

FEATURES Find out how to stay healthy despite your busy schedule. PAGE 5



SPORTS See how the men's basketball team is set to fare against the Colorado State Rams. PAGE 8



One professor is seeing purple but thinking green. He says renting bikes to students will help the environment. TOMORROW

NEWS



ТСU IY SKIF **WEDNESDAY** January 17, 2007 Vol. 104 Issue 46 WWW.DAILYSKIFF.COM

Admissions office celebrates 10,000th application received

By JILLIAN HUTCHISON Staff Reporter

A celebratory spirit was in the air at the admissions office Tuesday as the staff mingled near silver balloons forming the number 10,000 and munched on Horned Frog by the end." cookies.

10,000th application received, a milestone reached Friday.

For the 2006 school year, cations are ahead of last year's of admissions. record, according to the admisover vet.

son behind the increase is of undergraduate admissions.

unclear, it is apparent that TCU is quickly becoming cent increase in applications, more competitive.

"It's unprecedented and unexpected," said Jim Atwood, assistant to the dean of admissions. "It looks like we'll have 11,000

With the number of appli-The admissions staff mem- cations received this year, bers were celebrating their Atwood said, there will be a 100 percent increase from 2000 to 2007.

'We're delighted that peo-TCU received about 8,700 ple have found out about this applications. This year's appli- place," said Ray Brown, dean

Southern Methodist University sions office, and the year isn't has also seen an increase in its applications this year, said SMU Though a specific rea- Nancy Peterson, assistant dean

Peterson said.

There are several factors that surge in applications, though, Brown said, it's difficult to attri-

Though admissions counselors haven't done anything dramatically different this year to recruit students, Atwood cited the greater number of on-campus programs designed for prospective students, as well as word of mouth from both past and present students, as factors in attracting students.

little things that come together to Overall, Atwood said, enroll- sions are cyclical.

SMU is anticipating a 15 per- ment numbers will not be affected by the growing number of applications.

The percentage of students 12000 could contribute to the sudden accepted this year will be lower than ever, he said.

"The quality academic indibute it to one specific reason. cators might rise based on the fact that we have more students to choose from," Atwood said.

Wes Waggoner, director of freshman admissions, said the application numbers will continue to grow this year, though they will begin to taper off.

It is difficult to predict whether the number of applicants will There are a whole bunch of continue to rise at such a rapid pace in future years, Atwood have a big impact," Brown said. said, as many things in admis-

Number of Freshman Applicants Estimated 11,000 0000 8.677 8,155 8,061 7,654 8000 6.137 5.822 6000 5.055 4000 2000 fall fall 2001 2002 fall fall 2003 2004 fall fall fall 2005 2006 2007 2000 Semester **ROLF NELSON/ Illustration**

SOURCE: OFFICE of ADMISSIONS

Lost business cited to lack of tenants

By JAMES BROWN Staff Reporter

different.

feet of the GrandMarc's space in the GrandMarc. retail space remains vacant, additional tenants.

Although negotiations across the street. with several busi-

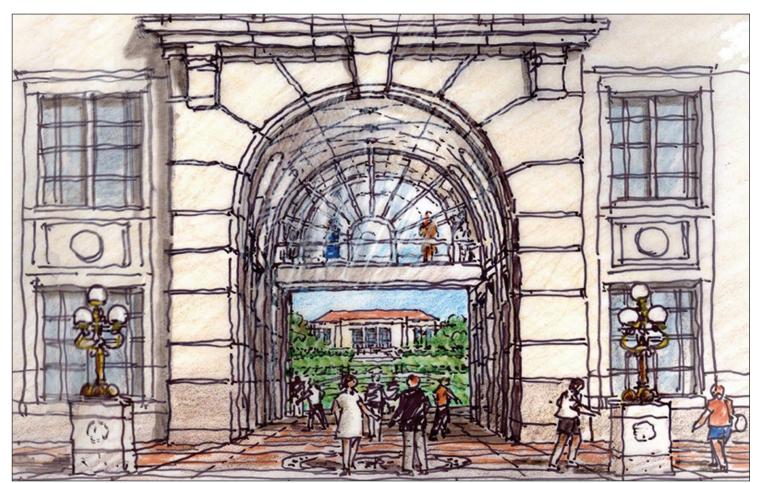
nesses are in progress, Kimberly Moss, direc-The calendar may say tor of community operait's a new year, but for the tions for the GrandMarc, GrandMarc at Westberry said both Starbucks and Place it doesn't feel any Dallas-based sandwich shop Which Wich, recent-A total of 23,000 square ly decided against leasing

Which Wich franchisee and, since leasing space John Darrah cited the cost with Perrotti's Pizza and of the lease along with con-CitiBank, the GrandMarc struction delays as reasons has been unable to recruit for choosing an alternate location — one directly

See LEASING, page 2

COMMON KNOWLEDGE

The Campus Commons is expected to be finalized by early summer 2008.





BILLY WESSELS / Photo Editor

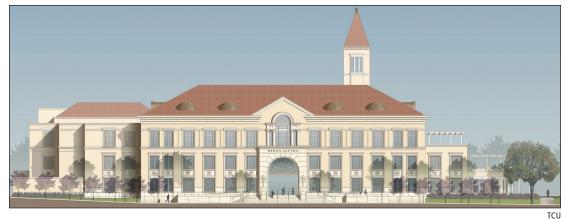
Alex Grosso, a junior computer information technology major, walks by an empty bottom floor of the GrandMarc apartments. A GrandMarc official said the construction around Berry Street could be contributing to the lack of business in the apartments.

BV SONYA CISNEROS Staff Reporter

There is light at the end of the tunnel.

While campus construction has become a part of life at TCU, there's hope that within a year there won't be a crane in sight.

TCU began construction of the Brown-Lupton University Union on Dec. 18, 2006, which, when finished, will complete the new Campus Commons area.



(ABOVE) A rendering of East Commons through an entry. (BELOW) A west view of the new Brown-Lupton Student See **UNION**, page 2 Union. Construction of the union is scheduled to be completed July 2008.

Camp conquers cold

By SUSAN GILMARTIN Staff Reporter

Even the cold weather could not stop many transfer and first vear students from attending the first ever winter session of Frog Camp.

While attending a two-day camp Thursday and Friday, stumeet upperclassmen and faculty members and get to know a regular summer session.

The summer Frog Camps usually last three to five days, in order to allow more time for games and outdoor activities.

WEATHER

The cold weather, however, spurred some changes in the original plans for activities.

Instead of having activities outside, Frog Camp facilitator David Mitchell said they had to bring everything indoors to stay warm.

