

NEWS Neighbors express concerns over natural gas drilling. TUESDAY



SPECIAL SECTION Athletes and coaches talk about their upcoming spring seasons.



SPORTS The women's tennis team is confident in its young talent. PAGE 6

# TC SKIF FRIDAY, FEBRUARY 1, 2008

Vol. 105 Issue 66 www.dailyskiff.com

# Symposium to be offered as honors credit substitute

#### By KATIE WINTER Staff Reporter

program's assistant director sen text. said.

tiating a new option for its ter, and participants will meet requirements, he said. second-year students to gain with an honors professor and

gram and assistant professor it toward their lower-division "Rock N' Roll" to discuss. of English, said The Contem- honors requirements, Pitcock

porary Reading Symposium said. These hours do not is a great opportunity for stu-

The first symposium meethonors elective hours, the discuss the professor's cho- ing in February will be led by Linda Hughes, who holds the

Hughes said the symposium porary texts.

the symposium, she said.

"The (symposium) is an will meet on three different count toward graduation, but dents to engage, share and dis- opportunity for honors pro- finance and accounting major The honors program is ini- nights throughout the semes- help fulfill the lower division cover new points in every text gram students to explore and honors student, said he chosen. Everybody will learn recent textbooks, plays and is looking forward to intersomething from one another at films that are well regarded acting with intelligent people and award winners," Pitcock and discussing contemporary Pitcock said the symposium said. "The (symposium) can literature and film. Second-year students can Addie Levy professor of litera- was initially brought to his also help students who have Ronald Pitcock, assistant receive the equivalent of three ture endowed professorship. attention by a group of upper-joined the honors program tle time out of my schedule but director of the honors pro- hours of honors elective cred- Hughes chose Tom Stoppard's level students who expressed late or need help fulfilling still provides me the opportuinterest in studying contem- their 15 hours of lower divi- nity to take something away sion hours."

Drew Atkins, a sophomore

"The fact that it takes so lit-See **HOURS**, page 2

# WORLD VIEW



# **Campus competes** for second year in recycling contest

#### By ANNA HODGES Staff Reporter

again.

RecycleMania, a national university departments. recycling competition that began Sunday and will last the community on what TCU until April 7, said they are does now, which isn't much ready to bounce back from — but it certainly is a stepa disappointing finish in last ping stone to more awareyear's competition.

ished last in the region and Ellen Schwaller, AV educa-149th out of 175 schools tion chair. nationwide. TCU students collected 4.42 cumulative halls and designated officials pounds of recyclables per within certain departments person, while the winning will keep count of how school, Lamont-Doherty many recycling bags they Earth Observatory of Colum- take out, and AV will report bia University in New York, TCU's progress by the pound collected 101.12 pounds per each week to RecycleMania, person, according to Recy- Banzhaf said. According to cleMania's Web site.

strategy this year."

This year's RecycleMania The race to recycle is on will involve two competitions - one among dormi-Campus organizers of tories and another among

"This program will educate ness on campus and better The Horned Frogs fin- practices in the future," said

Housekeepers at residence AV club members, partici-Lack of student participa- pating departments have not

Courtesy of CATHERINE LEONARD

Students from the Neeley School of Business walk through a neighborhood in India during a December trip to observe the country's business practices.

# Students experience business abroad

#### By ELIZABETH SEHON Staff Reporter

economy.

dering cows lies a thriving business said Nancy Nix, an associate professor India or some place else," Nix said. industry where Neeley business stu- of supply chain practice and direc- "It dramatically changes the nature dents witnessed a rapidly growing tor of the Supply and Value Chain of work here and the role students Center. A December trip to India exposed

"Every business student should

some Neeley students to international assume that whatever job that can business methods and a better under- be digitized, done electronically or Next to congested streets and wan- standing of a global economic force, by phone can, and will, be done in need to play."

See **INDIA**, page 2

tion is one of the greatest yet been determined. obstacles to this competition, said members of Adduco Viridis, an environmental club on campus that is a Latin phrase for "to lead green."

Taylor Schadt, a junior business major, said things would be different if recycling bins were more visible around campus.

"People would do it [recycle] a lot more if they knew they could," Schadt said.

AV President Kimberly Banzhaf said inaccurate weekly calculations hurt TCU's standings in last year's competition.

"We had some logistics to work out that took us longer than we had expected," Banzhaf said. "We know our See **RECYCLING**, page 2

### FOR YOUR INFO **RecycleMania** 2007 results

**Texas Schools** 

1 University of Texas Medical **Branch Galveston** 2 Rice University 3 University of Texas at Austin 4 University of Texas at Dallas 5 Baylor University 6 University of Texas at San Antonio 7 Southern Methodist University 8 Texas Christian University

# Mock interviews prep students for post-graduation job hunt

#### By CHARLES RICE Staff Reporter

Practice makes perfect and University Career Services is trying to help students achieve, well, perfection.

Career Services hosted mock interviews Wednesday and Thursday in hopes of better preparing students for the interview process when they apply for jobs.

WEATHER

This year the event was different ing Co., Walgreens, Zale Corpo- employers who frequently hire Hickman said. the past, Kimshi Hickman, inter- Financial. im co-executive director of the Alcon Career Center said.

in the mock sessions that were with just the Career Services run by company representatives from companies such as Alcon, Deloitte & Touche, Enterprise Rent-A-Car, Brandt Engineer-

from mock interview sessions in ration, Buckle and Wells Fargo interns and offer full-time posi-

"I thought it would be a wonderful opportunity for students Fifty-nine students took part to have a chance to practice not staff but with employers who are doing interviews day in and day out," Hickman said.

Hickman said she invited

tions to TCU students to come and run the mock interviews.

The sessions covered every aspect of what employers look for in interviews, including body language, verbal responses and effectiveness in describing strengths. One of the key focuses was behavioral interviewing,

"(Behavioral interviewing) is still the type of interviewing and professionally assembled that most of our students are resumes," Codner said. encountering regardless of what industry or what their major is," Hickman said.

Ty Codner, regional recruiting manager for the greater Fort Worth area for Enterprise Rent-A-CAr, said she has been

impressed with TCU students.

"I've seen some very neat

The way students incorporated their student affiliations into their deliveries was outstanding, she said.

Codner said she would like to see TCU students fine tune

See **INTERVIEWS**, page 2



TODAY: Mostly sunny, 59/40 TOMORROW: Partly cloudy, 66/53 SUNDAY: Few showers, 73/52

### **PECULIAR FACT**

NEW YORK — An entrepreneur is setting up a speed dating event for rich older women and hot younger guys. - Reuters

### **TODAY'S HEADLINES**

SPORTS: Men's basketball to play Air Force, page 6 OPINION: Chicken dance shouldn't bring fines, page 3

FEATURES: Casseroles can be a healthy option, page 4

### **CONTACT US**

Send your questions, compliments, complaints and hot tips to the staff at NEWS@DAILYSKIFF.COM

### INDIA From page 1

2

for finance and administration, can turn a six-hour trip into a he said. said students visited Canadian two-day trip in India, Muller company CGI in India, where said. Students applied ideas to booming billion-dollar com- munication," Nix said. they learned how CGI passes the infrastructure problem and work from country to coun- saw that improving roads could try and cuts project comple- benefit future business. tion time in half.

India, there are certain prob- solution to India's horrible

said.

ficient transportation, horrible as a refrigerated truck could accuracy, Nix said. Mark Muller, assistant dean traffic and state regulations greatly reduce rotted waste,

Andrew Reynolds, a pro-Students were also intro- fessional MBA student with tion skills are vital and should community is vital and can- what it is like to sell and do duced to India's infrastruc- a concentration in supply ture issues. They learned if a chain management, considcompany wants expansion in ered a "cold chain logistics"

such long trips from farms to great listening skills and ask-

panies across the street from

be used with delicacy when not be accomplished offshore. business in India, he said. doing business internationally.

Communicating in a dif- transactional work is done

lems that could arise, Muller infrastructure effects. With ferent environment requires elsewhere, Nix said. Badly damaged roads, insuf- markets, something as simple ing deeper questions to ensure open today because of multi-

> speak English in India, there is in the future, Muller said. Stu-"It was interesting to see still a high chance of miscom-

> > Students should strive to add

national companies, a growth "Although many people do students may be impacted by rich and the poorest of the dents have an opportunity to market and distribute work in reality and people should A business student should India and should apply that understand the imminent poverty," said Cathleen Cook, a also focus on "face-to-face information to their careers. force and influence it will graduate accounting student. interactions," Nix said. Actively The trip familiarized students have on a global scale, Muller Nix said good communica- engaging with clients in the directly to competition and said.

> value here while the daily product side," Muller said. where someone else cannot," "The students can now ask: Nix said.

Is the job that I'm looking for India's economy is more acceptable to competition offshores?

> "It was the richest of the poor."

