



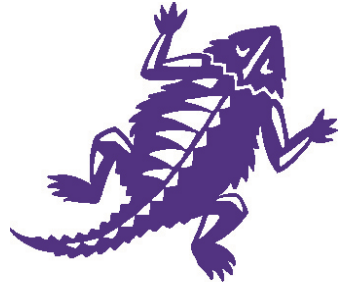
NEWS
Perotti's Pizza may move into its new home soon.
TOMORROW



FEATURES
A Spanish professor battles Addison's disease.
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SPORTS
Both tennis teams will face cross-town rivals SMU today.
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TCU

DAILY SKIFF

WEDNESDAY

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Student caught stealing, admits to Rec Center thefts

By KAILEY DELINGER
Staff Reporter

A student, caught in the act of stealing Monday at the University Recreation Center, admitted to 14 prior thefts that have been reported in the building since Aug. 23, TCU Police said.

Since the beginning of the academic year, there have

been 14 instances where valuables have been stolen from the storage compartments at the south end of the weight room in the Rec Center, TCU Police Sgt. Kelly Ham said.

Ham said a group of people in the weight room caught the suspect stealing items from a compartment at

about 12:15 p.m. Monday.

After being questioned, the student then admitted to each of the 14 thefts in question, Ham said.

Police cannot name the student suspected of the crime until charges are filed, Ham said.

Before then, he said, TCU Police will contact each

person who reported having items stolen so they can decide on a case-by-case basis whether to file criminal charges or let the university handle disciplinary action for the suspect.

During the six months that the student said he has been stealing items from the Rec Center, he has accrued more

than \$2,020 worth of items, Ham said.

He said the suspect has sought cash in each case. At times, cash was taken and the wallet or purse was returned to the storage compartment, Ham said. In other cases, wallets or purses were taken with the cash and everything else but the cash was later left behind.

Because the suspect was detained before being able to leave the building Monday, Ham said, the suspect couldn't steal anything.

A woman who answered the phone Tuesday at the Rec Center said Rec Center officials would not comment on the incident and forwarded comment to TCU Police.

SERIES

Former SGA chief of staff's actions questioned

By ERICK MOEN
Staff Reporter

The student fee is \$4 higher than it was in 2005 because of one man, an adviser to SGA said.

SGA adviser Larry Markley said none of former SGA member Sebastian Moleski's actions were illegal or against the SGA constitution, but Markley said he advised against several of them.

The SGA approved the bills written by Moleski because "he was a strong force," Markley said.

Some of these actions included the wording of the bill that raised the student fee and locked \$76,500 of the budget into the Student Activities Funding Board.

Markley said Moleski worked closely with then SGA President Dave Watson on several initiatives, one being the bill in November 2005 that raised the student fee \$4.

Watson appointed Moleski as chief of staff after Watson defeated him in the 2004 SGA presidential race, Markley said.

"(Watson) created an office called the chief of staff for Sebastian to take political pressure off himself," Markley said.

Markley said this wasn't against any SGA rules, but there was no approval process since there was no precedent.

"He wasn't approved by the House," Markley said.

Watson, who graduated in 2006 with a bachelor's degree in business, is currently working for Gallup Polling in South Korea and was not available for comment.

Moleski, who graduated in 2006 with a bachelor's degree in business and is currently completing a master's degree at a university in Berlin, gave an e-mail response.

"The position was created in discussion between Dave and myself," Moleski said in the e-mail.

See **SGA**, page 2



SCHOOL OF MUSIC

(ABOVE) Yale cello players perform. Yale Cellos includes a select group of artists from around the world chosen to study at the Yale School of Music. (TOP RIGHT) The TCU Cello Ensemble prepares for the 2007 CelloFest. Since its 2005 debut, the ensemble has played at the 2005 Festival Iberoamericano de las Artes in Puerto Rico and the 2006 TCU Latin Arts Festival. (BOTTOM RIGHT) The 2007 CelloFest will run from March 7 - 9 at the PepsiCo Recital Hall.

THE SOUND OF MUSIC



Students can appreciate, learn during weeklong CelloFest

By MICHELLE EUPERIO
Staff Reporter

Music-lovers will be able to indulge in the first on-campus festival to feed their musical appetites during TCU CelloFest today through Friday.

The music department will host TCU CelloFest, a three-day event that celebrates the cello.

"I love the cello," said Belinda

Viesca, a graduate student and a teaching assistant who has played the cello for 17 years. "Its tone is closest to the human voice, and it's very touching. It's the perfect way of communication with no language barrier — just emotions and feelings."

Jesus Castro-Balbi said he has been preparing for CelloFest since Fall 2005.

"This is a forum for all music-lovers to find information," Castro-Balbi said. "It will be a world-class event and an opportunity to hear great artists right at home."

CelloFest will feature panel discussions, book presentations, workshops and master classes taught by world-renowned guest artists, all in PepsiCo Recital Hall, said

Jesus Castro-Balbi, artistic director for CelloFest.

Guest artists include cello list and author Carlos Prieto, Harold Martina and Dallas and Fort Worth Symphony Orchestras' principal cellists Christopher Adkins and Karen Basrak, Castro-Balbi said.

