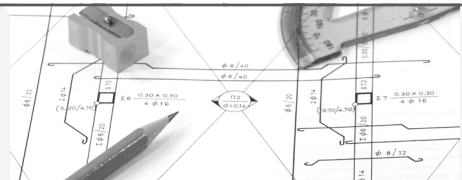


A high school coach faces charges of reckless homicide after the death of a player. Is it deserved? Sports, page 6



Study shows engineering schools aren't preparing students for the workplace because they aren't as hands-on as they need to be. Tomorrow in News



Some universities are dropping Friday classes to reduce energy and commuter costs. Will TCU do the same? Tomorrow in News

INSOMNIA

Sleep-aid prescriptions triple in youth

By Katie Ruppel
Staff Reporter

Courtney Adkins, a sophomore psychology major and sufferer of insomnia, often goes to bed at night, rustling around for hours and wakes up tired and unrested.

"I would stay up and think, and one thought would lead to another," Adkins said. "I just couldn't turn my brain off."

Adkins is included in the small number of university students who suffer from insomnia.

While few students at TCU get prescribed medication for insomnia, the number of

college-age adults in the nation using sleep aid prescriptions has almost tripled in the last 10 years according to a study released by Healthcare Business unit of Thomson Reuters.

Despite the findings of this study, there has been no noticeable increase in the number of sleep aid prescriptions the Brown-Lupton Health Center gives out, said Frank Calhoun, chief pharmacist of the Health Center Pharmacy.

On average, about 20 students per semester are prescribed sleep aid medication, he said.

Jane Torgerson, a primary care M.D. at

the Health Center, said she estimates that she prescribes sleep aid medication for a quarter of her patients that come in for insomnia.

Eric Wood, a licensed professional counselor at the Counseling, Testing and Mental Health Center, said many times students come in thinking they have insomnia when in reality they have underestimated the number of hours they sleep.

"Most people tend not to put much attention into their sleep routine," Wood said. "College students often have inconsistent routines which involve going to sleep at various times."

It is because of these changing routines

that Wood said he is not surprised students come in inquiring about insomnia.

Adkins said anxiety, social issues and stress all added to her lack of sleep.

"School definitely played a big part in it," Adkins said. "I was really worried about having to do this and that and wake up and study. It definitely stressed me out."

Torgerson said stress and worries about school are common reasons for college-age adults to lose sleep.

She said she only prescribes sleep aid medication as a last resort after trying other

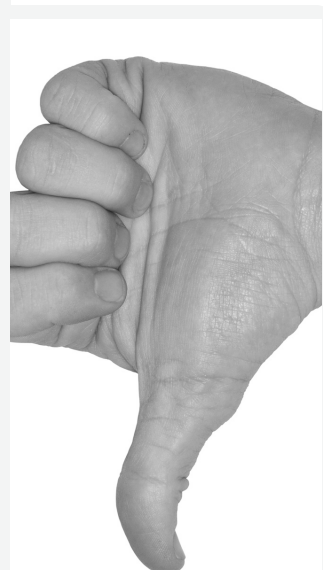
SEE INSOMNIA · PAGE 2

HARDCOVER FICTION BEST SELLERS

- 1 Plum Spooky by Janet Evanovich
 - 2 The Host by Stephenie Meyer
 - 3 Black Ops by W.E.B. Griffin
 - 4 Mounting Fears by Stuart Woods
 - 5 The Story of Edgar Sawtelle by David Wroblewski
 - 6 Scarpetta by Patricia Cornwell
 - 7 Cross Country by James Patterson
 - 8 The Guernsey Literary and Potato Peel Pie Society by Mary Ann Shaffer and Annie Barrows
 - 9 Fire and Ice by Julie Garwood
 - 10 The Hour I First Believed by Wally Lamb
- The New York Times

CORRECTION

A story in Wednesday's Skiff about the WestBend development incorrectly identified Holly Cohen, SVP of real estate planning and construction of J.Crew.



Nelo's low concert turnout shows need for change in SGA. Opinion, page 3

PECULIAR FACT

MUMBAI — A critic of the award-winning movie "Slumdog Millionaire" has named stray dogs after those involved in the film to protest against the title. — Reuters

TODAY'S WEATHER

51 30
HIGH LOW
Sunny
Tomorrow: Sunny 58 / 33
Thursday: Sunny 64 / 44



Please remember to recycle this newspaper.