India's advancement is a

"Anyone anywhere can compete today and one must "They saw the service and think how they can add value

### HOURS From page 1

from the class is what I find most intriguing," Atkins said.

Pitcock said many older students are going to participate in pants will be able to get out of the symposium just for the sake of learning and not just for honors elective hours. Symposium participants aren't just getting off the hook easy, he said.

essay and attending the meetings on top of their full school load," Pitcock said. "There will be nothing easy about the symposium, but it will be a great learning experience."

psychology major and honors is the deadline to sign up for



"I don't know if the particiit what we did," Amatya said. "By not being in a class you lose the social aspect of being and learning with other students."

Pitcock said in the future, "Students will be doing the alumni honors students and faculty will collaborate together to choose the texts covered at symposium meetings. For second-year students taking the symposium for credit, a critical essay about the covered text Kaushal Amatya, a junior will be due finals week. Today



This year, the university

said this competitive ele- recycle. ment will not distract her

best we can," she said. "I and faculty," Hernandez would say our main goal said.

is to raise awareness and to do better than we did last year."

John Hernandez, manwill face twice the num- ager of residential houseber of competitors as it keeping, said recycling

"This program has in maintaining an overall "I just want us to do the awareness among students INTERVIEWS From page 1

their ability to communicate just how effective they have been in a particular position mational and it was helpful and to be able to express it to get feedback from profeswith examples.

students have done "absolute- major. ly fantastic."

er for Walgreens in Weath- to work on," Sharma said. erford, reiterated Codner's sentiments. He said some vices feels the new format has of the things he looks for been successful and hopes to are eye contact and hand continue hosting the event.

movements when answering questions. He said this is important because gestures like that can distract an interviewer.

The interviews were inforsionals, said Ambika Shar-When describing her over- ma, senior political science all experience, she said TCU and international economics

"I like that they told me Fred Butler, store manag- strengths and gave me areas

Hickman said Career Ser-

changes that happened ranked Baylor. Last season, between the two years, but the Lady Frogs struggled to win our conference, be every year is different and I with both A&M and Baylor, able to improve our ranking have been incorporated into know we will bounce back losing both meetings with and make it to the NCAA's,

"We definitely had some A&M and ending at 13th- court. Both are ready.

"As a team (our goals are), but our personal goals are The wait has been long for to really come together as

> The Horned Frogs home 16th.



student, said he is not jealous of the symposium. STRONG ONE DAY. ARMY STRONG THE NEXT.

# **STREAK**

From page 6

our team like they've been this year," Nichols said. here for four years," Harkins said.

her final season.

The team will be tested early this season with a the Horned Frogs to prove that a team and fight for each Senior captain Kewa Nich- Texas tour opening at 23rd- they are better than they fin- match that we play." ols agreed and said she has ranked UT, followed by a ished last season. It has been lofty, top-20 expectations for trip to UNT, returning home even longer for Harkins to get opener is against Tex-

both teams.

to face 25th-ranked Texas a chance to compete on the as A&M, Saturday, Feb.

goal.

from the group's overall been a tremendous help

versity of Texas. Banzhaf in students' willingness to

did last year. More than bags are made available 400 schools are entered to students year-round, nationwide, including but in the past two years SMU, Baylor and the Uni- he has noticed an increase

### TCU DAILY SKIFF

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### OUOTE OF THE DAY "Honest differences are often a healthy sign of progress"

Mahatma Gandhi

### THE SKIFF VIEW

# Honors credit option weak

The addition of the Contemporary Reading Symposium to the Honors Program will alleviate some pressure second-year honors students experience by making it easier to receive lower-level classification in the program.

Instead of regular and often rigorous course requirements, honors students can student retention. relax for a semester because the Contemporary Reading Symposium is essentially a honors previous to this change probably book club for smart people, and it substitutes don't appreciate this academic compromise a lower-division honors requirement.

What a deal — three class meetings and degree. one essay. Students who have completed wish they had been offered this cop out.

Apparently, the Honors Council is trading high academic standards for more prestige.

According to the 2007-2008 TCU Catalog, "The Honors Program holds as its central require lower standards. purpose and philosophy the stimulation and

encouragement of academic activity at the highest level."

Meeting three times a semester to discuss books like Tom Stoppard's "Rock N' Roll" and writing a conclusive essay doesn't sound like the highest level of intellectual stimulation. It sounds like a ploy to increase honors

Students who worked to graduate with that could devalue the prestige of their

The Honors Program is preparing to fulfill lower-division honors requirements probably a 2006 proposal to establish an Honors College by 2009. In order to expand, it seems that the Honors Program is sacrificing its academic integrity.

Breathless expansion doesn't always

Associate editor Ashleigh Whaley for the editorial board.

### **BY JACOB BRANCE**



Jacob Brance is a freshman criminal justice and political science major from Cedar Park.

# McCain's bipartisan views make him ideal candidate

COMMENTARY



Kara Peterson

voters to move past the leg-ty. acy left by President Bush is only a start to uniting his failed bid the fractured GOP, divided for the Repubover what to do about an lican presideneconomy near recession, a tial nomination

in Florida, John McCain told plagued Democratic can- lican senator. The Associated Press he was didates, but his time in the candidate who could the Senate has left McCain McCain adamantly supunite the Republican Par- branded a maverick in the ported Bush following the ty. As the solidified front- party. His defection from Sept. 11 attacks and durrunner in the GOP's traditional stance ing the lead-up to war. His the race for toward a more moderate support of Bush's War on

> the Republi- platform on can nomina- several issues tion, McCain hasn't played may be right, well among but he's got conservatives a long way and could hurt his efforts to

Enabling unify the par-Following

seemingly endless war and in 2000, McCain butted of the tax cuts - a change a failed immigration plan. heads with President Bush in his stance that may have Military service and first- on a number of issues, been a way for him to gain hand knowledge of the tri- including tax cuts, global support from conservative als of war benefit McCain warming initiatives and gun Republicans, a group with Additionally, his campaign disagreed. issues, some Republicans of Rights were opposed by often dissented with conare enamored with McCa- much of the party, accordin's story and view him as ing to a story in The Ariexperienced and capable of zona Republic. During this an issue in the future. In period, Voteview, a Web site December, McCain said that His long career in Con- that tracks political lean- as president he would overgress prevents the talk ings, ranked McCain the haul the nation's tax codes,

campaigning."

Following his critical win of inexperience that has sixth most liberal Repub-

Then, in a turnabout,

Terror did not, however, spread "He is a complex to all his votes. politician, neither He twice voted completely liberal against tax cuts, nor conservative, arguing that but McCain has a they weren't a demonstrated ability to adapt — both in good idea in a time of war, times of national stress and when according to the St. Petersburg Times. In 2006, **Kara Peterson** however, McCa-

in voted in favor which he had previously Although McCain has servatives, his recent rhetoric suggests it may not be saving millions of middleclass families \$60 billion, according to an article in The Washington Times. His fervent support of the war and his more fiscally conservative position will encourage more right-wing support, but it could cost him the moderates. He is a complex politician, neither completely liberal nor conservative, but McCain has a demonstrated ability to adapt both in times of national stress and when campaigning. His appeal to moderate Republicans lies mostly in his Senate votes prior to the wars in Afghanistan and Iraq. Hard-right voters will gravitate toward his more conservative position in recent years. Whether he will unite the moderate and conservative Republican factions is still in the air, but if McCain continues to deliver for both groups, his battle is nearly won.

# Super Bowl advertising has McCarthy said KFC's plan was

commercials, until now.

COMMENTARY land Patriots er to score a

chicken dance.

The reason: to support the sauceless hot wings.

It features some posh neo- movable type? Then people and the poetic works of Syl- have that! via Plath.

always been relegated to the "a textbook case of ambush reaction if KFC wanted to push marketing 101." He said, "There its "Addicted to Biscuits" cam-Kentucky Fried Chicken has are many different companies paign by having New York offered to donate \$260,000 to that try to draft off the excite- Giants wide receiver Amani charity in the ment of the Super Bowl that Toomer chain smoke after name of the have no right to any of the scoring a touchdown. first New Eng- activities going on."

shouldn't bring NFL fines

Charity chicken dances

or New York the chicken dance could face substance abuse. Giants play- fines from the league.

touchdown to keep any and all adver- reputation for levying ridicuin Sunday's tising revenue to itself. That lous fines. Washington Red-Super Bowl, way, they can deprive needy skins running back Clinton provided that he flaps his arms kids of college scholarships Portis had to open up his wallike a chicken afterward — you and force them to be migrant let after wearing the wrongknow, like the move from the workers for the rest of their colored socks in a game. While lives.

fast food chain's new line of give the serfs enough mon- and repossessed his house. Or ey to build a printing press. maybe it was in the neighbor-We've all seen the commer- What would the NFL do if the hood of \$5,000 and a wag of cial for this novel new product. general populace discovered the finger. I can't remember. yuppies throwing a party in would read instead of rotting are incredibly rich. Well, at least a Manhattan loft, dressed like on the couch and watching the kind who score touchdowns they're hosting a symposium games in their \$99 Peyton or tackle hard. They can afford on contemporary jazz fusion Manning jerseys! We can't a fine, especially if it means giv-

I could understand the NFL's

Acting like a chicken is fam-Any player who performs ily friendly and doesn't support

Some player has to do the Apparently, the NFL wants dance. Yeah, the NFL has a I don't have a figure handy, I Charity is evil and could think they fined him \$27 billion Professional football players ing a brighter future to young minds.

in his quest for GOP uni- control. ty. Despite disagreeing with his stances on certain reform act and Patients' Bill leading the country.