Fifteen students from different universities and TCU

were invited to attend the master classes, where one student will spend an hour with the teacher, while others watch and learn from the audience.

Master classes will be taught by Aldo Parisot, faculty cellist at Yale University, and TCU faculty members Jesus Castro-Balbi and Bion Tsang.

See **CELLO**, page 2

Rise in minority applicants could usher in more diversity

By ERICK MOEN
Staff Reporter

TCU has received more applications from minorities this year than any other in the history of the university, the chancellor said during a staff assembly meeting Tuesday.

Chancellor Victor Boschini said the university is hoping to translate this application pool into faces in the classroom and increase the diversity on campus.

Boschini also said applicants' SAT scores and class rankings have increased from last year.

According to the TCU Factbook, 18 percent of freshmen in 2006 were minorities, while 15 percent of the overall student body were classified as such.

Boschini said the applicant pool as a whole increased from 8,000 to 11,580 this year.

"We're on the right track," said Darron Turner, assistant

vice chancellor for Student Affairs and head of Inclusiveness and Intercultural Services.

Turner said it's good to have a large applicant pool and to have more minorities making it up, but said he hopes it will also bring more students from all over, not just different ethnic groups.

Boschini also mentioned some of the university's other priorities during the meeting.

"We have plenty of ideas and need money," Boschini said.

Boschini said the comprehensive campaign to raise money for TCU has already raised \$90 million and that Monday, \$1 million was donated to the Harris School of Nursing.

Turner said all of the donations are helping people learn different complex fields and donors are helping to ensure that.

Mary Ruth Jones, administrative support assistant for Residential Life, said the fundraising is helping with tuition payments.

Jones said tuition is high, but without these donations, it would be higher.

John Householder, Staff Assembly chair, said TCU has an incredible opportunity for expansion.

"It is the right place, right time for this university," Householder said.

Sorority honored by Commission for Women for volunteering, community service efforts

By DIA WALL
Staff Reporter

The Fort Worth Commission for Women honored Alpha Chi Omega last night with the Outstanding Young Women Who Volunteer Award.

Alpha Chi was selected because they're an example of outstanding young women

who volunteer, said Dorothy Wing, city staff liaison to the Commission for Women.

"Alpha Chi made a commitment for not just a single occasion but an extended period of time," Wing said.

This is the first time in the history of the award an organization has been selected; nor-

mally the committee honors individuals.

A planning committee reviewed applications Feb. 5, and made a recommendation to the Commission for Women on Feb. 12.

The Fort Worth Women's Center nominated the Iota Lambda chapter of Alpha Chi

with the award for service within its organization.

Alpha Chi partnered with the Women's Center in 1999 and is represented in numerous facets of the center.

Paula Fultz, Iota Lambda chapter adviser, said members are on the Victory Over Violence committee for the annual

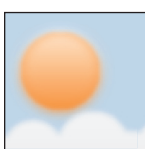
walk/run, do a diaper drive and donate thousands of diapers, wrap gifts at Christmas and work the rape hotline. She also said all of the chapter's 144 members volunteer at the Women's Center and collectively accumulate more than 1,000 hours each year.

According to a February

press release, Alpha Chi hosts a fashion show each year to raise money for the Women's Center.

This year, the March 4 fashion show raised more than \$40,000, of which more than \$20,000 will be donated to the center, Fultz said.

See **AXO**, page 2



WEATHER

TODAY: Mostly Sunny, 72/47
THURSDAY: Partly Cloudy, 74/53
FRIDAY: Isolated T-Storms, 74/53

PECULIAR FACT

ANCHORAGE: Instead of lying down after being shot with a tranquilizer dart, a moose charged a hovering helicopter used by a wildlife biologist, forcing it to the ground.
— Associated Press

TODAY'S HEADLINES

OPINION: SAT doesn't reflect true aptitude, page 3
SPORTS: Tennis teams play metroplex rivals, page 6

CONTACT US

Send your questions, compliments, complaints and hot tips to the staff at NEWS2SKIFF@TCU.EDU

SGA

From page 1

In the e-mail, Moleski said it was true the position was created specifically for him but did not elaborate further.

These actions, which occurred in spring 2005, included rewriting the constitution and altering the structure of the offices so there would only be a president, vice president and treasurer, doing away with the vice president of the House and secretary.

The duties of the vice president of the House were given to a newly created position, the speaker of the House of Representatives, while the secretary's duties were given to the vice president, Moleski said in e-mail.

Moleski was named the first speaker of the House on Oct. 25, 2005, when a majority two-thirds vote was in favor of him but said he resigned before he took office.

"When I applied for (positions in SGA), I did so because I thought that I could make

a difference for the student body," Moleski said. "There were almost always other contestants, and the decision to appoint or elect me wasn't made by me but by other students. So, no, I didn't 'love having power;' I loved proposing ideas to problems SGA and the student body faced, supporting them with good preparation and sound arguments, deliberating and changing them when others found flaws, and seeing them happen."

Thomas Guidry, a former member of SGA, said in an

e-mail, "I wouldn't be surprised if most of all (SGA's) rules and regulations were changed by him at some point."

Guidry said he remembered one instance when he strongly opposed Moleski on a bill altering the way elections were held but was unable to block him.