"This was definitely the dents were given the chance to first camp that has ever been snowed out," Mitchell said.

Frog Camp student director their fellow classmates just like Nina Byers said most transfers do not attend a Frog Camp.

"You don't get many transfer students to go to Frog Camp," Byers said. "They have been to See **FROG CAMP**, page 2

New student center to update dining options

By LESLIE DYER Staff Reporter

When the new student union opens in 2008, both a new campus life and a new way to eat will come along with it.

TCU Dining Services is replacing the present a la carte plan with a buffetstyle program.

Rather than using an ID debit card at all of the dining facilities, students will swipe their IDs to gain access to the residential dining hall in the new Brown-Lupton Student Union, said Rick Flores, the general manager of TCU Dining Services.

Students will then choose their meal from a buffet of choices.

TCU is gathering ideas for this membership-type program from some neighboring universities, Flores the student an unlimited amount of said

Baylor University, Southern Methodist University, Texas Tech University and the University of the Incarnate Word in San Antonio all provide a similar plan.

SMU offers seven different meal plans, ranging from \$200 to \$2,035 per semester, that include both membership entries and additional "Flex" dollars.

"Flex" dollars, like the current TCU meal plan, are used like a debit card on campus, according to the SMU Dining Services Web site.

The membership-style plans at SMU allow for several choices. Some give buffet meals in campus dining halls. Other, lower-priced plans allow the student a certain number of on-campus meals.

Because of the change in meal plans, a change in price is also in the near future.

The new plan will cost students more because of operation costs and product prices, but the exact increase has not been determined, Flores said.

The number of on-campus restaurant options will stay about the same

See **DINING**, page 2

TODAY: Snow Showers 36/29 THURSDAY: Showers, 45/35 FRIDAY: Few Showers 38/32

PECULIAR FACT

Monroe, La.— A man told investigators he set fire to his mother's house because she told him to get a job if he wanted to stay there, according to an investigator. — Associated Press

TODAY'S HEADLINES

FEATURES: Chili Peppers are hot in Dallas, page 5 **OPINION:** Basketball team needs your help, page 3

SPORTS: Horned Frogs shoot for success, page 8

CONTACT US

Send your questions, compliments, complaints and hot tips to the staff at NEWS2SKIFF@TCU.EDU

UNION From page 1

The commons area will also include four new residence will provide students with a relationship between Linbeck halls and multiple indoor and outdoor dining options.

This will give students a central location in which to eat, life." talk and interact with each other, said Don Mills, vice chan- cent to Stadium Drive across ed July 2008. Since Dec. 18, cellor for student affairs.

seat theater for films, lectures Colby and Moncrief halls are employees worked. and performances; a ballroom and a conference center.

It will benefit students both academically and socially and make TCU a more pedestrianfriendly, residential community, Mills said.

"It will be like a sports bar completed project.

without the bar," Mills said. variety of programs and dining options creating "a very significant change in student

from Amon Carter Stadium. As there have been two days of The union will feature a 350- a result, the parking lots of rain through which Linbeck permanently closed.

Travis Bowles, a junior communication studies major, said he thinks the new union will improve the public image of TCU and will definitely attract Hale said. "That's not an more applicants. He said he's option."

Mills said a restaurant will disappointed that he won't be also be included in the union. able to reap the benefits of the

The completion of the new Mills said the new union union will cement a 12-year Construction and TCU.

Tom Hale, senior project manager, said the construction is progressing well and The union is being built adja- is scheduled to be complet-

> Hale said he is hoping for weather cooperation and will do everything necessary to finish the project on time.

"We will not finish late,"

FOR YOUR INFO

- FACILITIES TO BE COMPLETED March 2007
- Indoor Football Practice Facility East Campus Chiller Plant
- Summer 2007
- Two of four new residence halls Fall 2007
- J.E. and L.E. Mabee School of Education Complex
- Steve and Betsy Palko Building Barnes and Noble at Texas Christian University
- December 2007
- New residence halls
- July 2008

reversing.

fall 2007."

Campus Commons landscaping Brown-Lupton University Union

population, a trend that is quickly

Martin said the current occupancy is

By the 2007 fall semester, he said,

Because the GrandMarc is consid-

spurred what the GrandMarc's January

newsletter called "a flood of sopho- er."

DINING From page 1

after the new dining halls open, he said.

A retail-style restaurant, a residential dining hall and a convenience store will replace the four existing dining options.

These facilities will open when the new student union construction is finished.

If the building goes up on time, the new dining plan will go into effect fall 2008, said Legia Abato, the marketing manager for TCU Dining Services.

After the new dining halls are operating, the current Brown-Lupton Student Center will be renovated into classrooms, offices and meeting rooms.

"There are ongoing negotiations

Martin said the GrandMarc is open

with Jason's Deli and Buffalo Wild

to a variety of businesses leasing

space in the GrandMarc, such as an

ice cream shop, a sports bar and even

Central Market, Camp Bowie space," Martin said. "The only criteria is that

they're not competing with each oth-

Though Perrotti's Pizza and

CitiBank have each leased space

'We're looking to be in line with the

Wings," Moss said.

a tanning salon.

Moss admitted she would prefer to with the GrandMarc, both are cur-

semester.

FROG CAMP From page 1

college before so a lot of them feel like they already know the ropes."

Byers said coming to TCU is have been to another school.

Kay Higgins, associate dean of student development, said there are about 40 to 60 firstyear students this semester, a number she said is very high for January.

Higgins said the camp was implemented to meet these students' needs.

a new school, especially in the ed to keep it a surprise," Hermiddle of the year, Higgins nandez said. said.

Center in Waxahachie, accord- mostly freshmen attend. ing to the Student Development Services Web site.

focused mainly on commu- students.

nity building because of the time restriction during Winter Break.

Students were put into groups to get to know each other and become familiar with the TCU environment.

Mitchell said there were still a new thing whether they about 10 to 12 transfer students at the winter camp more than usually attend a summer Frog Camp session.

Sarah Hernandez, a transfer student and student worker in the SDS office said she met some of the facilitators before she went to camp.

"Some of the facilitators were talking about camp It is very hard to come into before we went, but I want-

She also said she felt a little The winter Frog Camp was weird going to Frog Camp as a at Lakeview Camp and Retreat transfer student, only because

Mitchell said about 55 to 60 students attended and 10 Higgins said the camp was to 12 of those were transfer



holdover," Darrah said. "They still don't have their tenants. This opportunity presented itself and I have a great landlord."