Kara Peterson is an advertising/ public relations graduate student from Fort Worth. Sylvia Plath fans would, they're is scholarship money. chowing down on a bucket of finger lickin' chicken from the Colonel.

KFC wants the nation to know about these wings in a big way.

The money would be given to Colonel's Scholars, a KFCaffiliated charity that gives college scholarships to students attending public in-state universities.

The NFL, however, is not so keen on the whole operation. League spokesman Brian

Sure, KFC is getting public-However, instead of eating ity for a fraction of the cost of rare Ecuadorian squid that a Super Bowl ad, and they're tastes like compost for the giving the money to their own snob factor of it all, like good charity, but scholarship money

Sylvia Plath would be proud.

> David Hall is a sophomore news-editorial journalism major from Kingwood.



## **LETTER TO THE EDITOR** Fort Worth a city full of opportunity

story "Fort Worth ranks No. 5 for top job hunting cities."

people to live and work. Several credentials were considered, area can offer. such as the state's employment rate, income and job growth, and going out of state for employcost of living. The article also ment, I encourage them to give mentioned that having a TCU back to the Fort Worth commu-

Thank you for including the education reinforces students' nity by sharing the knowledge chances of finding a job.

I think it is very signifi-The article stated that Forbes cant not only for graduating magazine named the Dallas/Fort seniors but also for all stu- the fact that our education gives Worth area the No. 5 place for dents to understand the vast us an upper hand, recognize our opportunities the Fort Worth

Instead of TCU graduates

and skills TCU bestowed upon us

We should take advantage of potential, and who knows - the DFW area might be ranked No. 4 or better next year.

> Lauren Hicks is a senior communication studies major from Fort Worth.

### **Editorial Board**

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# SUPER CASSEROLES Casseroles can be a healthy alternative to typical party snacks

#### By GAIL BORELLI Kansas City Star

Like Rodney Dangerfield, the casserole gets no respect.

To many, the word conjures up church basements and pans filled with bland blends of mushy noodles, cream soups, mayonnaise, sour cream and cheese.

But why? "Casserole" is a broad term that applies to any food baked and served in the same dish. As such, it describes not only the bourgeois recipes on soup cans but also culinary sophisticates such as cassoulet and tagine.

In America, casseroles got a big push when women started working after the war. Manufacturers of canned foods published recipes that emphasized the convenience of one-pot cooking and can openers.

"That's how casseroles started out with a not-so-good pedigree," says Sylvia Lovegren, author of "Fabulous Food: Seven Decades of Food Fads".

"Advertisers kept coming up with weird recipes. If you connected your tongue and your brain, there were combinations you would never do."

"We think casseroles are things people dump all this stuff in and didn't work that hard on," says Susan Mills-Gray, nutrition and health specialist for University of Missouri Extension.

But maybe it's time to change that perception. In 2008, casseroles deserve a place in the home cook's repertoire. Not only are they the ultimate comfort food, browned and bubbling on a cold winter's evening, but they also are economical, stretching meat with the addition of pasta or rice. They can be prepared in advance and freeze nicely. A typical 9-by-13-inch pan usually makes enough for two meals, and leftovers are easy to reheat in the microwave.

One rap against casseroles over the years has been their artery-clogging combinations of hamburger, sour cream, eggs and cheese — lots of cheese. But with a few tweaks, casseroles can be part of a healthy diet.

Reducing is the first line of defense. The amount of butter in a recipe can be cut by one-fourth with no discernible difference in taste, Mills-Gray says.



### HEALTHY TATER TOT CASSEROLE

### Makes 8 to 10 servings

- 1 medium onion, chopped 1 tablespoon olive oil
- 2 to 3 cloves garlic, minced
- **1** large red bell pepper, seeded and chopped 3 medium carrots, peeled and chopped
- Preheat oven to 350 degrees. In a large skillet over medium heat, cook onion in olive oil until translucent. Add garlic, red pepper, carrots and mushrooms and cook until soft. Add turkey, parsley, onion powder and paprika and cook until turkey is browned and fully cooked. Place meat mixture in a 9-by-13-inch baking

# A cook's guide

Some standard measurements: A pan 8 by 8 inches makes  $1 \frac{1}{2}$ quarts and 4 to 6 servings A pan 7 by 11 inches makes 2 quarts and 6 to 8 servings A pan 9 by 13 inches makes 3 quarts or 8 to 12 servings

### SPICE IT UP WITH **SUBSTITUTIONS**

- One criticism of casseroles is that their flavors tend to be unadventuresome. To jazz up a family favorite:
- For processed or mild cheddar cheese, substitute smoked Gouda or other more flavorful cheese.
- For plain egg noodles, substitute tri color pasta wheels or fun squiggly shapes.
- For vegetables, use wild mushrooms instead of canned button mushrooms, and edamame instead of peas.
- For a flavor boost, try red pepper sauce; lemon or yuzu juice; wine or sherry; or ethnic flavorings such as curry, hoisin sauce and feta cheese.
- For the cracker-crumb topping, substitute finely chopped nuts, wheat germ, sunflower seeds or vinegar-flavored potato chips.

### **COOK'S TIPS**

Slightly undercook pasta for • casseroles. Noodles will continue to cook in the oven.

And if a casserole recipe calls for salt, it can always be omitted.

Second, learn to substitute for the high-fat, high-sodium offenders. Casseroles are a forgiving bunch. When low-fat or low-sodium substitutes are mixed in among the other ingredients, "No one can tell the difference unless you tell them ahead of time and put that thought in their mind," says Shelly Summar, weight management program coordinator at Children's Mercy Hospital in Kansas City, Mo.

#### Among the suitable substitutes:

Meat. Summar recommends using meat that is at least 90 percent lean. When cooking with turkey, look for packages labeled "breast." Ground turkey that isn't breast meat may contain skin and dark meat with more fat and calories, she says.

Starches. You can triple the fiber in a casserole by using whole-wheat pasta in including 50 percent more vegetables place of egg noodles. "They're great not sticky, gummy pasta like they used to be," Summar says. Use more fibrous brown rice in place of white rice.

3/4 cup sliced mushrooms

- 1 pound extra-lean ground turkey
- 1\4 cup flat-leaf parsley, chopped
- 1 1/2 tablespoons onion powder
- 1 tablespoon paprika
- 1 (2-pound) bag frozen tater tots ٠ 2 (10.5-ounce) cans low-sodium cream of ٠
  - mushroom soup

aisn.

- In a large bowl, combine frozen tater tots and soup. Top casserole with the potato mixture. If desired, sprinkle with extra parsley and paprika. Bake 55 to 60 minutes.
- Per serving (based on 8): 283 calories (36 percent calories from fat), 11 grams fat (3 grams saturated), 28 milligrams cholesterol, 33 grams carbohydrates, 13 grams protein, 471 milligrams sodium, 4 grams dietary fiber.

soups.

ference.

- healthycooking.suite101.com

would be dry indeed. Sauce main-

stays include cheese and other dairy

products, as well as canned cream

Light or reduced-fat sour cream,

canned soup can be substituted for

Be careful using fat-free products,

### When making recipes ahead, store casserole fillings and sauces separately.

- Bring prepared casserole to room temperature before baking.
- Allow casserole to cool a few • minutes before serving. This allows flavors to meld and the layers to bind together.
- To free up casserole dishes for other uses, line the dish with heavy-duty aluminum foil and spray with cooking spray. Assemble casserole in pan and freeze as directed. Once frozen, use foil to lift out casserole and wrap tightly. When it's time to serve, put casserole back in the dish and follow recipe directions for thawing and cooking.

Sources: "America's Test Kitchen," Cooking Light

If family members, particularly North Carolina-Chapel Hill. children, have issues with the darkerhued whole-grain noodles or rice, start bles, add some. Tough veggies like by substituting whole-grain for onefourth of the regular noodles. Then increase the proportion each time you make the casserole, Summar says.

Vegetables. Colorful vegetables not but also add visual interest to the typically beige dishes.

Cooks can usually get away with than a recipe calls for, says Suzanne Havala Hobbs, a registered dietitian and faculty member in the School

If a recipe doesn't call for vegetabroccoli may need to be precooked (cut them in uniform chunks), while corn and peas can be folded into the mayonnaise, milk, cheese and casserole right before baking.