"Because there were no rules on what defined acceptable legislation, I basically had no ground to stand on except good moral backing," Guidry said in the e-mail.

Most of Moleski's chang-

es were discouraged by the advisers, Markley said.

Markley said Moleski resented the advisers and frequently scheduled meetings so they could not be in attendance to offer their guidance.

Moleski responded in an e-mail saying he did not resent the advisers or hold meetings without their input.

"I've valued advisers being at meetings because they possess a great deal of experience that they can bring into the discussion," Moleski said.

Moleski was asked to resign his post as director of finance for Programming Council in fall 2005 because of managing SGA funds in his personal account for matters pertaining to Family Weekend.

Moleski worked very closely with Watson during his time in office, and Watson originally campaigned for raising the student fee.

Learn more about why Watson wanted the increase and how he tried to persuade students to vote yes to Moleski's bill tomorrow in the third part of this four part series.

CELLO

From page 1

Students had to audition for the master classes by performing two different pieces of cello music.

"This is a great opportunity to be taught by 'masters of the art,'" Viesca said. "I am so excited to spend that much time with the artist and to learn by watching others play."

The Wednesday evening concert, "TCU Strings," will showcase the TCU String Orchestra and Cello Ensemble composed of 12 students. Faculty will also perform.

CelloFest will also integrate the new Texas Cello

Society onto campus and premiere the new release of the Lin/Castro-Balbi Duo compact disc, Castro-Balbi said.

CelloFest will conclude with a concert by the Grammy-nominated "The Yale Cellos" who have performed in France, England, Korea and twice at Carnegie Hall in New York.

Casey Carruth, a junior music education major, said he wishes the festival would last throughout the weekend.

"I love music, it's my passion," Carruth said. "Cello music is beautiful, and any way to get involved with music is just wonderful."

AXO

From page 1

The Alpha Chi Foundation for Educational Programs primarily focused on the prevention of domestic violence and the Alliance for Children will also receive donations of more than \$3,000.

The Fort Worth Commis-

sion for Women was established by the City Council in 1983 to act as an adviser to the Council, and to study important women's issues in the community.

Yesterday's ceremony took place at the city council chambers, where a proclamation and the award were presented.

Atkins diet proven best in yearlong study

By NANCY MCVICAR
South Florida Sun-Sentinel

FORT LAUDERDALE, Fla. — Forget the carbs, and go for the steak, chicken and grilled salmon.

A yearlong study of four popular diet programs found that the Atkins diet — a low-carbohydrate, high-protein, high-fat plan — had the best overall results.

Women on the diet lost more weight, had lower blood pressure and improved their cholesterol profiles more than the women using any of the other three diet programs, according to research published in Wednesday's issue of the Journal of the American Medical Association.

Researchers said that they tackled the comparison study because of the obesity epidemic in this country, its health consequences and costs, and because not enough evidence was available to help consumers evaluate the different approaches to losing weight.

Christopher Gardner, assistant professor of medicine at Stanford University's Prevention Research Center, who led the study, said many health professionals have been skeptical of low-carb diets. "But it (the Atkins diet)

seems to be a viable alternative for dieters," he said.

The 311 women who participated in the study were mostly in their 40s and overweight, and none were experiencing any other major health problem. They were randomly assigned to one of the plans: the Ornish diet based on the best-selling book Eat More, Weigh Less, by California cardiologist Dean Ornish; the Barry Sears Zone diet, which prescribes a blend of carbohydrates, proteins and fats; the LEARN (Lifestyle, Exercise, Attitudes, Relationships and Nutrition) diet based on national dietary guidelines; and the Atkins plan, based on Dr. Robert C. Atkins book, New Diet Revolution. All the plans included increased physical activity of some kind.

At the end of the year, the 77 women assigned to the Atkins group had lost an average of 10.4 pounds. Women on LEARN lost 5.7 pounds; Ornish, 4.8 pounds; and the Zone, 3.5 pounds. Some women in each of the groups lost as much as 30 pounds while on the diets.

"I don't know why they lost more on Atkins, but it could be that you have more dramatic weight loss at first on Atkins, and then continue at about two

pounds a week," said Susan Burke, of Boca Raton, Fla., a registered dietitian and spokeswoman for the Florida Dietetic Association.

"But all diets work. It doesn't really matter which program you're using. When you reduce your calories and get more exercise, you lose weight," Burke said. "Atkins might have had the best results, but I'd like to see what would happen a year from now, or two years from now."

Those in the Atkins group lost the most during the first six months, with an average loss of 13 pounds, but they also gained back more weight in the second half of the study, ending the year at an average loss of 10.4.

Critics of the Atkins plan and other low-carb diets have worried that the high-fat, high-protein diet emphasized through the plan might lead to health problems, but no such problems developed during the one-year study. The researchers said the study was not long enough to identify any potential long-term health problems and that people on the Atkins diet may not get certain vitamins and minerals because they're not eating as much fruit and vegetables as allowed on the other diets.

EXtreme

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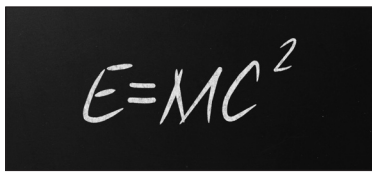
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THE SKIFF VIEW

Christian school curriculum needs more scrutiny

The NCAA prides itself on creating scholar athletes and preparing the top standouts for careers in professional sports.