PRIME TIME



Photo illustration by Jason Fochtman / Multimedia Editor

Official: Digital TV worth trouble

Madison Morgan
Staff Reporter

The university has switched to a new television system in anticipation of the national transition from analog to digital television in February, TCU Connect officials said.

Patti Sellers, supervisor of TCU Connect, said the university made the change because it must.

Feb. 17 is the day all full-power broadcast television stations in the United States will stop broadcasting on analog airwaves and begin broadcasting

only in digital, according to the Federal Communications Commission's Web site. On Wednesday, the U.S. House of Representatives voted against postponing the switch to June 12.

Dan Kennedy, a TCU Connect technician, said the switch to digital television is being made because of the superior quality it provides.

"The government is making the switch so that consumers will benefit from the improved picture and sound quality as well as the efficiency of digital broadcasting," Kennedy said.

The reduced lineup that many stu-

dents are receiving are channels 2 through 38, all analog channels. TCU Connect left these channels on so that students will have time to buy the converters and not be without television completely, Kennedy said.

The QAM tuner

Students will need a digital television with a QAM tuner and a standard coaxial cable to connect their televisions to the wall outlet to receive the digital channels provided by TCU Connect,

SEE CABLE · PAGE 2

Medical schools up seat number

By Maddy Foxx
Staff Reporter

Pre-med students may have reason to relax when it comes to applying to medical school next school year.

According to a survey released Jan. 21 by Kaplan Test Prep and Admissions, nearly half of medical schools are considering an increase in the number of seats for new medical students.

Russell Schaffer, senior communications manager at Kaplan Test Prep and Admissions, said 85 medical schools participated in the survey, including Dartmouth College, Rice University, the University of Texas Health Science Center at Houston and the University of Texas Southwestern Medical School in Dallas.

Kaplan surveys medical schools admissions officers on an annual basis to give students a better grasp on what they can do in order to successfully make it into medical school, Schaffer said. He said this year's survey was in response to the Association of American Medical Colleges' concerns of a future physician shortage.

Schaffer said the association recommended a 30 percent increase in United States medical school enrollment by 2015. To help accomplish this goal, it recommended current medical schools increase the number of seats available to applicants, Schaffer said.

Of the 85 schools surveyed, 33 percent said they were considering a 5-15 percent increase in the number of the admitted medical students. According to the Kaplan survey, 57 percent of schools planned to make seats available soon enough to affect the fall 2009 class, or the class entering in 2010.

Pre-med students, such as junior biology major Anne Pennebaker, had a positive reaction to the possible change.

"Adding spaces to medical programs

SEE MED SCHOOL · PAGE 2

BRITE DIVINITY SCHOOL

Director hired based on academic background

By Elise Smith
Staff reporter

The new director for the Black Church Studies program at Brite Divinity School stood out among the other candidates because of her strong academic background, the dean of Brite Divinity School said.

Nancy Ramsay, executive vice president and dean of Brite Divinity School, said that Keri Day, the new director, also showed confidence in the fields of Black Church Studies, literature and theological ethics.

"Day was active all her life in the Black Church," Ramsay said. "She brings an appreciation for life in the church and came strongly recommended by every scholar we approached."

Day, a member of the Church of God, is currently a Ph.D student and is finishing her dissertation at Vanderbilt University, said Rodney Thomas Jr., an office assistant for the Black Church Studies program.

Day said that she will assume the direc-

tor position in time for the start of the fall 2009 semester.

She said she studied political science and economics as an undergraduate at Tennessee State University and received a master's in religion and ethics at Yale University.

Day said she was drawn to religion and ethics because she had always been interested in religious community participation in political discourse and economic justice for the poor.

Thomas said that the basic mission of the Black Church Studies program is to provide educational history about the practices of the Christian church in the black community.

The Black Studies program also provides academic studies in Black Church studies, Thomas said.

The previous position of director was held by Stacey Floyd-Thomas.