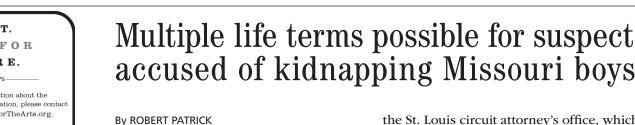
Moss said businesses are reluctant mandate requiring all first and secondto lease space before the Berry Street year students to live on campus has construction is finished.

Resident Services Manager Marcus Martin said the construction was sched- mores making reservations already for uled to be completed by the city Aug. 24 2006

Moss also attributed businesses' hesi- be further along in the leasing process, rently undergoing installation and are tation to utilize the GrandMarc's retail but she said she has remained opti- expected to open during the spring space to a less-than-capacity resident mistic about acquiring tenants.

AMERICANS

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St. Louis Post-Dispatch

ST. LOUIS — The charge Michael J. Devlin faces in the abduction of William "Ben" Ownby carries a maximum penalty of life in prison.

Investigators, and lawyers familiar with criminal statutes, said Tuesday he is likely to be named on federal and state charges that could bring additional life terms.

Devlin is scheduled to be arraigned Thursday in Franklin County, Mo., on one count of child kidnapping. A spokeswoman for Prosecuting Attorney Robert Parks said he was not taking phone calls Tuesday and had not finalized a decision about additional charges.

The crime transcends several jurisdic- none was filed so far.

the St. Louis circuit attorney's office, which is not involved in the case, said Tuesday that a 2004 law established the distinct crime of child kidnapping. The Class A felony is punishable by 10 years to life.

Graviss, who cautioned that her office is not privy to details of this case, said the same charge might not apply for Hornbeck, since he was taken before the law was passed. His might be classified as a kidnapping without ransom, a Class B felony with a penalty of five to 15 years in prison.

On Saturday, Roland Corvington, special agent in charge of the St. Louis FBI office, said Devlin may face federal charges but the U.S. attorney's office said Tuesday that

Former U.S. Attorney Jim Martin said fed

70.9 percent, but will be as high as 84.6 "Obviously there's some kind of percent during the spring semester. the GrandMarc will reach capacity. ered on-campus housing, TCU's latest

TCU Academic Affairs and AddRan College of Humanities & Social Sciences is pleased to present

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Nina Totenberg

National Public Radio Political Analyst and Legal Affairs Correspondent

Wednesday, January 24, 2007

3:30 pm student forum, 6:00 pm Keynote address Ed Landreth Auditorium Texas Christian University

The event is free and open to the public.





Devlin's apartment by police who had traced Ownby, disappeared from near his home in Washington County, Mo., in 2002. The prosecutor there, John Rupp, did not return a call Tuesday, but has scheduled a press conference for this afternoon.

The apartment where the boys were kept is in Kirkwood, Mo., giving jurisdiction to St. Louis County Prosecuting Attorney Robert P. McCulloch too. He could not be reached Tuesday.

Jeannette Graviss, chief warrant officer for Tuesday.

Shawn Hornbeck, rescued Friday from eral and local prosecutors have historically worked to apply the best charges in the best venues.

> He noted that a federal kidnapping charge can be applied if a victim is held more than 24 hours, under a law that then puts a legal burden on the defense to prove that no state lines were crossed.

> Martin said federal kidnapping carries a potential penalty of life in prison with a 20year minimum if the victim is under 18.

Devlin's lawyers could not be reached

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QUOTE OF THE DAY

"People want economy, and they will pay any price to get it." Lee lacocca

BY RICKY ANDERSON

3

THE SKIFF VIEW Business decision not political

n Jan. 8, a Dallas-based pizza chain, Pizza Patron, began accepting Mexican pesos, in addition to the U.S. dollar, as a form of payment from customers.

The decision by any business to accept an additional currency is entirely that: its decision.

Andrew Gamm, Pizza Patron's director of brand development, said the chain caters predominantly to Latinos and began accepting pesos as an additional service to its patrons.

Like all businesses, Pizza Patron has a desire to make a profit by serving customers and keeping them happy. Accepting pesos is one way to do that.

Though the move is entirely legal, Gamm said, at first the company received many complaints via e-mail about the service. Some call it one more way Latino culture is invading the U.S.

One week later, however, Gamm said the tide has turned and the majority of e-mails the company receives are largely positive.

While many U.S. residents might be upset

at the company's decision to accept pesos, it should be noted that many businesses in the northern states already accept Canadian dollars with little to no resistance or protest.

As many have noted time and again, the United States is a melting pot of culture. Since its birth, our country has lived and breathed on the ideal of all cultures welcome. The United States has seen waves of immigration: Germans, Italians, Chinese and, now, Central and South Americans.

It's only natural for this newest wave of immigrants to bring with them a part of their own country, monies included.

Gamm said he thinks a lot of money exists in small amounts of pesos spread over many people in the state and accepting this currency is one way Pizza Patron is differentiating itself from larger competitors and helping to keep its growing customer base loyal.

People should look at Pizza Patron's new plan as a business decision not a political motivation.

> John-Laurent Tronche is a senior news-editorial journalism major from Fort Worth.



Gentlemen turn into boys around other men

Why does it seem that all men, especially those in their teens and 20s, turn into rude, noisy, childish boys when they are

with their

Is it all

Where

Butlers





Erin Glatzel

of "Gone with the Wind?" All I see are men who might have starred in "Jackass."

For the most part, men show no respect for women and their beauty. Instead of calling a woman "beautiful" or "stunning," they call her "hot" and then start discussions about how much they would like to get into her

ing my boyfriends to my father. My dad is the epitome of everything a man should be. Why can't men today take a lesson from their fathers and act like the respectable people they should be?

The worst really comes out when men get around other men. They become childish boys, wrestling each other, shooting each other with pellet guns and making crude remarks to and about each other. All charm, wit and charisma goes out the window as they scratch, burp and hoot their ways to slobhood.

I don't get it; I may never get it. And yet, even in the midst of this rant, I have to also say that today's women might be to blame.

Putting all your goodies out there does not teach

Fans considered MVP of basketball team

If a tree falls in the forest and there's no one there to hear it, does it make a sound?

This seemingly simple question has puzzled mankind for ages. Maybe moving the setting to a more famil-COMMENTARY



David Hall

ent. If a basketball swishes

through the net at Daniel-Meyer Coliseum, and there are no fans in the seats, does it really make a sound?