Scholar athletes. Let those words sink in for a moment. Those elite few students who have been given the privilege to compete at the level of competition beyond high school have a gift, an honor and sense of integrity to uphold for their hometowns and colleges.

In Tuesday's issue of The New York Times, two preparatory academies were pointed out as not meeting "model" or "quality" status by the Accelerated Christian Education program. These schools, Lutheran Christian Academy in Philadelphia and Prince Avenue Prep in Pickens, S.C., both fell into this realm of noncompliance with NCAA by not meeting the specific curriculum requirements of the ACE.

These two prep schools were not giving an actual workload for the students to endure. It is understood that some-

times extra attention and tutoring is given to athletes, but they still are required to put forth an effort in the classroom, as well as on the playing field. At Lutheran Christian, this was not the case.

Athletes admitted to not being required to attend class and that their coach, Darryl Schofield, was the only teacher. This type of academic cajoling is absurd when a student needs to prove he or she is a scholar first, athlete second.

It is cowardly to not challenge a student to prove he or she has the ability to be an upstanding citizen on and off the field. These academies should be ashamed, and the NCAA is in the right for requiring the current students of these schools to prove themselves as being ready for college with SAT and ACT scores.

The ACE itself needs to look at these schools under the microscope and prove the integrity of the students who wish to pursue collegiate athletic careers.

Sports editor Marcus Murphree for the editorial board.

BY BRENDAN KIEFER



Popular knowledge of eating disorders should also encompass binge-eating

When one considers the term "eating disorder," they generally link it with people

COMMENTARY



Hayley Freeman

who either do not eat or purge themselves after every meal. However, a recent study by researchers at Harvard shows that another eating disorder more common than anorexia nervosa and bulimia is binge-eating.

The Diagnostic and Statistical Manual of Mental Disorders, or D.S.M.-IV, lists all three of the disorders but classifies binge-eating as a topic of further study rather than a definite diagnosis. If there is to be better treatment for binge-eating, the APA should classify it as a psychiatric disorder.

Binge-eating disorder can bring on some very hefty health concerns, literally. Dr. James I. Hudson, professor of psychiatry at Harvard and the leader of the new study, has found a link between obesity and binge eating. About 10 percent to 15 percent of obese people are binge-eaters. Other complications tied to this disorder are heart disease, gallbladder disease, osteoarthritis

and gastrointestinal problems, according to the Mayo Foundation. These health concerns can be treated not only on a physical level but also a mental level as these new studies show.

The official diagnosis for binge eating is consumption of an excessive amount of food over a two-hour period that occurs as frequently (or more frequently) than twice a week for a period of six months, according to D.S.M.-IV. These people withdraw from social situations to hide their uncontrollable eating habits. Along with this eating spree comes feeling of guilt and a loss of control over eating. In the survey conducted by Harvard researchers, 79 percent of binge-eaters suffered from some other psychiatric diagnosis such as depression, substance abuse or phobias.

Recognizing binge-eating as a disorder will allow people to get the kind of help they deserve. Psychological distress is what causes these people to overeat. People with eating disorders could benefit from weight-maintenance programs, psychotherapy and drugs that the FDA has approved for mental disorders. These treatments are available, but they

are not cheap. Classifying binge-eating as a disorder rather than a topic of interest would allow for coverage of such treatments on insurance plans. This will make significant changes in health policy. Also, it would encourage the health community to find more solutions to combat this eating disorder. According to research done by the APA, eating disorders are the least treated of psychological problems.

Eating disorders are a growing issue for those college-aged individuals. A poll sponsored by Global Market Insite measured eating disorders on college campuses all over the country and found that a whopping 20 percent of students admit to having an eating disorder of some kind. Nearly 75 percent of those who had admitted to an eating disorder never received any treatment of any kind. Here is some food for thought for the APA: studies show significant numbers of people with a problem with binge eating and the guilt involved after overeating. So, binge eating should not be considered a provisional category in the D.S.M.

Hayley Freeman is a freshman English major from Fort Worth. Her column appears Wednesdays.

SAT poor example of students' true talent

Every spring, hundreds of thousands of high school seniors anxiously await the arrival of their college acceptance letters. However, if one did not receive

COMMENTARY



David Hall

a favorable piece of paper in the mail, he or she might be more apt to refer to it as the "soul-crushing, spirit-breaking, kick-the-cat-into-the-farthest-reaches-of-the-cosmos-because-I-am-so-angry, my-life-is-over-and-now-I'll-have-to-work-in-a-McDonalds-o-gram." Ah, the sweet smell of teen angst.

As the seniors destroy public property in joy/despair over their admissions decisions, many high school juniors are hard at work preparing for the SAT. Just the mere mention of those three letters is enough to arouse a collective look of lemon-sucking disgust about a test that should be eliminated.

Based on which college one chooses, the SAT can either be a nonissue or a huge part of the admissions score. For example, Allegheny College, in Meadville, Pa., ranks SAT scores third on the list of most important admissions factors. It's situated right behind the rigor of high school classes and class rank. Interesting

enough, the oft-touted extracurricular activities are in fifth, while the admissions essay and teacher recommendation rank seventh.