Rodney Thomas said that Floyd-Thomas left TCU for a position at Vanderbilt Divin-

SEE DAY · PAGE 2

ICE BREAKER



JASON FOCHTMAN / Multimedia Editor

Physical Plant employee David Dowell uses a leaf blower to move ice in front of the University Recreation Center on Wednesday afternoon. Dowell was part of a team of four that used shovels and leaf blowers to break through the ice. TCU, closed since Tuesday, was one of 246 schools closed (according to ncbdfw.com) Wednesday after an ice storm moved through the Metroplex on Tuesday evening.

NEWS

Crash survivors reconnect for comfort

By Christopher D. Kirkpatrick
McClatchy Newspapers

CHARLOTTE, N.C. — When Steve met Pam, they were floundering in the icy Hudson River next to their hulking jet that had just crashed after takeoff. He worried the plane would explode. What should we do? Pam asked, splashing and grabbing for Steve. He pointed toward the Manhattan skyline.

Swim.
But a rescue came quickly: A raft. A ferry. A hospital. Then, goodbye.

In the days that followed, as the 155 passengers aboard Flight 1549 set about resuming their lives, Steve found comfort from his wife and two young kids. Still, he kept thinking about Pam.

Was she OK? What did she remember? Was there a slide? Why did they jump in the water?

He'd left his river-soaked business card with her at the hospital: Steve O'Brien, accounting executive.

But he didn't get her contact information, and never asked her last name. He needed to find her, to talk, to fill in the gaps.

The two shared what likely will be the most harrowing moments of their lives. Like so many other passengers, Steve, 44, grew anxious to reconnect. Yes, he was grateful to be alive. Yet Pam was the one person who really knew what he'd gone through.

Days after coming home, Steve started to search for her, combing through news accounts. All he knew was that Pam worked for Bank of America.

US Airways wasn't much help. Officials won't release a list of passengers of Flight 1549, since no one died in the Jan. 15 crash. But dozens have managed to find each other, and they're beginning to form a fragile network of support through e-mail, phone calls and reunions.

They speak of bad dreams, of reliving those moments as they go about their day. They hear the captain: "Brace for impact."

Someone started a Facebook page that invites survivors to share their stories.

Eight passengers came together last Thursday for an appearance on Ellen DeGeneres' show. They laughed and danced on stage, gleeful at being alive to tell the tale. One tossed a paper airplane.

Reconnecting with those who shared a traumatic experience can speed healing, experts say. It helps people see that others, too, are experiencing a wild range of emotions, from anxiety over the vivid images in their minds, to



Brian Siegel, from left, Pam Seagle and Steve O'Brien talk about their experience as passengers on US Airways flight 1549 on Friday at a Starbucks in Charlotte, N.C. The plane crash-landed in the Hudson River on Jan. 15. All of the crew and passengers survived the landing.

the elation of knowing their lives were spared.

"There's something wonderful and affirming about this, for people to attach to each other," says psychiatrist Frank Ochberg, who started a trauma resource center for victims of stress disorders.

For Steve, finding Pam would help him make sense of what happened.

Josh Peltz wanted so badly to connect, he started an e-mail chain

"I've been through this with the people on the plane, and they're the only ones who can truly understand."

Pual Jorgensen
airplane crash survivor

with several survivors.

In the days since the crash, he has yearned to share his memories and anxieties with others who were there.

He's been pacing the hallway when his wife leaves their Charlotte home.

He calls her while she's out, asking when she'll be home. He doesn't like to be alone.

Peltz stays in touch with his e-mail group. "I honestly believe I will be friends with these people forever, and if they ever need anything, I will be there."

He and others exchanged contact information as they were rescued from the water and wings of the stricken aircraft and thrown together at a senior center in Weehawken, N.J.

He doesn't want to divulge details

of the group's e-mail exchanges, but he says most report trouble sleeping at night and jumpiness during the day. They also share practical information about counselors, lawyers and their interactions with US Airways.

They are making plans to meet for dinner and inviting one another to their homes in Charlotte and elsewhere.

Peltz has already met one survivor, Paul Jorgensen, for lunch.

Steve O'Brien heard about the group last week and hoped to join. It would help him to talk — and might help him find Pam.

Steve wished he'd asked for her contact information, as Paul had done in Weehawken.

"I talked to my wife, a bunch of my friends, easily 200 times — my sister, mom and dad. But I've been through this with the people on the plane, and they're the only ones who can truly understand," says Paul, a 38-year-old medical software salesman.