If you want to be really sneaky, full-fat products with little taste difpureed carrots, green beans, squash or sweet potatoes disappear easily into a however. Fat-free cheese does not 9-by-13 casserole, Summar says. Baby melt well, and fat-free sour cream food adds fiber and vitamins without or skim milk might turn a casserole any lumps that may raise suspicions watery, Havala Hobbs says. among young eaters.

Sauces. Without a sauce to bind product with a more assertive flavor, of Public Health at the University of everything together, casseroles but less of it.

Another option is to use a full-fat

# Everybody's working for the weekend Experience downtown Fort Worth from every corner of the square

# Friday

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If you want stand-up comedy at its finest, go to Hyena's Friday night and see four live acts.

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> 605 Houston St. Fort Worth, TX 76102 (817) 877-5233

# Saturday

#### **Texas de Brazil**

If you are a vegetarian, stop reading this now. Texas de Brazil is an all-you-can-eat authentic Brazilian steak house where waiters walk around with juicy skewers of meat ranging from beef, pork, lamb and chicken to Brazilian sausage. Be sure to stay for desert and satisfy your sweet tooth with a bananas foster pie as you have a couple of drinks in the bar lounge. This night may be a little pricey, but it is all-you-can-eat. Make sure you call for reservations.

> Fort Worth, TX 76102 (817) 882-9500

# Sunday

### Fox and Hound English Pub & Grille

If you are looking for friendly service, cheap booze and a TV screen on every wall to watch the Super Bowl, go to the Fox and Hound. The crowd is an eclectic mix of people gathered all in a sports bar mecca supplied with wings and beer. For all the underage folk, you do have to be 21 or older to come to this bar.

> 604 Main St. Fort Worth, TX 76102 (817) 338-9200

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by Harry Bliss

TODAY IN HISTORY

**SUDOKU PUZZLE** 

**1884:** The first portion of the Oxford English Dictionary is published.

### WORTH A LAUGH — BUT ONLY ONE

**Q:** Why didn't the skeleton go to the ball?

A: Because he had no body to go with.

5

Bliss



"This particular model holds up to 10,000 songs, and Elvis is inside."



"Now remember: My dad's obsessed with the weather and will hit on you, and my mother thinks you're a gold digger."

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The Ultimate Study Break \$39 Facial Custom 50 min.							
Waxing • Cosmetics • Gift Cards 817 • 731 •   The Village at Camp Bowie • 6333 Camp Bowie Blvd. Suite 256 • For							
7 6	8						
5 4	6						
2 8	4						
8 5 3							
9	5						
3 2 1							
7 3 9							
3 8	6						
6 5 4							

Directions Fill in the grid so that every 3x3 box, row and column contains the digits 1 through 9 without repeating numbers.

See Tuesday's paper for answers to today's Sudoku puzzle.

-	2	4			Thursday's Solutions						
3		4	7	1	6	3	9	8			
	9	8	2	4	5	7	6	1			
6	1	7	3	9	8	2	5	4			
8	6	3	5	2	1	4	7	9			
1	5	9	4	3	7	6	8	2			
7	4	2	8	6	9	1	3	5			
4	7	6	9	5	2	8	1	3			
2	8	5	1	7	3	9	4	6			
9	3	1	6	8	4	5	2	7			

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**STRAIGHT SHOT** The rifle team shoots against Mountain West rival Air Force.

TUESDAY

WOMEN'S TENNIS

# **NEW ACES** Team combines experience, youth

#### By JOSH DAVIS Staff Writer

kins, last season was the three new freshman one of disappointment on the team will be able and angst. After trans- to fill any cracks in the ferring from the Univer- lineups this year, after sity of Illinois, Harkins the Lady Frogs were was looking forward to at times left with only contributing immediate- five active players last ly to the women's tennis spring. team. Illinois, however, would not grant her Katariina Tuohimaa release to join in NCAA and Idunn Hertzberg play.

be in the competition as just weeks ago. well. It was really difficult."

chance this year to to tennis - she's very join the Horned Frogs, even keel," Hammond which enters the season said. ranked 35th in the Intercollegiate Tennis Associ- young Babanova, who ation poll. Harkins and turned 17 her first week her teammates look to of school. rebound from last seain 2005 and 2006.

promising lineup. Head coach Jefferson Ham-For junior Macall Har- mond said he believes

Maria Babanova, are the new additions "I was able to get to to the team and all know (my teammates) three are internationfrom what I guess you al products. Babanova could call a cheerlead- and Hertzberg played er's perspective," Har- with the team last fall, kins said. "But I like to while Tuohimaa joined

"Idunn comes in with a really steady game She will get her and a great approach

He also praised the

ter and shows a lot of to get." The team was not promise in doubles," ation left a hole in a nis Federation women's can Anna Sydorska and



**ROBYN SHEPHEARD / Staff Photographer** Anna Sydorska along with partner Ana Cetnik (not pictured) compete in a doubles match agianst Ole Miss.

Now the question is only hindered by Har- Hammond said. "Katari- whether Harkins and only been a few months kins' ineligibility, but ina brings a ton of expe- the youth can mesh for (Babanova and the departure of Karine rience in doubles from with the returning tal-Hertzberg) and even Ionesco, whose gradu- the International Ten- ent such as All-Ameri- less for Katariina, they

"She's very young, circuit and is as good a junior Nina Munchson's 38th-ranked finish but she continued to recruit as anyone across Soegaard, who enters after top 20 campaigns improve all semes- this country could ask the year ranked 66th nationally.

"Even though it has See **TENNIS**, page 2



U ATHLE'I

MEN'S BASKETBAL

SAFURDAY FEB 2 @ 5:30PM

#### By JOHN BOLLER Staff Reporter

will be looking to bounce back from smart defense against Air Force." a two-game losing streak Saturday. place.

The Frogs' opponent, the Air Force night.

So far this season, the Falcons 30 in the turnover margin and senior a must. Tim Anderson leads the team with 15.5 points per game.

split their two games during the reg-hoping to stop the losing streak. ular season; both teams' wins were at home. The Falcons embarrassed clips from when they beat us pretty the Frogs in Colorado Springs, Colo., bad at their place," he said. "I don't 72-39, TCU's most lopsided loss of think we will need to worry about the year. In its blow-out win, the the motivation factor. With two loss-Falcons shot better than 50 percent es in a row, our guys will be ready from behind the arc. As a team, to play." they also shot 61 percent from the field.

The Frogs avenged its worst loss of last season with its best win, beating the No. 13 ranked Falcons in the next matchup 71-66.

"In practice we have reminded our players about (Air Force's) shooting ability," head coach Neil Dougherty said. "Air Force is a team that consistently shoots well and you have to be ready to defend the jump shot."

In TCU's upset win last season, the team played strong defense that led to 24 points off of turnovers and 11 fast-break points.

"Air Force is not a bad team," said senior guard Brent Hackett. "We have The men's basketball (11-8) team to play a lot of intensity and play

**VS. AIR FORCE** 

Also in the win, TCU's bench With a 3-3 record in the Moun- played a big role, outscoring Air tain West Conference, the Horned Force's bench 32-9. Dougherty said Frogs are in a three-way tie for third he will look to try and use the bench against them Saturday.

"We would like to make the bench Falcons (11-8, 3-3) will also be look- a factor in the game," Dougherty ing to rebound from a loss after los- said. "We will figure out what our ing to Brigham Young on Wednesday exact strategy will be during practice."

Dougherty said TCU has to be are shooting 45 percent from the ready to defend against the Falcons' field and just under 40 percent from offense for the full 40 minutes, and behind the arc. Air Force is also plus hitting shots from the field early is

As far as motivation goes, Dougherty said he feels his team will be Last season, TCU and Air Force ready and focused to play Saturday,

"We might show the guys some

See **STREAK**, page 2

### FOR YOUR INFO Men's Basketball

**OPPONENT:** Air Force WHEN: 5:30 p.m. Saturday WHERE: Daniel-Meyer Coliseum

### Women's Basketball

**OPPONENT:** Air Force WHEN: 3 p.m. Saturday WHERE: Colorado Springs, Colo. BROADCAST: KTCU 88.7 FM



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FRIDAY, FEBRUARY 1, 2008

# **Spring Sports 2008** What makes a Horned Frog?



berth while in the Mountain West. Learn more on **page 5**.

### **SPEED**

With Olympic hopeful Virgil Hodge leading the way and a potent group of sprinters and jumpers, the Flyin' Frogs are prepared for the 2008 outdoor track and field season. Check out the schedule on **page 4**.

TCU

10U

### FOCUS

Led by senior Kewa Nichols and junior Anna Sydorska, the women's tennis team is looking for a strong showing this spring. See the schedule on page 6.