You bet. There are 12 guys dressed in purple and white on the TCU sideline who live for that very sound, and dishearteningly, live to play the game in front of meager, nenthusiastic crowds. I have seen seminars on the merits of rust-proofing turbine engines more densely attended than most TCU men's basketball games. But why is that? Maybe not enough people are aware of how fun the games really are. I have never considered myself a fan of basketball, let alone college hoops, until I came to TCU. I originally went down to the coliseum one Saturday afternoon to pick up some tickets to the Texas Tech game so I could heckle Bobby Knight. In doing so, I hoped to send the ol' ball coach into a violent rage, causing him to tackle me and forcing him to pony up some serious "hush money" so I

currently in progress, my friend and I decided to sit and watch. While originally vowing to stay only a couple of minutes, lest we miss our football tailgate, we were soon pulled into an exciting battle of wills that ultimately resulted in a double-overtime victory over UT Arlington. Every game I've been to since then has been amazing. Be it crawling back from a double-digit deficit in a close loss to a heavily favored Texas Tech team or throwing my hands up and cheering as the Frogs knocked down a last-sec-

wouldn't press charges.

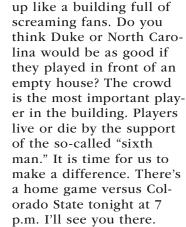
Seeing that a game was

ond shot to beat Tulane. Besides the intense competition on the court, there is still plenty to keep you interested at the game. Focus on such things as the basketball band hurling insults at the opposing players, the wellchoreographed dances of the TCU Showgirls or the peppy antics of the cheerleaders. Also, don't forget that SuperFrog, the greatest mascot of all time, attends every game. If you're bored, stand in awe of his magical power to make you smile. He could steal the credit card numbers of everyone in the coliseum, but if he gazed at the audience with that look of utter bliss on his face, everyone would be hypnotically forced to smile and applaud. No matter what violation of civil rights or good sense he could think up, people would still love him to death. The Bush administration could use a guy like SuperFrog.

I understand the general sentiment around campus is that the men's team isn't good, given its 6-25 finish last season. However, in a little less than a year, this team has grown from Mountain West whipping boy to a corps of glass-eating, motoroil-drinking studs.

Take a look at the numbers. At the de facto halfway point of this season, the Frogs already have four more wins than they did all of last season. Plus, they're off to a 2-1 start in the conference. Same old song and dance

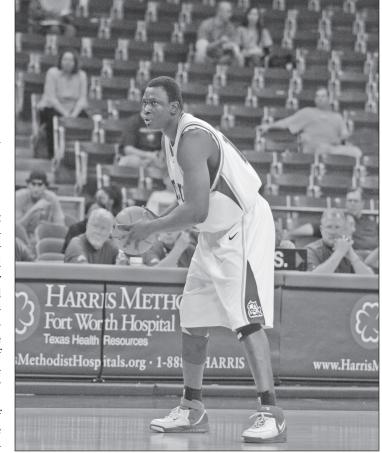
as last year? I think not. Basketball is all about



momentum, and nothing

gets those guys pumped

David Hall is a freshman news-editorial journalism major from Kingwood.



pants.

Now, I apologize to those men out there who are not complete animals. But even you surely recognize that the childish and immature ways men act nowadays are unacceptable.

Perhaps I just was not paying attention when I was younger, but now, when I see the boys who want to be called men, I cannot help but wonder what happened to respectful, gentle, manly men? Nowadays, it is rare to see a 20-something man open a car door for a woman, or, even worse, hold the door open for a woman as she is walking to class.

How can I respect them? I realized the other day that I find myself comparmen to respect you or your body. You may complain that men don't look you in the eyes when they talk to you, but how can they when your double D's are popping out?

Women, you do not have to put up with unacceptable behavior. It is not in the DNA; it is a behavior that has been learned and can be unlearned. And, if you happen to be one of the lucky ones who have found a man who is respectful and kind and loves you more for your IQ rather than your bra size, hold on to him.

There are not too many Rhett Butlers left.

> Erin Glatzel is a junior news-editorial journalism major from Las Vegas.

BILLY WESSELS / Photo Editor

Femi Ibikunle, senior forward, holds the ball in this season's game against the Stephen F. Austin Lumberjacks on Nov. 14. With the exception of the Texas Tech game, attendance has beeen low for TCU basketball home games.

No reason to spend big bucks on fairy tale wedding; debt could add stress to newlyweds

It's the day every girl has been planning since she was little. The over-sized white dress, the cascades of roses and





the towering cake are iust a few of the details a bride must choose from. The fairy-tale wedding, however, is

costing someone a pretty penny.

The average wedding cost has risen dramatically in the past few years, averaging nearly \$30,000 in 2005, according to CNNMoney.

com. Theweddingreport.com

confirms this sum, reporting the average wedding in the Dallas/Fort Worth area in 2006 cost \$30,790. This does not include the price of the honeymoon, the engagement ring or a wedding planner.

But is one day really worth \$30,000?

We all hope it only comes around once in our lifetime, but the price of a wedding could be put toward true investments, like a down payment on a home or a payment toward your college loans.

Brides spend too much money on lavish, over-thetop weddings. And, in the

end, all those thousands of dollars are blown in just 24 hours.

A lavish wedding at Disney World costs anywhere from \$20,000 to \$45,000. There goes that BMW or Audi you've been dreaming about.

marriage being as financial-



bride's parents are the ones suffering from these fairy tales. Tradition calls for the couple's parents to divide up the cost of the wedding with the bride's half paying more.

But for those newlyweds who do decide to pay their own way, they may be in over their heads.

This can create a large strain on the marriage early on. Giles-Sims said financial difficulties are a reason many couples get divorced, yet another sad but true reason to choose the David's Bridal gown instead of the Vera Wang.

The divorce rate for first marriages in the U.S. is 41

percent, with the highest percent of those divorces occur among 20 to 24-yearolds, according to divorcerate.org. Many brides think the fairy tale will last the rest of their lives but find out their "Prince Charming" is nothing more than an ugly frog.

Although your wedding day should be a special and memorable event, there are ways to cut the costs and save some debt.

Your fairy tale just may last a little longer in the end.

Amy Kopsea graduated in the fall of 2006 with a broadcast journalism degree. She is from Osceola, Ind.

JOHN-LAURENT TRONCHE MARCUS MURPHREE **ANDREW CHAVEZ**

LINDSEY BEVER AMBER PARCHER

Editorial Policy he content of the Opinion page does not

necessarily represent the views of Texas Christian University. The Skiff View editorial represents the view of the TCU Daily Skiff editorial board

listed to the left. The Skiff View is the collective opinion of the editorial board and may not reflect the views of the individual writers. Signed letters. columns and cartoons represent the opinion of the

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e-mail it to LETTERS2SKIFF@TCU.EDU. Letters must include the author's classification, major and phone number. Skiff reserves the right to edit or reject letters for style, taste and size restrictions.

