fall.

Head coach Prentice Lewis said the team is excited for next season and could be the most gifted that she has coached in her eight years at the university.

"We are going to have a very dy-

namic team, a very athletic team, and as long as everything comes together we'll be a pretty darn good team," Lewis said.

Two players who will be key to the team are the Hester sisters, Irene and Kristen.

Lewis and teammates will tell you that their relationship isn't like most other sisters.

"I will tell these two, the two sisters, are different than most sisters I have ever known," Lewis said. "They are best, best friends. They

get along so well. They want to be with each other 24-7, and it's fun to coach kid's like that."

The younger sister, Kristen, almost didn't come to TCU, but her bond with Irene was too strong.

"When it was my senior year and she was already here, I was committed to another school," Kristen said. "I couldn't stand it. My senior year I was like have to have Irene on the court with me. So I ended up de-committing and coming here pretty much cause I wanted

to play with Irene. If she's not on the court with me it's weird."

Most sisters have far different interests and personalities. The Hesters are very much alike. They pretty much have the same personalities and likes, Irene said.

Except for what they do in their spare time.

"I like to be more active," Irene said. "On my free time I like to go running or play basketball or just anything active. On her spare time she would rather be sleeping or

watching TV."

Since Irene has arrived on campus, the team has been winning more each year. Irene said she wants to take the next step and help the volleyball program progress further.

"Ever since I've been a freshman, each year we've won a little bit more, so we're wanting to take that next step," she said. "(We) won the first round (in last year's NCAA

SEE SISTERS · PAGE 6

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Kyle Arnold

Kyle Arnold

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Julieta Chiquillo
Schieffer School Student of the Year
This award is Endowed by Charles Weiner and recognizes scholarship, leadership and dedication.



Julieta Chiquillo



Christina Durano

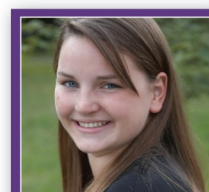
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