### STRENGTH

Though the baseball team took a hit with graduations and the MLB draft, Jim Schlossnagle's squad is prepared for the season opener against 2004 College World Series Champions Cal State Fullerton. Check out the stories **inside**.

Photos: TCU ATHLETICS, SKIFF ARCHIVES Illustration: PAUL SANDERS / Designer

### **BASEBALL**

# Team relies on hustle, grit to win ballgames

#### By BRETT LARSON Sports Editor

staff and an experienced batting lineup, but TCU's baseball from scratch in most areas.

in its batting order, the entire take-free play. starting pitching staff and All-American closer Sam Demel.

Jim Schlossnagle said.

The holes left in the pitching staff by graduation and the pro draft equal opportunities grind-it-out style during ball run sometimes can struggle in for players that haven't had the chance to crack the rotation yet.

six games.

four players who have all start- the postseason." ed games for TCU in the past.

by platooning left and right Regional tournament. fielders.

players can play multiple posi- runs. College baseball teams usu- tions. Several players who have this season.

"Just hustle, get after it, (get) a lot of doubles, play great not rely on power and offensive "There's certainly a lot of defense and we're going to explosions, Schlossnagle said, areas that are unsure or up for run a lot better than last year," grabs right now," head coach Arnold said. "We're really going team compete in the postseato have to do the small-ball type things."

The team plan is a more games.

many days we outscore peo- us at the end of the season," Schlossnagle said the start ple," Schlossnagle said. "We're total for the entire starting rota- going to have to play good The infield is built around also how you have to win in was ranked in the top 20.

The outfield is anchored knocked out of the postseason happen again this season, but by senior center fielder Clint by the Rice Owls in the cham- said even with a difficult sched-Arnold, who will be flanked pionship game of the NCAA ule, if the team gets on a roll, a

Arnold said the team's lack sible. Arnold said one of the team's of power should not be a prob-

big advantages is that most lem when it comes to scoring

"We've got some guys that ally start with known commod- mostly played infield will have can swing the bat. The way ities such as a tested pitching a chance to play in the outfield we score runs and the style we do it is different, but we're The team has categorized still going to be able to score," team is starting the 2008 season itself as a dirtbag, blue-collar Arnold said. "We're going to type squad, which focuses on steal some bases, (and) hit The team lost the 2-5 hitters hustling and concentrated, mis- some doubles and triples rather than home runs."

> By having a team that canhe believes this will help the son against teams with great pitching.

"Teams that rely on the home the postseason, so maybe that "There's not going to be too style of play will better suit Schlossnagle said.

tion is probably about five or defense, and we're going to spot out of the USA Today col-

Schlossnagle said grabbing Last year the team was such a high ranking may not return to the rankings is pos-

Junior Chris Ellington, who non-conference schedules



TCU ended last season one Senior Clint Arnold is the unquestioned leader in the TCU outfield. His track record as a First-Team All-Mountain West outfielder and potency at the plate lands him a role as one of the go-to guys for the Horned Frogs in 2008.

have to pitch well, but that's lege baseball poll, and at times transferred from Grayson in the nation, Schlossnagle for anybody," Schlossnagle County College, said everyone said. on the team is really close and

TCU starts off with a bang, "That's what it takes to As if the team's player loss- ton Baseball Stadium, in what true opening day on Feb. 22, es were not enough, TCU also will be the inaugural round of when the Horned Frogs face has one of the more difficult a four-year series.

"They just don't leave home the four-game set.

said.

Courtesy of TCU ATHI FTICS

NCAA rule changes this playing 2004 College World season required the team to Series Champions Cal State hold off practice until today. University Fullerton at Lup- The NCAA season features a Fullerton in the first game of

#### **BASEBALL**

# Open starting rotation slots up for grabs by untested staff



#### By ROB CRABTREE Staff Reporter

starting rotation from last Lockwood said. season, the TCU pitching Feb. 1 with several question open competition on your five games per week. marks

Head coach Jim Schlossnagle said rotation spots are the staff's abilgoing to be very competitive ity level, but heading into this season.

"We have a lot of fresh fac- guys are relaes this season," sophomore tively untested

"We're really glad to have

they are hard workers.

win," Ellington said.

team," Schlossnagle said.

most of the your team."

Seth back this season. He's ly played more than three likely to do well in the post-After losing the entire a huge asset to our staff." games in a week Schloss- season, and teams with this nagle said. This season the style of play should perform "One of the best things Frogs have ten weeks where well with greater consistenstaff will start practice on you can have as a coach is the team will play at least cy

> Schlossnagle said he likes going to test the durability series against 2004 College of our staff,"

> > "One of the best things gle said. "It you can have as a coach is open competition on

Last season the team rare- ing and defense are more

The Frogs open the sea-"Those weeks are really son Feb.22 with a three game World Series champion Cal Schlossna- State Fullerton.

> The Titans are ranked No. gives a lot 15 in the preseason USA more guys the Today/ESPN coaches poll.

Courtesy of TCU ATHLETICS Andrew Cashner, a transfer from Angelina Junior College, is a right handed pitcher looking to nab one of the spots in the Horned Frogs pitching rotation.

right-handed pitcher Tyler at the college Lockwood said. "We have level. some transfer guys, but mostly it's guys who have been we had guys gotten their shot yet."

have to fill some roles this season.

er Seth Garrison is expected to return to the rotation after season-ending Tommy John modities from last season surgery in 2007.

ERA of 1.96 with 23 innings pitched 49.2 innings with a a power hitting team. pitched and 3 starts.

Jim Schlossnagle head coach "Last year

ities who we could run out closer every night." Lockwood said the coach- onto the mound every game," modities yet for this staff." One of those known com-

2.17 ERA.

opportunity

He said with some losses nia, Irvine. ing staff has been empha- Schlossnagle said. "Mean- to the batting lineup, the sizing that young guys will ing we knew what we could team is not going to out- pitcher Derek VerHagen said expect out of our pitchers score a lot of teams, and it is going to be an exciting almost every game. We don't it's going to be important series for the Frogs because Senior right-handed pitch- know what are known com- for the pitching staff to per- Fullerton is a well respectform well to keep them in ed program in college basegames.

Schlossnagle said it's more was Sam Demel who made important for a good team to good season last year," Ver-Before going on the dis- appearances in a little more have a competent pitching Hagen said. "I think we had abled list, Garrison posted an than half the games and staff and good defense then a great season last year. So

He said teams with pitch- series to watch."

Last season Fullerton to pitch, even advanced to the College to the point World Series where it evenwhere we may tually finished in seventh with the team and haven't who were known commod- not be able to have the same place, losing to Arizona State and the University of Califor-

> Sophomore left-handed ball.

"Fullerton had a really it should be an interesting



### TCU DAILY SKIFF

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### **BASEBALL**

# **Experienced infielders defensive backbone of team**

#### By ROBERT BEMBER Staff Reporter

The Horned Frogs baseball team will lean on an experienced infield to lead the team.

"I think we have a very vetsaid. "A lot of guys have played before. That should be the anchor the leadership the junior brings of our team this year."

All four infielders have started at their respective positions in the a long time," Schlossnagle said. past. The team will look to them for stability after losing the entire starting pitching staff, its closer invested in TCU baseball." and having the middle of the batting order essentially gutted.

and an inexperienced pitching staff, that's something that bination. needs to be really consistent," head coach Jim Schlossnagle said. "That needs to be a strong point of our club."

The 2007 team set a record for fielding percentage at .975, Schlossnagle said.

ering from elbow surgery, for which he received a medical redshirt.

started all 62 games and commiteran infield coming back," junior ted only six errors in 256 chancfirst baseman Corey Steglich es. He was also second on the there." team in batting average, hitting their positions and started there .349. Schlossnagle said he values to the team.

> "He's been in this program for everyday catcher. "He's evolved as a player, as a leader and as a student. He's very

Senior Bryan Kervin and junior Ben Carruthers return "With our offense maybe at shortstop and second base, being a different kind of offense respectively, to make for an ging percentage and tied for the experienced double play com-

> shortstop," Schlossnagle said. "(And) Carruthers is the best like Carpenter, (Matt) McGuirk defensive second baseman I've and Matt Vern becoming run ever coached."

Behind the plate will be the port players." platoon of sophomore Bry-

the entire 2007 season recov- depth at the catcher position. "That's not just going to put stress on your pitching staff," Schlossnagle said. "It's going As a sophomore, Carpenter to put stress on your catching. You're going to need to play

> Woodruff saw some action during the 2007 season, but Andrew Walker, a fifth-round draft pick of the Pittsburgh Pirates, was the

> Junior Matt Vern is projected to start at first base, Schlossnagle said. Steglich will likely see time there too, as well as at designated hitter.

> Vern put up solid power numbers last season with a .519 slugteam lead in triples.