It is important to start a

ly stable as possible. Repay-

ing student loans can haunt a marriage for years, so why add on more hefty debt? Jean Giles-Sims, profes-

sor of marriage and family,

ingly unable to pay for the

lavish weddings brides and

grooms want. She said, as a

result, some newlyweds are

But for the most part, the

left with the bill.

said parents are increas-

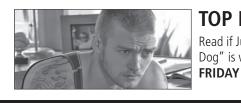


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TOP DOG Read if Justin Timberlake's new movie "Alpha Dog" is worth seeing.

CONCERT REVIEW



The Red Hot Chili Peppers perform at Lollapalooza 2006 at Grant Park in Chicago on Aug.6.

Chili Peppers heat up Dallas with new hits

By AMBER PARCHER Features Editor

Freezing temperatures and ice couldn't keep the Red Hot Chili Peppers away from Texas on Saturday. Despite canceling their Oklahoma City show the night before, the Chili Peppers rocked out Dallas' American Airlines Center in a high-profile concert that showcased the band's exceptional music skills.

An all-star cast of drummer Chad Smith, guitarist John Frusciante, bassist Flea and frontman Anthony Kiedis put on a show that lived up to their stature as one of the world's most talented rock bands.

Opening with the up-beat, fast-paced hit "Can't Stop," from their 2002 album "By The Way," the band started the show running. Next in the line-up was the catchy, poprhythmic "Dani California," the first single from their newest album "Stadium Arcadium."

Although the band is on tour to promote "Stadium Arcadium," its two-disc album released in May 2006, it seemed to play it safe by sticking to older hits Saturday night. A sold-out crowd of almost 13,000 voices could be heard singing along with Kiedis to some of the band's biggest hits, including "Scar Tissue," "Californication," "By The Way" and a superb rendition of "Under the Bridge" in an encore. Fans of the Chili Peppers' newer stuff weren't disappointed either. The Chili Peppers played the first five tracks off "Stadium Arcadium's" first disc Jupiter, including the title track and the funky dance song "Hump de Bump." And in one of the most spectacular moments of the show, Kiedis had almost the entire stadium up and jumping to the high-energy, impossible-notto-dance-to hit "Give It Away Now," from the band's 1991 album "Blood Sugar Sex Magic." It was a true testament to the band's consistent success for almost three decades. What makes the Red Hot Chili Peppers so red hot is the unstoppable combination of Flea's intricate bass lines, Frusciante's skilled guitar riffs, Smith's groovy beats and Kiedis' charisma on stage. These mastermind musicians have managed to mesh hip-hop, funk and metal in a unique style that has created a genre of its own. And even though the Red Hot Chili Peppers have nothing to prove, the band never stopped showing off its skills during the show Saturday. Smith's numerous drum solos and Flea's and Frusciante's impromptu jam sessions in between songs showcased the musical skills that has elevated the band to stardom. The Chili Peppers are an epidemic vou can't help but catch and are surely on a path to etching themselves into a rock 'n' roll fame equal to that of The Rolling Stones.

The **WEIGHTING** Game

Here are some tips on keeping up with your New Year's resolutions to stay healthy.

By AMBER PARCHER Features Editor

We've all done it: As the new year rolls around, we make promises to ourselves to eat healthier, work out more often and get in shape.

But, as school starts, priorities other than the food pyramid and the gym take over, and healthy living takes a backseat to grades and partying.

Not surprisingly, nutritionists agree food and exercise are fundamental parts of staying healthy.

And, while we may think we understand the age-old adage "you are what you eat," the truth is we often underestimate the impact food has on our bodies, said Dr. Stephen Wangen, founder of the Irritable Bowel Syndrome Treatment center and specialist in food allergies and digestive problems.

"Eating healthy is a very generic definition," Wangen said. "We, as humans, have dramatically changed our diet with the development of agriculture."

Wangen said the main ingredients in almost every food produced

in America are wheat, dairy, eggs, corn and soy.

This can create problems for people whose bodies act adversely to these kinds of foods, Wangen said. More than half of the population has some kind of food allergy, which includes digestive problems, fatigue, lack of clarity and constant colds.

So how can one eliminate these problems and eat healthier?

Gina Hill, assistant professor for the Department of Nutritional Sciences, said the key is to choose different foods from different food groups.

"Some people may make the mistake of resolving to eat more vegetables but then only eating green beans," Hill said.

Hill stressed eating all types of food in moderation is one of the best ways to eat healthy.

"Moderation is a dietician's favorite word," Hill said.

And for the women who made a resolution to diet this semester? Hill said watching proportion size and, surprisingly, calories from liquids.

"Twenty to 25 percent of the average American's intake from calories comes from liquids," Hill said.

Often, something as simple as cream and sugar to a coffee can add hundreds of calories to the drink, Hill said, who added black coffee is calorie-free.

But healthy living requires more than just eating right.

Matthew Johnson, assistant professor of sports psychology, said exercise even in small amounts can significantly help a person stay healthy.

"The best thing to do is exercise at an intensity that's comfortable for you," Johnson said.

Johnson said the majority of students who resolve to exercise for the new year generally do well until the first wave of tests come and school becomes a priority for the rest of the semester.

The way around these "road blocks," as Johnson called them, is to plan ahead.

"If you know you have a big

test coming up, plan to eat healthy snacks as you study," Johnson said, "and make time to work out."

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Johnson said the three main barriers to working out are a perceived lack of time, lack of energy and low motivation.

To overcome these, Johnson recommends that people think about the time in their lives they were the healthiest and identify what they were doing right.

"Was it the people around you? Were you training for something? Did you have more time?" Johnson asked. "The key is to focus on what has been successful, not on what hasn't."

Small changes are going to make the most difference because a person is more likely to adapt to small changes than large, overwhelming ones, Johnson said.

"We create change from our strengths and successes," Johnson said.

The bottom line from all the experts: living a healthy lifestyle is feasible, even for busy college students.



WEIGHING YOUR OPTIONS

Know what foods are good for you and why? Here's a quick list of the best food sources to give your body the nutrients it needs to stay healthy.