SATs were supposed to be the icing on the cake, not a huge chunk of the admissions file. I guess Allegheny College would rather have a campus full of no-personality standardized test masters than people who are actively involved or who are well-loved by their peers and superiors. The SAT is just a numeric value, not a gauge of someone's value to an institution. People who are involved and well-liked will go much further in life than someone who can bubble in the right answer on a Scantron.

People think that if they don't get into Smartypants Tech, their lives will be tattered to shreds and they'll be panhandling in Chicago, dying unloved in a cardboard box behind a Denny's. So, they sign up for expensive test prep classes. A Kaplan review course costs \$1,899 for a couple hundred points higher on the test and a little encouragement from a counselor. Just buy a prep book for \$30.

While the SAT is neither an accurate barometer of someone's worth to a university nor deserving of all of the monetary hoopla associated with it, it is not even an accurate judgment of someone's mental acuity. Sure, the point

of a college is to nurture clever young minds so they can go on to do something great. However, when trying to estimate someone's potential for academic success, the four-year high school-track record is the only way to go.

The SAT is based on three hours of one's life. Maybe he had some bad tacos the night before. Maybe those pesky neighbor kids kept him up all night with their hippie pot party. Maybe brain slugs from Jupiter infested his cerebellum and forced him to do their bidding, which didn't include math problems and reading comprehension. Whatever it is, one's performance on the SAT may not accurately reflect intelligence.

Whether a good student who did below average on the test, or a poor student that pulled off a good score, the SAT can really present a false image of the applicant it is supposed to represent.

The SAT is undeserving of its high status in admissions circles. In the end, it is no more than a representation of a student's talents at one point in time. Basing any sorts of assumptions about a student off of it is ludicrous. The SAT's position in college admissions boards should be lowered significantly, if not altogether eliminated.

David Hall is a freshman news-editorial journalism major from Kingwood. His column appears Wednesdays.

Philadelphia ban on trans fat not precautionary enough

Junk-food lovers rejoice, for government officials are on the job protecting your health. Or are they?

Philadelphia recently became the first city to pass legislation to ban artificial trans fat — that artery-clogging, industry-created substance used in frying oil and many baked goods. Following the lead of New York City's Board of Health, which enacted regulations in December, more than a dozen states are now considering similar laws.

As an advocate for good nutrition, I'm pleased to see major cities take action on one of the most pressing public health problems of our time — the way we eat. Given that the food industry continues to lobby hard against common-sense nutrition policies at federal and state level, we need more local governments protecting the public's

health. Moreover, removing trans fat from the food supply could help reduce the risk of heart disease.

Yet the current effort threatens to overshadow the bigger dietary picture.

Focusing on this single ingredient misses the fact that most of the items prepared with trans fat are junk foods to begin with. Fried chicken, french fries, chips, cookies and cakes are unhealthy no matter what type of fat is used. What good is a trans-fat-free donut?

This reductionist approach to nutrition has encouraged such absurd marketing hype as "zero trans fat" Cheetos. Replacing one ingredient does not magically create health food. Even without trans fat, these highly processed products remain devoid of nutrition, high in calories and fat, and chock full of chemical additives.

Ironically, some restaurants are substituting saturated fat, which highlights the most important limitation of trans-fat bans. Does anybody remember that we discovered the numerous cardiovascular risks caused by saturated fat (found mainly in meat and dairy products) long before food manufacturers invented trans fat?

But we never did deal adequately with the problem of excess saturated fat in the food supply. That's understandable when you realize that doing so requires taking on the extremely powerful meat and dairy industries, which have worked hard to condition Americans to make animal products the

centerpiece of every meal.

And the problem isn't limited to steaks and hamburgers. Collectively, we now eat about 1 million chickens an hour (even the leanest chicken has far more fat and cholesterol than most people realize), and the average American consumes more than 30 pounds of cheese a year. The high levels of saturated fat in these

foods help explain why cardiovascular disease still kills hundreds of thousands of Americans every year, despite widespread use of cholesterol-lowering drugs.

In a 2005 lecture about the role of local health departments in addressing the obesity epidemic,

New York City Health Commissioner Thomas Friedan acknowledged that saturated fat was also a public health menace. But, he lamented, "People aren't about to become vegetarians." Imagine the same policy approach to cigarettes. Would Friedan ever consider saying, "We can't regulate tobacco because people won't stop smoking." Of course not. True leadership means speaking the truth, even if it's not what some people are ready to hear.

What Friedan meant is that trans fat is a politically safe target. To ban it doesn't rock anyone's world. Food manufacturers and restaurants can find substitutes and keep on churning out slightly less unhealthy new versions of the same old junk food. KFC, Frito-Lay and Kraft can conduct business as usual. And the public won't change its eating

habits, so all remains well in junk-food sales.

But what if health departments and legislatures began educating the public about the dangers of meat and dairy products, or processed food more generally? Then we would have to confront the sad truth that most of the 24,000 eateries in New York City and thousands more in Philly are still clogging their patrons' arteries with king-size steaks, buckets of chicken, and tubs of ice cream. The politics would be much more challenging, of course. But if health officials and politicians are serious about reducing our nation's epidemic of obesity and diet-related diseases, they won't stop with trans fat.