"We lost a lot of run produc-"Kervin plays a lights out tion," Schlossnagle said. "We're really going to depend on guys producers instead of just sup-

Matt Carpenter, a redshirt an Holaday and junior Hunt to step up," Steglich said. "It's junior, will be a staple at third Woodruff. With the changes to going to have to be somebody base following the graduation the NCAA schedule, the Horned else each and every day. Whethof Steven Trout from last year's Frogs will sometimes play 5 er it's the guy in the nine hole



Junior Matt Vern is projected to start the season at first base, joining a group of infielders that represents the most experienced section of the team. Each infielder has started at his position for the Frogs in past seasons. Rounding out the infield defense is the tandem of junior Ben Carruthers and senior Bryan Kervin playing second base and shortstop, respectively.

"We're just going to have never know who's going to have season's power numbers. to make a contribution because we did lose a lot in the middle of the order."

team. Carpenter missed almost games in a week, requiring or the guy in the one hole, you likely won't be able to equal last bag, base running-type club."

Schlossnagle said the team to have to be a blue collar, dirt and runs and those sort of small

Kervin said: "I think we're "That's one thing we've going to have to do the small been preaching to the players," stuff — get our bunts down Schlossnagle said. "We're going when we need it, get the hit

things."

### **BASEBALL**

# Center fielder vocal leader of Frogs platoon outfield

#### By BRETT LARSON Sports Editor

An experienced leader in nagle said. center field headlines this Frog baseball, which will of infielders adjusting to the Schultz in left. deeper position.

team looks to for guidance. and one in left field.

Schlossnagle said he preyear's outfield for Horned dicts to start the season with of left field and he's a realjunior Matt McGuirk in right ly good hitter, great swing," also be relying on a handful field and freshman Aaron Arnold said.

Head coach Jim Schlossna- product who went to Arling- in the spring in home runs, no relation to Chris Ellington, gle said senior center field- ton Heights High School, er Clint Arnold is one of the returned from a medical redteam's vocal leaders — a play-shirt last year and started 25 most likely feature a rotation er most everyone else on the games as designated hitter or platoon of players, Schloss- isn't necessarily a potent hit-

This will be Arnold's sec- The lefty has had two shoulbeen able to play at maximum the outfield this season. potential, Schlossnagle said.

field. We've got that," Schloss- expects great numbers from Ellington said it's a good him.

"He's going to play a lot

During Schultz's junior year McGuirk, a hometown in high school he led his team RBIs and doubles. The right field position will last season.

nagle said.

ond season playing for TCU der surgeries in the past two Ellington, as well as senior Steve up for it with his defensive since transferring from the years, and as a result has not Ellington could all see time in skills. He finished last sea-

strong in the middle of the ably more of an infielder but son County College, Chris thing the team has so many options for outfield.

"If somebody's not getting the job done we have a lot of different options to go to get people to produce," he said. Steve Ellington, who has

started 16 games in left field

Although Steve Ellington ter, batting only .200 last sea-Juniors Matt Vern and Chris son in 65 at-bats, he makes son without an error in 20



University of Arkansas.

Last season he was named First-team All-Mountain West for the year, the fifth highest batting average on the team.

outfield, which should see is going to need to become other two positions.

Schlossnagle said Arnold's ous team.

"Most good teams are

"McGuirk played last year, Conference after hitting .326 but really was never at 100 percent," Schlossnagle said.

McGuirk, who has only been able to play as a support Arnold will shore up the player since his surgeries, a rotation of players in the more of a run producer this season, Schlossnagle said.

The predicted left fielder, ter field make TCU a danger- playing his first year of college baseball.

Arnold said Schultz is prob-

Vern started 55 games last chances. season and is primarily used as a first baseman.

expects Vern to start the sea- make the switch from infield son at first, but a time in the to outfield. outfield is a possibility.

will see some time in the outfield this year in right field.

presence and play in the cen- Aaron Schultz, is a freshman anything, but I predict a great year," Arnold said. "I really think he's going to drive the ball this year, hit more home runs and he's a really good outfielder too."

> er possibility to get some with this group. innings in right.

since transferring from Gray- said.

Arnold said one of the team's bigger strengths is that Schlossnagle said he it has so many players able to

"We've got a lot of flexibil-Arnold said he thinks Vern ity, guys that can play a lot of positions," Arnold said. "We can adapt to things, God for-"I don't want to jinx him or bid injuries and things like that."

> This year's outfield has a lot of unknowns and one team leader.

But that team leader, Arnold, said he knows good Chris Ellington is anoth- things are going to happen

In his first year at TCU prise some people," Arnold

Courtesy of TCU ATHLETICS

"We're going to really sur- Senior Chris Ellington is playing his second season for the Frogs. The outfield is led by senior center fielder Clint Arnold, while left and right field will use a rotation of players.





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### SPRING SPORTS

# **Baseball Schedule**

02/22/08	vs. Cal St Fullerton	Fort Worth	6 p.m.
02/23/08	vs. Cal St Fullerton	Fort Worth	2 p.m.
02/24/08	vs. Cal St Fullerton	Fort Worth	1 p.m.
02/26/08	vs. Dallas Baptist	Fort Worth	6 p.m.
02/29/08	vs. Minnesota	Minneapolis	6 p.m.
03/01/08	vs. Pepperdine	Minneapolis	12 p.m.
03/02/08	vs. Tulane	Minneapolis	11 a.m.
03/04/08	vs. Texas-Arlington	Fort Worth	6 p.m.
03/05/08	vs. Texas State	Fort Worth	6 p.m.
03/07/08	vs. Ole Miss	Fort Worth	6 p.m.
03/08/08	vs. Ole Miss	Fort Worth	2 p.m.
03/09/08	vs. Ole Miss	Fort Worth	1 p.m.
03/11/08	vs. Prairie View A&M	Fort Worth	6 p.m.
03/12/08	vs. Prairie View A&M	Fort Worth	6 p.m.
03/14/08	at Wichita State	Wichita, Kan.	7 p.m.
03/15/08	at Wichita State	Wichita, Kan.	2 p.m.
03/16/08	at Wichita State	Wichita, Kan.	1 p.m.
03/18/08	vs. Mcneese State	Fort Worth	6 p.m.
03/20/08	vs. New Mexico	Fort Worth	6 p.m.
03/21/08	vs. New Mexico	Fort Worth	6 p.m.
03/22/08	vs. New Mexico	Fort Worth	2 p.m.
03/24/08	vs. Dallas Baptist	Frisco	6 p.m.
03/25/08	vs. Texas A&M	111500	o p.m.
03/20/00	Corpus Christi	Fort Worth	3 p.m.
	vs. Texas A&M	Tort worth	5 p.m.
	Corpus Christi	Fort Worth	TBD
03/28/08	at UNLV	Las Vegas	8 p.m.
03/29/08	at UNLV	Las Vegas	4 p.m.
03/30/08	at UNLV	Las Vegas	3 p.m.
04/01/08	vs. Baylor	Fort Worth	6 p.m.
04/02/08	at Texas State	San Marcos	6 p.m.
04/04/08	vs. Air Force	Fort Worth	6 p.m.
04/05/08	vs. Air Force	Fort Worth	2 p.m.
04/06/08	vs. Air Force	Fort Worth	1 p.m.
04/08/08	at Baylor	Waco	6 p.m.
04/11/08	vs. UNLV	Fort Worth	6 p.m.
04/12/08	vs. UNLV	Fort Worth	2 p.m.
04/13/08	vs. UNLV	Fort Worth	1 p.m.
04/15/08	vs. Oklahoma	Fort Worth	6 p.m.
04/17/08	at BYU	Provo, Utah	8 p.m.
04/18/08	at BYU	Provo, Utah	8 p.m.
04/19/08	at BYU	Provo, Utah	2 p.m.
04/21/08	at Dallas Baptist	Dallas	6 p.m.
04/22/08	at Oklahoma	Norman, Okla.	7 p.m.
04/25/08	at San Diego State	San Diego	8 p.m.
04/26/08	at San Diego State	San Diego	3 p.m.
04/27/08	at San Diego State	San Diego	3 p.m.
04/29/08	vs. Texas A&M	Fort Worth	6 p.m.
04/30/08	at Texas-Arlington	Arlington	6 p.m.
04/30/08	vs. Utah	Fort Worth	6 p.m.
05/03/08	vs. Utah	Fort Worth	2 p.m.
05/05/08	vs. Utah	Fort Worth	-
05/04/08	vs. Utan vs. Texas-Pan American	Fort Worth	1 p.m.
	vs. Texas-Pan American	Fort Worth	6 p.m.
05/11/08 05/12/08	vs. Texas-Pan American	Fort Worth	1 p.m.
05/12/08	at New Mexico		6 p.m. 1 p.m.
05/15/08 05/16/08	at New Mexico	Albuquerque, N.M. Albuquerque, N.M.	1 p.m.
05/10/08			1 p.m.
03/1//08	at New Mexico	Albuquerque, N.M.	1 p.m.