CALCIUM

Calcium is key to strong bones and teeth, as well as proper nerve and muscle function, and while milk is instantly considered as a source of calcium, there are many other foods that can help you get the calcium you need:

Milk, Other Dairy Products, Cornmeal, Wheat Flour, Sardines, Spinach, Soybeans

• VITAMIN C

Vitamin C helps your body repair itself, fight off diseases and infections and even has shown some indications of fighting off cancer. Here are some of the foods that pack the highest Vitamin C punch:

Oranges/Orange Juice, Peppers, Grapefruit Juice, Strawberries, Broccoli, Brussel Sprouts

FIBER

Fiber keeps digestion on track and has been shown to help prevent heart attacks, intestinal problems and several types of cancer:

Beans, Peas, Wheat Flour (whole grain), Dates, Tomato Products

ANTI-OXIDANTS

Anti-oxidants are chemicals that may help prevent a host of ailments including cancer, heart disease and Alzheimer's:

Beans, Blueberries, Cranberries, Artichokes, Blackberrries

• FOLIC ACID

Folic acid promotes cell division growth, red cell development and helps prevent some birth defects and can help reduce the risk of some types of cancer:

Turkey, Orange Juice, Beans (specifically kidney, pinto, navy), Okra, Spinach

• IRON

Iron helps carry oxygen through our bodies. If you don't get enough you can become anemic, which will make you feel tired and weak:

Mollusks, Clams, Enriched Rice, Spinach, Beef, Baking Chocolate (unsweetened squares)

Source: USDA, National Institute of Health

College applicants hope for tuition assistance from 'new' Congress

The Dallas Morning News

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DALLAS — As families begin fillthis month, they do so with the hope that the new Democrat-controlled Congress will follow through fully phased in, a borrower with on its promise to make paying for college less expensive.

As part of its promised first 100 hours of the new Congress, Democrats introduced the College Student Relief Act of 2007, which would cut interest rates on federal student loans in half for middleclass borrowers.

"The cost of higher education Miller, the new chairman of the credit from \$1,650 per student to House Committee on Education and Labor, said in a letter last week to colleagues. "Over the last five better chance of getting through years, tuition at public colleges and universities increased by 35 percent. This represents the highest lisher of FinAid.org, a Web site increase in any five-year period since 1976."

To pay for it, more students are relying on loans, he said.

"In fact, loans now represent over half of all college aid to undergraduate students," said Miller, D-Calif.

Citing data from the Congressional Advisory Committee on Student Financial Assistance, he said finanhigh school graduates from attending a four-year public college in the next decade, and prevent 2 mil- credit also has potential. lion eligible students from attending college at all.

phase in interest rate cuts over five of new subsidized student loans —

you're in school — from a fixed rate billion over five years. of 6.8 percent to a fixed rate of 3.4 take effect July 1.

"When the interest rate cut is \$13,800 in debt would save approximately \$4,400 in savings over the life of their loan, helping approximately 5.5 million undergraduate students," Miller said.

Other things Democrats want to do to make college more affordable include raising the maximum Pell Grant to needy students from \$4,050 a year to \$5,100 a year and has skyrocketed," Rep. George raising the HOPE Scholarship tax \$3,000 per student.

> Those two proposals stand a Congress than cuts in student loan rates, said Mark Kantrowitz, pubthat gives information on paying for college.

The Pell Grant proposal has particular appeal to Kantrowitz.

"It hasn't been increased in over four years," he said. "It's the most effective student-aid program because it's targeted at the students with the greatest financial need. It helps increase the number of from college."

"It's, in effect, a tax cut, and I've The Democrats' legislation would from a tax cut," Kantrowitz said.

Experts say cutting student loan

pays the interest on the loan while some say would be as much as \$60 who are most in danger of missing cial aid is administered on a first-

"Democrats have not explained al," said Rep. Adam Putnam, R-Fla., and their families. chairman of the House Republican Conference. "Will Democrats raise taxes to pay for this proposal?"

Miller said the rate-cut legislation is in keeping with Democrats' promise to restore fiscal discipline to federal spending.

"This proposal is a fiscally responsible first step that will make college more affordable for students and their families," he said.

The interest rate cut will be offset over five years in accordance with a newly restored rule that requires that any tax cut or increase in entitlement spending be offset by an increase in taxes or reduction in other entitlement spending, rather than being deficit-financed.

"It's an incredibly expensive proposition," Kantrowitz said. "I don't think anybody realized how expensive it's going to be when they made the sound bite."

What's more, critics say, cutting student loan rates does nothing to address how to make it possible for students to get into college in the first place.

The immediate hurdle for needy cial barriers will prevent 4.4 million students enrolling and graduating families is how much cash they need to come up with to get their Raising the HOPE Scholarship children through the doors of higher education.

> "Democrat proposals do more for yet to see Republicans shy away college graduates than they do for college hopefuls," Putnam said.

"Democrats are not spending a years for undergraduate borrowers rates will be harder to get through dime of taxpayer money in their Congress because of how much it first 100 hours in power to make in which the federal government would cost the government, which college more affordable for those

out on getting a college degree."

The debate over college costs

January is when students attendfor Federal Student Aid form, also known as the FAFSA.

for applying to almost all student financial assistance programs and determines eligibility for federal of the year." financial aid. Many schools also for non-federal aid.

as soon as possible because finan- federalstudentaid.ed.gov.

come, first-served basis.

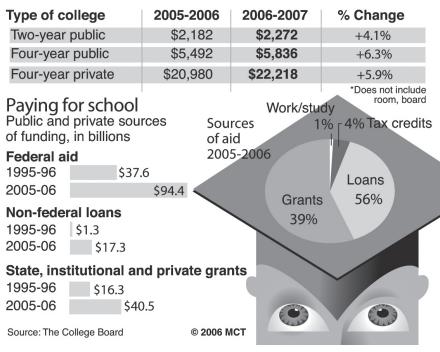
Take care to be accurate, paring out college financial aid forms percent. Interest rate cuts would how they will pay for this propos- comes at a crucial time for students ticularly on the information about your investments.

"Several lines of FAFSA are speing college in the fall can start cific to the federal income tax submitting the Free Application return," Kantrowitz said. "However, families should not wait to fill out FAFSA until they've submitted The form is the starting point their income tax return and should estimate the values based on their W-2s and 1099s, or the last pay stub

You can get a FAFSA form at high use it as part of their application school guidance offices or libraries, by phone from the Department of Families should fill out the form Education at 1-800-433-3243, or at

Rising college costs

How tuition and fees have increased since the previous school year*:



Father returns home to face charges of decapitating his daughter after fleeing state

By MANDY LOCKE McClatchy Newspapers

Wednesday to face a judge and home, one stained with what answer to a charge of killing appeared to be blood, accordand decapitating his 4-year-old daughter Katlin.

Violette, 37, fled to Wash- lected a blood-stained pair of daughter lying in the hallway ington, D.C. on Friday evening children's pajamas. RALEIGH, N.C. — John Pat- after police say he killed his rick Violette is expected to only child. Police confiscat- how Katlin — a well-mannered after going home to eat lunch ranting to himself as he rushed return to Johnston County on ed two kitchen knives in the girl just learning to ride a bike ing to a search warrant made lette came home from work Amber Violette told an emer-

Officials haven't yet explained - officially died.