Michele Simon is a member of the Physicians Committee for Responsible Medicine in Washington D.C. This column was distributed by MCT.

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AMBER PARCHER / Features Editor

Bonnie Frederick still teaches a Latin American Cultures class after contracting a virus that left her with diabetes and Addison's disease. Frederick will resign as Spanish department chairwoman at the end of the school year.

A Balancing Act

Professor takes illness in stride, not held back by potential roadblocks

By JENNY ROBERTSON
 Staff Reporter

On the first day, she whirls into the classroom wearing big jewelry and a bright smile, her magnetic personality summoning the students' full attention. She enthusiastically reviews the syllabus with her Latin American Culture class.

"One last thing," she says, the whimsical tone melting from her voice. "If you get sick this semester, don't even think about showing up."

Bonnie Frederick is no pushover. She gives the same matter-of-fact speech every first day of class, not because she is lax about attendance, but because it could mean the difference between life and death — hers.

SICK FOR LIFE

During a time when her father was severely ill, Frederick contracted an aggressive virus while taking several flights home to Arlington from Pullman, Wash., where she served as chair of Washington State University's foreign language department. As her father's body lost the battle against his illness, Frederick's body began to fight against itself, becoming its own worst enemy.

The virus caused her once loyally steadfast body to view certain organs as foreign, giving the message to attack and destroy. First, it attacked her thyroid, and she gained 40 pounds in a few months. Then, the virus claimed her pancreas, leaving her with diabetes. The virus' final and most debilitating conquest was over her adrenal glands, causing her to develop Addison's disease.

"With Addison's disease, my body doesn't naturally produce cortisol, which is a hormone that helps me deal with stress properly," she explains.

Any physical stress, including catching a cold from a student, can cause her to go into crisis mode. Without immediate treatment, she could die.

"Having a chronic medical condition has done nothing for me spiritually," Frederick says, rolling her eyes. "I'm the most independent person you'll ever meet, and I hate having to ask my mother, who is 83 years old, to take care of me — I'm supposed to be the one taking care of her."

Frederick's mother, Kitty, said it takes an awful illness before any help is requested.

"We all know she's sick, but she makes you forget — none of us see her as a delicate person."

Karla O'Donald

TCU Professor

A couple of years ago, Frederick was on a mission to find a flu shot during a shortage of vaccinations. After a fruitless search, she caught the flu.

"I called to see how she was doing, and she sounded terrible," Kitty recalls. "She didn't want to ask for help but, knowing her, I immediately said I'd be right there; I didn't even stop to pick up pajamas."

Kitty admits that she still worries about her daughter, especially when she travels abroad. With a chuckle, she adds, "Bonnie made up her mind to live the way she wants, while still handling her problems. I'm so proud of her."

A BALANCING ACT

After six years as chair of the Spanish department, Frederick will step down from her position at the end of this year.

"We all know she's sick, but she makes you forget — none of us see her as a delicate person," Professor Karla O'Donald says.

As tears fill her eyes, she adds, "Dr. Frederick deserves the break, but I can't help but wonder: Who could possibly take her place?"

"Work is only part of my identity," Frederick says. "Maintaining balance in my life is crucial, and it would be stupid of me not to give my illness its due attention."

Balance means honoring a strict schedule of medication and taking extra care to stay healthy. Yet even with the perfunctory tasks, Frederick adds personal flare. Every morning, she wakes up at 4:30 a.m. with no alarm and begins a "prolonged putter" routine consisting of the New York Times crossword puzzle, a

huge latte and a substantial breakfast. Her plastic SMTWTFS box of morning pills is in a kitchen drawer along with her blood sugar monitor. Her insulin is in a bottle on a shelf in the fridge.

Her second floor Reed Hall office overlooking a monster magnolia tree gives

evidence of her personality but no indication of her illness. The clues are found in the details. She opens a drawer in her large, uncluttered desk to reveal juice boxes, raisins and candied violets from Spain for snacking when her blood sugar is low. Underneath her mouse pad is a note explaining her medical condition and steps on how to take care of her if she is incapacitated by an attack. Since her purse contains all of her medical necessities, it always sits near her feet.

"These are my magic pills," she states, reaching into the orange bottle labeled Hydrocortisone. "This tiny little pill keeps me from dying."

A fair chunk of Frederick's day is taken up by caring for herself. In addition to administering medication and checking her blood

sugar levels, she exercises nearly every day. Her personal trainer at the University Recreation Center, Jeff Reader, works with her twice a week.

"The trick is to make sure she doesn't get tired," he says. "It isn't a workout that would challenge most people, but for Bonnie, it takes a lot of effort."

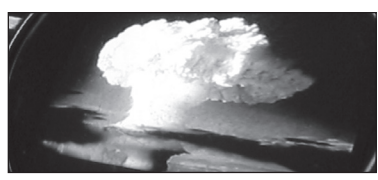
He pauses for a moment and then adds, "She gets frustrated sometimes because she can't do more, though. It is obvious that she doesn't like being sick."

POSITIVE PERSPECTIVE

Minimizing the emotional toll of her illness is a constant struggle.