# Track Field **Schedule**



#### **OPPONENT / EVENT** DATE 02/01/08 Kentucky Invitational 02/02/08 Kentucky Invitational **Tyson Invitational** 02/15/08 Tyson Invitational 02/16/08 02/28/08 Mountain West Indoor Championships 02/29/08 Mountain West Indoor Championships Mountain West Indoor Championships 03/01/08 03/07/08 Last Chance Meet TBA 03/08/08 Last Chance Meet TBA 03/14/08 NCAA Indoor Championships 03/15/08 NCAA Indoor Championships 03/22/08 Horned Frog Invite 03/29/08 UTA/Bobby Lane Arlington Invitational 04/03/08 **Texas Relays** Austin 04/04/08 **Texas Relays** Austin 04/05/08 **Texas Relays** Austin 04/12/08 John Jacobs Invitational **TCU** Invitational 04/18/08 04/19/08 **TCU** Invitational 04/24/08 Penn Relays 04/25/08 Penn Relays 04/26/08 Penn Relays 05/02/08 Arkansas Twilight 05/14/08 Mountain West Outdoor Championships Mountain West Outdoor Championships 05/15/08 05/16/08 Mountain West Outdoor Championships 05/17/08 Mountain West Outdoor Championships NCAA Midwest Regional 05/30/08 05/31/08 NCAA Midwest Regional 06/11/08 NCAA Outdoor Championships 06/12/08 NCAA Outdoor Championships 06/13/08 NCAA Outdoor Championships 06/14/08 NCAA Outdoor Championships 06/27/08 2008 U.S. Olympic Team Trials 06/28/08 2008 U.S. Olympic Team Trials 2008 U.S. Olympic Team Trials 06/29/08 2008 U.S. Olympic Team Trials 06/30/08 2008 U.S. Olympic Team Trials 07/01/08 2008 U.S. Olympic Team Trials 07/02/08 2008 U.S. Olympic Team Trials 07/03/08 2008 U.S. Olympic Team Trials 07/04/08 07/05/08 2008 U.S. Olympic Team Trials 07/06/08 2008 U.S. Olympic Team Trials Eugene, Ore.

#### LOCATION

Lexington, Ky. Lexington, Ky. Fayetteville, Ark. Fayetteville, Ark. USAF Academy, Colo. USAF Academy, Colo. USAF Academy, Colo. Fayetteville, Ark. Fayetteville, Ark. Fort Worth Arlington Norman, Okla. Fort Worth Fort Worth Philadelphia Philadelphia Philadelphia Fayetteville, Ark. Fort Worth Fort Worth Fort Worth Fort Worth Lincoln, Neb. Lincoln, Neb. Des Moines, Iowa Des Moines, Iowa Des Moines, Iowa Des Moines, Iowa Eugene, Ore. Eugene, Ore.

# **Rifle Schedule**



BRETT LARSON / Sports Editor Sophomore Margaret Low shoots an air rifle at her target. The rifle still has matches against conference foe Air Force and UTEP before Regionals and the team NCAA Qualifier.



DATE	OPPONENT / EVENT	LOC
01/19/08	vs. Mississippi	Fort
01/26/08	at Nebraska	Linc
02/02/08	vs. Air Force	Fort
02/09/08	at UTEP	El P
02/16/08	NRA Regionals & NCAA Qualifier	Fort
03/14/08	NCAA Rifle Championships	Fort

### ATION t Worth coln, Neb. t Worth Paso t Worth t Worth

RESULT W 4641-4627 W 4637-4554

# Men's Tennis Schedule

Date	Opponent / Event	Location	Time
02/02/08	at Texas-San Antonio	San Antonio	10 a.m.
	vs. St. Edward's	San Antonio	3 p.m.
02/04/08	vs. Idaho	Fort Worth	2 p.m.
02/06/08	vs. Texas-Arlington	Fort Worth	2 p.m.
	vs. Abilene Christian	Fort Worth	6 p.m.
02/11/08	vs. Dallas Baptist	Fort Worth	2 p.m.
	vs. Texas A&M		- -
	Corpus Christi	Fort Worth	6 p.m.
02/17/08	vs. Texas Tech	Fort Worth	2 p.m.
02/23/08	vs. Minnesota	Fort Worth	2 p.m.
02/24/08	vs. Oklahoma State	Fort Worth	2 p.m.
03/05/08	vs. Oklahoma	Fort Worth	6 p.m.
03/08/08	at Texas A&M	College Station	1 p.m.
03/10/08	at Wisconsin	Madison, Wis.	3 p.m.
03/12/08	at Illinois	Champaign, Ill.	6 p.m.
03/14/08	vs. Wake Forest	Fort Worth	6 p.m.
03/18/08	vs. Columbia	Fort Worth	6 p.m.
03/21/08	at Fresno State	Fresno, Calif.	3 p.m.
03/22/08	at Pepperdine vs. Air Force	Malibu, Calif.	3 p.m.
03/27/08		Las Vegas	4 p.m.
03/28/08	vs. BYU	Las Vegas	12 p.m.
03/29/08	at UNLV	Las Vegas	12 p.m.
04/10/08	vs. Utah	Provo, Utah	2 p.m.
04/11/08	vs. San Diego State	Provo, Utah	11 a.m.
04/12/08	vs. New Mexico	Provo, Utah	11 a.m.
04/16/08	at SMU	Dallas	2 p.m.
04/24/08	MWC Championships	Fort Worth	TBD
04/25/08	MWC Championships	Fort Worth	TBD
04/26/08	MWC Championships	Fort Worth	TBD



# **MEN'S GOLF** Golfers compete for Hawaii

#### By KYLE ARNOLD Staff Reporter

Wednesday at the UH Hilo he was a freshman. Intercollegiate event in Waicoach said.

event, and coach Bill Montigel at doing well this year. said success will hinge on a time, Montigel said.

that the event itself.

This competitive nature has the season, and it started with Montigel said. their captain, Franklin Corpening, Montigel said.

and his leadership is shown risky shots at a minimum. through his hard work, Montigel said.

on himself to keep morale up, for the upcoming season. as well as acting as a source ers on the team.

experience have helped a lot, a 3.0 GPA.

especially during tough times on the course. He said that he The men's golf team will finds it easier to bounce back look to capitalize on its hard from a few bad shots now as work as it opens spring play a senior, more so than when

Montigel said he likes koloa, Hawaii, the team's where his team is both mentally and physically, and he Five out of the eight golf- said if the players can keep ers on the team travel to each this up, they have a good shot

"We've worked out really total team effort this year. All hard in the mornings with five golfers will have to play our workout programs, and their best golf at the same we have had a lot more structured practices," Montigel Junior golfer, James said. "I think the kids' atti-Sacheck, said the qualifier tude is awesome, and if they determining which five will can keep the same attitude represent TCU in Hawaii is and keep working hard, we sometimes more competitive will have a real successful vear."

Individually, Sacheck has been evident in the Horned worked extremely hard, and Frogs' hard work throughout shown improvement this year,

Sacheck attributed his better play to more practice driv-Corpening, a senior, is a ing the ball off the tee, his good leader for some of the short game, a better mental younger guys on the team approach and trying to keep

Montigel said he expects hard work from his players on Corpening likes his role and off the course. At the start as captain, and he said he of every school year, the team takes a lot of responsibility meets and discusses its goals

In addition to conference of encouragement for all play- and NCAA Championship aspiration, Montigel asks He said his three years of his team to try to maintain



Courtesy of TCU ATHLETICS

Junior James Sacheck is one of the returning members of this year's golf team. He said he is practicing his drives and shortgame for the 2008 season.

wants each player to do the him either," Montigel said. best he can and take it one shot at a time.

"If a guy shoots a 64, I try ence championships in the not to get too excited and do last seven years. cartwheels, but if he shoots

On the course, Montigel an 80, I am not going to yell at Montigel and the Horned

Frogs have won five confer-

### WOMEN'S GOLF

# **Top-10 opponents** fill schedule slots

#### By MARCUS MURPHREE Multimedia Editor

in golf — for the women's program, top-25 finishes when the seasons come to wants leadership from both a close are the status-quo senior Carrie Morris and under coach Angie Ravaioli-Larkin.

tain West Conference, the 2008 campaign. Horned Frogs have earned three consecutive NCAA players to step into their Regional Tournament bids own roles," Ravaioli-Larkin and have taken a conference said. "Ultimately we're lookchampionship title.

a victory at the Lady Paladin more — to step up." Invitational at Furman Uni-Larkin said.

teams we are playing on a competitions. regular basis," she said.

ranked No. 28 as the spring France, and she really brings tournaments approach, but that into the mix," Ravaioli-Ravaioli-Larkin said the Larkin said. team's main goal is getting a postseason berth.

beyond conference."

The roster is built on a UCLA Bruins.

majority of freshmen and sophomore golfers with six Consistency is paramount of the nine team members falling into those classes.