Katlin's mother Amber Viopublic Tuesday. Police also col- Friday evening to find her gency dispatcher.

IO

with Katlin and her father. Katlin and John Violette had been having a "daddy-daughter day,"

Neighbors saw John Violette night. of their Grovewood subdivi- race to his home in his Buick to the front door.

> "He was ranting and raving, like somebody was talkacross the street from the Violettes.

when U.S. marshals tracked him connection in Charlotte, N.C. down in a Holiday Inn. walking distance from the Capitol building in Washington, D.C.

Marshals had to knock in the sion home just a few hours station wagon just after lunch, door of his hotel to arrest him; twice, Violette tried to flee from law enforcement as they took him to jail, Lindsey said.

> Violette landed in D.C. late ing to him in his head and he Friday night, after ditching his was talking back," said Diana car at Raleigh-Durham Inter-Narron, a neighbor who lives national Airport and boarding a U.S. Airways plane, Clayton Police Chief Glen Allen has Violette was still stirred up said. His flight likely made a

> > Those who loved Katlin will say goodbye to her Thursday in a morning service at Colo-

PEAN RADICAL SEES IT

her painful evidence that the interests of on when they are opposed to those of uary 26), it is doubtful whether anything at Shantung, but that may be excused on The more serious matter is the Amerional control of China by means of the difficulties, partly owing to the anarchy by Japan, partly owing to the withhold-British Inspector-General of Customs. ays:

his country [China] could be renthe Government provided with a stroke of the foreigner's pen, while be bankruptcy pure and simple. political chaos, the Customs Revast year exceeded all records by es sanctioned by the Washington nt revenue to liquidate the whole bt in a very few years, leaving the pered for the Government. The y, but to find a Government to

n the Chinese say they would like to As a consequence of foreign control meet an obligation of \$5,500,000 tion of America is set forth in The Ellerano

ers and politicians were at one and the same and the heroes and villains of the piece; having cooperated in the ceasion of a dangerous situation, they came forward handsomely a das hous of relat with an offer to save China from themselves as a very & the Chinese Covernment would only enter into abaiman with the Constrainty and thus prepare the way for the commut establishments of an American financial protectorate.

in the logente Medice Channels for November 19 (p. 950), in a tologram autors innormational Connect of China", I find it reported that America

If you didn't buy your textbooks at Half.com, you paid too much. Half.com has all the textbooks you need like chemistry, astronomy and history for a lot less. FOR A LIMITED TIME, SAVE AN ADDITIONAL \$5 ON PURCHASES OF \$50 OR MORE. SIMPLY USE THIS CODE: SAVEBIGNOW *\$5 off promotion open to legal U.S. residents 18 years of age or older who are first-time buyers on Half.com. \$5 off promotion good for first-time purchase of \$50 or more, excluding shipping and handling, on



search for Violette on Friday Debbie Clark said.

"He was screaming Bible nial Baptist Church in Cary, passages from Revelations," N.C. Katlin was involved in said Tex Lindsey, a deputy U.S. programs there and often marshal and commander of the hummed songs she learned in Eastern District's violent fugi- Sunday school class throughout tive task force, which helped the week, her day care teacher







TODAY IN HISTORY

SUDOKU PUZZLE

1893: On the Hawaiian Islands, a group of American sugar planters under Sanford Ballard Dole overthrow Queen Liliuokalani, the Hawaiian monarch, and establish a new provincial government with Dole as president.

WORTH A LAUGH — BUT ONLY ONE

Q: Why are pirates, pirates?

A: Cause they Arrrrrrrrr....



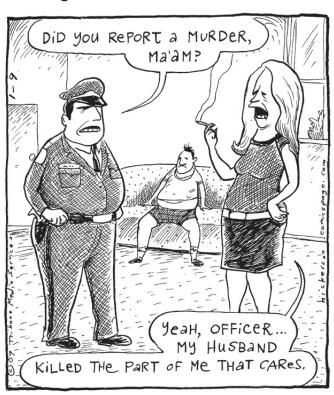
by Buddy Hickerson



"So, THIS is why you wanted to have me cloned."

The Quigmans

by Buddy Hickerson



DEFENDENCIAL MEN'S BASKETBALL TONIGHT AGAINST COLORADO STATE AT 7:00 PM ADMISSION FREE WITH TCU ID								
4			3		8		1	
			1	9		7		
3					2			
	5	4	7		6	9	2	
			9					6
		5		1	9			
	7		2		5			4
8						1		

Directions Fill in the grid so that every 3x3 box, row and column contains the digits 1 through 9 without repeating numbers. See Thursday's paper for answers to today's sudoku.

								120213
			-	1				
6	2	3	4	8	1	5	9	7
5	4	1	3	9	7	6	8	2
7	8	9	6	2	5	3	1	4
8	7	6	1	4	9	2	3	5
9	5	4	8	3	2	7	6	1
3	1	2	7	5	6	9	4	8
4	9	7	5	6	8	1	2	3
1	6	8	2	7	3	4	5	9
2	3	5	9	1	4	8	7	6



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TRACK

Find out who the big winners from the Flying Frogs are in the Arkansas Invitational Track and Field meet. TOMORROW

Frogs aim for Conference title; leaders propel squad to 2-1 start

By LAUREN PARKER Staff Reporter

The Horned Frogs have bounced back from a disappointing 6-25 season last year with new leaders and big goals for conference play, said a junior guard.

The Frogs have started the second half of regularseason play with a 2-1 conference record from wins during winter break over the New Mexico Lobos and Utah Utes.

Brent Hackett, a junior guard, said the team is determined to prove it can be a contender in the Mountain West Conference.

"We have worked hard, and we now have a more balanced offense and more threats in Kevin Langford and Alvardo Parker," Hackett said.

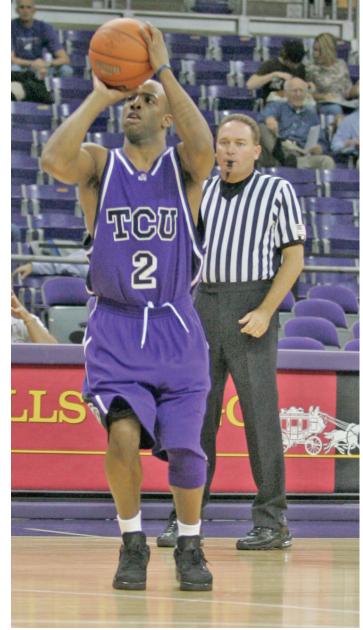
There is a newfound sense of stability and confidence with this year's team, and the team has already surpassed its win total from last year with 10 victories and with 13 conference games remaining, Hackett said.