"Because I have to be self-involved to stay healthy, it is so tempting to give in to self-pity and depression," she says solemnly. To combat her deepest fear of "living a half-life in a teeny, tiny world," Frederick teaches, travels, spends time with friends and family, gardens, writes and volunteers at the local food bank to keep her world big.

With a graceful wave of her hand and an air of determination, she declares, "I know there's a lot of bad things in life, but I'm here to have fun."



TODAY IN HISTORY
1999: American filmmaker Stanley Kubrick dies in Hertfordshire, England, at the age of 70.

WORTH A LAUGH — BUT ONLY ONE

Q: What kind of flower do you have between your nose and your chin?

A: Tulips

The Quigmans

by Buddy Hickerson



"Oh, Gaby...if the world weren't hurtling toward ecological, fiscal, nuclear and microbial disaster...would you marry me?"

SUDOKU PUZZLE

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| 5 | 8 | | | | | | 6 |
| | | | | | | | 2 |

Directions

Fill in the grid so that every 3x3 box, row and column contains the digits 1 through 9 without repeating numbers.

See Thursday's paper for answers to today's Sudoku puzzle.

Tuesday's Solutions

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 7 | 6 | 8 | 4 | 2 | 9 | 3 | 5 | 1 |
| 4 | 9 | 1 | 7 | 5 | 3 | 6 | 2 | 8 |
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| 6 | 5 | 7 | 8 | 9 | 1 | 2 | 4 | 3 |
| 3 | 1 | 2 | 5 | 4 | 6 | 9 | 8 | 7 |
| 8 | 4 | 9 | 3 | 7 | 2 | 1 | 6 | 5 |
| 1 | 3 | 5 | 9 | 6 | 4 | 8 | 7 | 2 |
| 2 | 7 | 6 | 1 | 8 | 5 | 4 | 3 | 9 |
| 9 | 8 | 4 | 2 | 3 | 7 | 5 | 1 | 6 |

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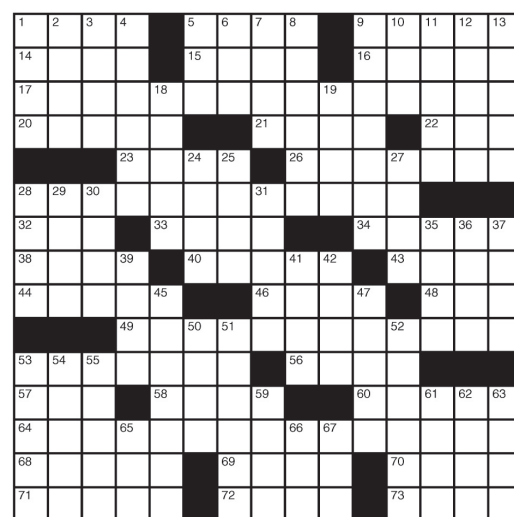
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ACROSS

- 1 News source?
- 5 In one's right mind
- 9 Play groups
- 14 Pisa's river
- 15 Mimic
- 16 Milo or Tessie
- 17 Advice from Wynton Marsalis?
- 20 Old Pac. pact
- 21 Psych final?
- 22 Mich. neighbor
- 23 Cry of pain
- 26 Couch potato quality
- 28 Advice from Georg Solti?
- 32 Neurological test letters
- 33 In this place
- 34 Don Carlos in "Don Carlos"
- 38 River of Flanders
- 40 Jaffe and Barrett
- 44 Beer mug
- 46 Top pair
- 48 Explosive initials
- 49 Advice from Andre Previn?
- 53 Bullfighters
- 56 First garden
- 57 Park in NYC?
- 58 Comic Rudner
- 60 Simpson or Astaire
- 64 Advice from Ravi Shankar?
- 68 "The Waste Land" poet
- 69 Port city of Pennsylvania
- 70 Tours summers
- 71 Siena seven
- 72 Pianist Hess
- 73 No great shakes



By Philip J. Anderson
Portland, OR

3/7/07

Tuesday's Puzzle Solved

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|---|---|---|---|---|---|---|---|---|---|---|---|---|
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| T | A | J | B | A | N | K | A | C | C | O | U | N |
| S | T | O | W | E | D | P | O | O | R | | | |
| U | N | S | A | F | E | O | U | T | L | E | T | |
| H | E | R | B | H | A | Z | I | N | G | I | V | E |
| U | L | N | A | S | W | I | T | H | A | N | E | S |
| N | I | A | T | A | N | N | E | D | V | C | R | S |
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| W | O | R | L | D | R | E | C | O | R | D | N | R |
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| B | O | Z | O | N | O | L | L | E | R | O | S | E |
| S | E | E | P | D | R | A | Y | S | E | G | E | R |

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**American Speech-Language-Hearing Association
Reaccreditation Visit**

The graduate program in speech-language pathology in the Department of Communication Sciences and Disorders at TCU will host a public meeting as part of the reaccreditation site visit by the American Speech-Language-Hearing Association (ASHA), on Thursday, March 22, from 4:30 p.m. to 5:00 p.m. in the Miller Speech & Hearing Clinic, Room 115. Site visitors will solicit public input regarding the program's compliance with the published Standards for Accreditation of Graduate Education Programs in Audiology and Speech-Language-Pathology. The Standards for Accreditation and/or the Policy for Public Comment may be obtained by contacting the ASHA Accreditation Office, 10801 Rockville Pike, Rockville, MD, 20852, calling ASHA's Action Center at 1-800-498-2071, or accessing the documents on ASHA's Web site at <http://asha.org/about/credentialing/> accreditation. Written comments may be sent to ASHA and should include the commentor's name, address, telephone contact information, and commentor's relationship to the program. Individuals who wish to file a formal complaint should contact ASHA's Accreditation Office to obtain a copy of the complaint procedures. For further information, please call Dr. William J. Ryan, Chair at 817-257-7621.