However, Ravaioli-Larkin sophomore golfer Valentine Derrey, from France, to help Since entering the Moun- guide the team during the

"I really look for all my ing for Carrie and Val - even Following a strong fall with though she's just a sopho-

While individual scores versity in South Carolina, the help a player's personal record team is preparing for a spring in a tournament, it is the schedule that is heavy with team's overall performance ranked opponents, Ravaioli- that dictates placement. As a result, Ravaioli-Larkin said "It's going to be challeng- she wants Derrey to provide ing with the number of top-10 some leadership during team

"She understands team golf The team currently is because it's so important in

The first tournament of the spring season will take place "We are going into each in Palos Verdes, Calif., during tourney with a goal of win- the Regional Challenge comning," she said. "And one petition. One of the teams in of our goals is advancing the field for the Feb. 11 tourney is the current top-ranked

# **Team negates fall losses with current streak**

#### By REESE GORDON Staff Reporter

RIFLE

the women's rifle team faced onship) with." set on loftier goals.

the team is heading.

realize that they are capable turn in quality scores. Paper of shooting the scores they tallied an overall score of shooting of Paper and Sulli- average as a freshman in bore and 563 in air rifle, Going into this season, can win the NCAA (champi- 1164 against Nebraska.

high expectations. Return- Sophomore Lauren Sulli- to peak when it's important have continued to pace all against Nebraska, with rifle team is Feb. 2 against ing six-letter winners from van, who shot 574 in small- and try to shoot more qual- the team. Lorenzen held an aggregate score of 1153. Air Force at home. a group that tied for No. 5 bore and 584 in air rifle ity scores," Paper said. "But in the nation with the Uni- against Nebraska, said the also this year, because we versity of Nebraska a year win over the Cornhuskers did so well last year, we're ago, the team has its sights may be indicative of where shooting against all the top schools in the nation."

van, sophomore Erin Loren- 2006-2007. "We're definitely trying zen and junior Tanya Gorin

In addition to the improved the team's highest air rifle Gorin scored 545 in smallrespectively.

She finished sixth over- The next match for the

**BRETT LARSON / Sports Editor** 

After inconsistent showson, the team has captured three consecutive wins, including its first-ever victory against Nebraska, 4641-4627. The team aggregate scores for each squad were the highest of the year.

"I think

think that kind of affected Army. their mental approach to the game. But as the season has matches draw near, sopho- positive and give them pos-

"I definitely think it was a ings earlier in the sea- turning point for the year," recent success and holds the

> a turning point for the year. We had all struging to worgled for a semester and were starting to worry about the NCAAs and everything. After break, we all came back fresh and ready to go." Lauren Sullivan back fresh sophomore go."

b e r

starting out this year there December, the team dropped was more expectation," head matches against Jacksonville with what just happened coach Karen Monez said. "I State, Alaska-Fairbanks and and each shot has nothing

confidence. They've come to team knows that it needs to they do well."

While the team has enjoyed Sullivan said. long-term goal of placing in "We had all the top three at the NCAA "I definitely think it was struggled for a championship, Sullivan said semester and the focus should be on the were start- present.

> "I think you can break ry about the it down to a shot-by-shot NCAA's and basis," Sullivan said. "You everything. have to refocus for every After break, shot. Otherwise it will all we all came go down hill from there." Every shooter on the team and ready to has the responsibility of preparing for a match, but In Novem- Monez has helped build the team's mental approach. a n d

"A shot has nothing to do to do with what's ahead," As the NCAA qualifying Monez said. "I try to stay



gone on, they've gained some more Emily Paper said the itive reinforcement when Sophomore Erin Lorenzen practices with a smallbore rifle. After a slow start to the season, the team has picked up ground, winning its last three matches including one against the University of Nebraska for the first time in team history.



**MEN'S TENNIS** 

# Veteran leadership to guide youthful tennis squad



Junior Kriegler Brink returns a shot from his own baseline in a match against UT-Pan American last spring. He was on a nationally-ranked doubles team in 2007.

#### By CHARLES RICE Staff Reporter

The men's tennis team entered the season as a group of mostly young and untested players, but this youth has produced results and a common bond that is one of the squad's biggest strengths.

The team is one of the youngest in the nation, head coach Dave Borelli said, but his confidence in the team is high. The team experience is senior Cosmin Cotet, who is sible matches at the five and six spots last comprises six freshmen, one junior and one ranked No. 27 in the nation by the Intercolsenior.

Instead of letting the team's youth be an obstacle to overcome, the group is embracing it.

"Its been a lot of fun. All these guys come said. in, they are all fresh," sophomore Caleb Bulls said. "Everyone wants to do well and it has been a lot of fun because we can really establish the attitude we want."

Borelli said he isn't worried about the lack of seniority.

"I look at it as positive. Everyone is really eager, hungry and excited," Borelli said. "It's all new to them and it's an opportunity for them to stamp their type of attitude, tradition son, Borelli said. and heritage to their program."

The team wasn't very good last year, but good in (doubles) where we can compete this year's players have the opportunity to make their identity as a team, Borelli said.

"It's fun to start a new tradition and a winpioneers."

One person on the team who isn't lacking legiate Tennis Association. Instead of feeling at the one through four spots. added pressure because of the team's youth, he said he is enjoying it.

Cotet already notched wins over three topranked players during last semester's fall season, including an upset victory over then No. 2-ranked Steven Moneke of Ohio State.

Cotet has also found success with his douseason ranking of No. 43.

Doubles matches are something the team is really trying to focus on this sea- our pre-season ranking," Borelli said.

BARNES & NORI

"I think we have the potential to be really with anyone in the country," Borelli said. "We are capable of winning at one or two or other positions, particularly down at the ning program," Borelli said. "They are the bottom of the lineup, I think we are going to be stronger."

> The team only won 10 matches of 44 posyear, but the team did post a winning record

"We weren't experienced enough down at the bottom," Borelli said. "This year we "It gives me a lot of confidence," Cotet are more experienced and solid all the way through."

> The team has a lot of good opportunities outside of conference play this semester, and the goal is to win conference as well, Bulls said.

The first tournament of the semester is bles partner Kriegler Brink, earning a pre- Feb. 2, against the University of Texas at San Antonio and St. Edward's University.

"I think we are going to be a lot better than

#### WOMEN'S TENNIS

DATE	<b>OPPONENT/EVENT</b>	LOCATION	TIME	
02/09/08	at Texas	Austin	12 p.m.	
02/13/08	at North Texas	Denton	3 p.m.	
02/16/08	vs. Texas A&M	Fort Worth	12 p.m.	
02/20/08	at Baylor	Waco	5 p.m.	
02/24/08	vs. William & Mary	Fort Worth	10 a.m.	
02/27/08	vs. SMU	Fort Worth	6 p.m.	
03/01/08	vs. Texas Tech	Fort Worth	12 p.m.	
03/03/08	vs. Fresno State	Fort Worth	2 p.m.	
03/06/08	at Wake Forest	Winston-Salem, N.C.	2 p.m.	
03/08/08	at VCU	Richmond, Va.	10 a.m.	\$\$\$\$\$\$ <u>_</u> \$
03/11/08	at Auburn	Auburn, Ala.	2 p.m.	
03/13/08	at Mississippi	Oxford, Miss.	1 p.m.	
03/16/08	vs. Virginia	Fort Worth	12 p.m.	
03/22/08	vs. Okľahoma	Fort Worth	12 p.m.	
03/28/08	vs. Colorado State	Fort Worth	6 p.m.	
03/29/08	vs. Air Force	Fort Worth	10 a.m.	The state of the second
03/30/08	vs. Wyoming	Fort Worth	10 a.m.	and the state of the state of the state
04/04/08	at UNLV	Las Vegas, Nev.	12 p.m.	The state of the
03/30/08	vs. Wyoming	Fort Worth	10 a.m.	A PARTY AND A PARTY AND A PARTY A
04/04/08	at UNLV	Las Vegas, Nev.	12 p.m.	and the second states of the
04/05/08	vs. San Diego State	Las Vegas, Nev.	12 p.m.	Carl Carl Carl Strategy
04/11/08	vs. BYU	Albuquerque, N.M.	TBD	and the second states of the
04/12/08	vs. Utah	Albuquerque, N.M.	TBD	
04/13/08	at New Mexico	Albuquerque, N.M.	12 p.m.	HOUSE ALL AND A DECEMBER OF
04/23/08	MWC Championships	Fort Worth	TBD	TENNES TO COLOR OF STATE
04/24/08	MWC Championships	Fort Worth	TBD	
04/25/08	MWC Championships	Fort Worth	TBD	Nina Munch-Soegaard serves in a o
04/26/08	MWC Championships	Fort Worth	TBD	of the Year by the Panhandle Sport



a doubles match against Baylor University. She was recently named Tennis Athlete orts Hall of Fame.



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