Some of the scoring burden has been alleviated from the Horned Frogs by the arrival of sophomore forward Kevin Langford, a transfer student from California, Hackett said.

Langford is the leading scorer for the team, averrebounds per game, and he conference player of the week honors since Corey Santee in 2001 after scoring 20 said the transition between the schools has been relatively smooth.

my shooting, speed and strength last year, as well as mates," Langford said.

Langford and Hackett and off the court. play important roles on the team in trying to build on thought of myself as a lead-



SKIFF ARCHIVES aging 11.5 points and 5.7 Junior guard Brent Hackett became the first Horned Frog basketball player to earn

points a game against both the New Mexico Lobos and Utah Utes.

win the conference tour- Week Honors after wins "I worked to improve nament and do well in the over the Lobos and Utes. (NCAA) Tournament."

getting to know my team- said, he has stepped up to receive a weekly conby leading by example on ference award, which he

"I never would have gofrogs.com. stay focused and motivat-

Guard Corey Santee was This season, Hackett the only other TCU player won in 2001, according to

"It's nice to be recogthe success of this season, er, but I try to do anything nized with this award, but but the team as a whole has I can to help my teammates I'm more focused on the success of the team," Hack

Crossing the pond from football to soccer

By ANN KILLION San Jose Mercury News

MLS was only league willmoney, love

League Soccer last week. Don't you dare compare our forward in this country. Beckbig fantastic groundbreaking news to that quartercentury-old cautionary tale is different than that of Pele Soccer has progressed since of the North American Soccer League.

Sure, there are differences. But the similarity is more striking.

After 11 seasons of toiling to get some real attention.

league announced it signed David Beckham to a whophappened before.

a boost in television ratings, ticket sales and overall profile when Becks and his famous 31, comes to Los Angeles family (wife Victoria, aka basically out of other soccer Posh Spice, and sons Brook- options. He had already lost lyn, Romeo and Cruz) arrive his place in the Real Madrid in Los Angeles. Beckham, side (and was told this weekglamorous, gorgeous and still end that he won't ever play owner of the most beautiful again for the club). The forfree kick known to soccer, is mer captain of England, he's going to create a buzz. But then what?

His arrival will do little for the development of soccer in willing to shower him with the United States, which was money and love. And it's the mission statement of MLS. And which some still believe most of that \$250 million is the key to building longterm interest in the sport.

A lot of American soccer fans would like to see some of that \$250 million plowed elitist youth soccer system.

star. That would be Juergen eclipsed as the team star. Klinsmann, who was all set

drennial search to improve its standing.

A charismatic, prestigious ing to shower Beckham with national coach and more stars, such as Ronaldo. That depth and diversity in the all sounds suspiciously like "No, no, no," scolded Major talent pool — those are the the former national soccer things that can move soccer ham is merely a diversion.

Here's one way his arrival three decades ago: The New York Cosmos hired the best player in the world, whereas the Galaxy has hired the most famous player in the world.

in athletic anonymity, the the world's most famous ath- Fulham of the English Preleague felt it had to hire an lete is near its end. His crit- miership for \$4 million. aging international superstar ics say his fame has never So far the plan has worked. his skill on set pieces is become great players, while In the few days since the unmatched and his crosses former European stars may are still right on the mark).

MLS had better hope he still ping \$250 million contract, has enough skills — though the words "MLS" and "Los that's a double-edged wish. Angeles Galaxy" have been If Beckham arrives and is written and broadcast around clearly the best player in the inal charter, of course. But the world. That has never league, it will only confirm if it provides a boost in telethe rest of the world's opin-The league is certain to see ion that MLS is a third-tier organization.

That's because Beckham, no longer playing for his country.

MLS was the only league quite a drenching. Though will come from endorsements, revenue sharing and product sales, Beckham will be paid a salary of \$10 million a year. That means he'll into player development, make more in two weeks than such as finding a better way the Galaxy's entire salary to spot and develop players cap (excluding the Beckham who aren't products of the exemption). It means he'll make more in four minutes Some of us would be more than the league's minimum interested in the hiring of salary. It means Landon Donanother former European ovan has been just slightly

Beckham's job isn't to play

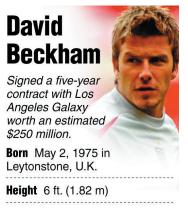
Beckham's deal is expected to open the door to other past-their-prime international league, the North American Soccer League, which folded in 1984.

8

But this isn't the late 1970s. then. A sign of that is how many of our young players are going to Europe. Last week, as MLS embraced Beckham, the league sold the rights to But Beckham's moment as midfielder Clint Dempsey to

Our best and brightest know matched his talent (though they have to go to Europe to realize they can come here and coast comfortably into retirement. MLS might morph into a senior circuit.

> That's not the league's origvision ratings and product pushed, the league is willing to make that deal.



Weight 163 lbs. (74 kg)

Family Married to Victoria (formerly Posh of Spice Girls pop group), three children

Career

Galaxy

Manchester United (1992-2003) Preston North End, on loan (1994-95)

Real Madrid (2003-2007)



isen to the occasion.

"Everyone is doing a ed," Hackett said.

roles and responsibilities," aging 10.7 points and 3.2 will be 7 p.m. Wednesday Hackett said. "We all have rebounds this season, in Daniel-Meyer Coliseum the same goal; we want to earned Mountain West against conference oppobe No. 1 in the conference, Conference Player of the nent Colorado State.

ett said.

good job of fulfilling their Hackett, who is aver- The Frogs' next matchup

to become the next coach soccer but to sell jerseys and of the men's national team elevate the league. He's a socbefore U.S. Soccer managed cer event, like the World Cup to ruin the deal. Now, the in 1994, which drew a lot of team is led by Bob Bradley interest but didn't create a as it embarks on another qua- large, devoted fan base.

Games, total Goals, total

365* 74* *As of Jan. 11, 2007; current season ends June 2007 © 2007 MCT

ource: Real Madrid, MCT Photo Service



<u> </u>	NDIN	IGS				
CURRENT MOUNTAIN WEST CONFERENCE STANDINGS						
	W-L	GB				
Air Force	4-0					
BYU	2-1	1.5				
TCU	2-1	1.5				
Wyoming	2-1	1.5				
UNLV	2-2	2				
CSU	2-2	2				
SDSU	1-2	2.5				
New Mexico	1-3	3				
Utah	0-4	4				