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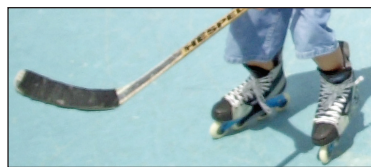
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IN LINE

Learn more about the TCU Club in-line hockey team.
TOMORROW

BRING ON THE 'STANGS

Women to defend streak on SMU court

By JON DAVIS
Staff Writer

The No. 26 women's tennis team is riding a two-game winning streak and

will face the No. 52 SMU Mustangs tonight.

These matches will be hotly contested as the SMU, TCU rivalry continues.



ROBYN SHEPHEARD / Staff Photographer
Anna Sydorska serves in her doubles match against Ole Miss on Feb. 25. The No. 26 women's tennis team will visit No. 52 SMU today.

"TCU and SMU are a traditional rivalry in the Metroplex between two good private schools, and we want to continue the rivalry and get the win," head coach Jeff Hammond said.

The team traveled to Houston last weekend and defeated the Rice Owls with a 6-1 victory bringing the squad's record to 6-4 this season. The Horned Frogs were able to sweep the doubles matches with strong play from the tandems of junior Kewa Nichols, senior Karine Ionesco, junior Andrea Morgado and freshman Nina Munch-Soegaard. The doubles contest marked the first time these two pairs played together as partners on the court.

This past week, SMU was able to defeat the New Mexico State Aggies without conceding a team point.

Hammond said the Mustangs brings a solid team with a former TCU player as well as a highly-touted player from Poland.

The past few seasons, TCU has had a good record against SMU, but Hammond said he is not overconfident about his team's chances.

When the two teams played each other in 2006, the Horned Frogs had a commanding 7-0 win during the match.



ROBYN SHEPHEARD / Staff Photographer
Freshman Caleb Bulls crouches to return a shot in the Frogs' match against Texas A&M Corpus Christi on Feb. 11. The Frogs will host the SMU Mustangs today.

Men to face strong rival

By MARCUS MURPHREE
Sports Editor

Following a shutout last weekend at the hands of the No. 4 Baylor Bears in Waco, the men's tennis team will face local rivals the No. 42 SMU Mustangs this evening at they Bayard H. Friedman Tennis Center.

Sophomore Krieglger Brink managed to win the only set against the Bears, but his effort was to no avail as the No. 56 Horned Frogs were quickly outed.

Tonight, on the home hardcourts, TCU has a chance to get closer to drawing even in the season standings. The team is currently 1-4 this spring.

On paper, the teams have a relatively close ranking, but head coach Dave Borelli said he thinks SMU is a better squad.

"I think they are probably stronger to be honest, and the computer rankings during the first few weeks are a little rocky," Borelli said. "They probably deserve a higher rank than what they have right now."

After Brink's performance against Baylor, Borelli said he is proud of how the sophomore has been improving on the court.

Some adjustments the Horned Frogs have been making for tonight's match include better serve placement during doubles matches.

Borelli said the Mustangs bring a potent team to the court.

"They are a solid team throughout, and it's an in-city rivalry," Borelli said. "(And) they have put up good matches against us in the past."

Golf team faces top-10 opponents

By AMBER PARCHER
Features Editor

After coming off of a 10th-place finish this week at the USC Ashworth Intercollegiate, the men's golf team will face two top-10 conference opponents in an upcoming tournament in Austin.

The No. 28 Horned Frogs will take on the No. 8 University of Nevada-Las Vegas Rebels and the No. 9 Brigham Young Cougars at the Morris Williams Intercollegiate on March 26.

Following the touney in Los Angeles the Frogs are currently in third place in the Mountain West Conference.

BYU finished fifth in the same tournament. Top Cougar players Nick Killpack and Daniel Summerhays placed sixth and 11th, respectively, while TCU had only one player finish in the top 20.

Sophomore Jesse Speirs, who took the highest finish for the Horned Frogs at 15th with an even-par in the final round, said the entire team needs to start placing higher in the tournaments.

Head coach Bill Montigel agreed that for the team to be competitive, all five players need to finish in the top 20.

"That's why UNLV and BYU are ranked eighth and ninth — they play well," Montigel said.

The next highest placement came from sophomore Jon McLean, who finished tied for 33rd out of 81 golfers.

But the Horned Frogs still have their sights set on a run at the conference title.

Montigel said BYU and UNLV will be tough, but not insurmountable competition for the conference title.

"They're awesome," Montigel said. "For us to beat any one of those teams, we have to play our absolute best."

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