Survivors of the Sept. 11 terrorist attacks formed similar communities, as have war veterans, crime victims and the families of those who've lost loved ones.

"When you find healthy affiliation together, that's usually quite a plus," says psychiatrist Ochberg.

Because all survived, he says, the passengers aren't likely to develop long-term stress disorders.

But Ochberg believes some will likely become too afraid to fly, or develop other phobias. "But that can be eased with professional help.

It's really quite an act of faith to ride in an airplane."

Some who survive near-death experiences talk of being horrified and traumatized, experts say. For some, everyday life feels surreal.

Others are dominated by a new sense of vitality. Food tastes better.

Family and friends mean more than ever. So do those who nearly died with you.

Steve kept hoping Pam could help him remember details.

On Thursday, Steve e-mailed a friend at Bank of America. I'm trying to find a woman who was on the plane with me, can you help?

Sitting at the Division of Motor Vehicles office, waiting to get a new license, Pam Seagle saw an e-mail on her BlackBerry:

Do you know a guy named Steve? He wants to talk to you.

Soon, the two were reunited on the phone.

Pam still had his business card but hadn't called, fearing she might intrude. A 45-minute conversation led to a plan to meet for coffee Friday. They hugged inside the Starbucks at StoneCrest.

Pam brought along Brian Siegel, a co-worker who was also on the plane.

As customers worked on computers and poured cream and sugar in their coffee, the three survivors talked about living through a plane crash. They peppered each other with questions. Compared what they remembered.

Anxiety sometimes washes over him, Steve told them. He's startled by his cell phone ring at times.

Pam says she was rattled when her car hit a small bump.

They discussed fate and how they ended up on that plane together.

They talked about whether they should return the clothes they got from workers and commuters on the ferries.

The three agreed it was good to see each other — and vowed to stay in touch.

"People think you don't want to talk," says Brian Siegel.

"But ... I want to tell you all about it."

CABLE

continued from page 1

Sellers said.

"The most confusing part about the process are the technological terms," Kennedy said. "QAM is not a standard term in the average student's vocabulary."

Kennedy said quadrature amplitude modulation enables direct reception of digital cable channels.

Scott Genthner, a sophomore business major, said the switch isn't worth his time.

"The converters cost up to \$60, and I'm moving off campus next year," Genthner said. "I'm just gonna stick it out with the channels we have left."

"The government is making the switch so that consumers will benefit from the improved picture and sound quality as well as the efficiency of digital broadcasting."

Dan Kennedy
TCU Connect technician

The process seems a lot more complicated than what students are used to because when someone installs cable at a local home, families are given converters by the company that provides their cable, Kennedy said.

Morgan Whipps, a freshman fashion merchandising major, said walking into any electronic store is a nuisance.

"Almost every store my friends and I have gone to are out of the QAM converters," Whipps said. "Then you have to order them online which is taking forever. It's annoying."

Sellers said the best advice TCU Connect can give students is to look at purchasing the converters that have been tested on TCU Connect's system.

Channel surfing

Kennedy said one of the benefits of digital television is the component of multicasting, which allows broadcast stations to offer several channels of digital programming at the same time using the same amount of spectrum required for one analog program. Students who already have a digital television

with a QAM tuner may have noticed this, he said.

"This is why we have put nine channels per individual channel, which is why students will notice channels such as 100.3 or 102.5," Kennedy said.

Although the process of switching to digital television is difficult, TCU Connect staff believe that this opens a lot of doors in the long run, Sellers said.

The switch may broaden students' options, Kennedy said.

"We have submitted a budget to the school for a plan that will include digital music and Video On Demand for students," Kennedy said. "None of that would be possible without this switch."

The university signed a five-year contract with the current cable provider, Charter Communications, and is a little over two years into it right now, Sellers said.

When the school goes out for bids for a new cable provider, TCU Connect will send out a student feedback survey to figure out what current channels students like and what channels students would like to have in the future, Sellers said.

The easiest way for students to identify whether or not a television is going to receive digital channels is to go through the menu program, use auto scan and see what it picks up, Kennedy said.

"The remote is a strange tool in that it can tell you a lot," Kennedy said. "If your remote doesn't have a slash, decimal, or star next to the zero key, then it is probably not capable of receiving digital channels at all."

TiVo issues

A problem brought on by the switch from analog to digital are the difficulties the school is having with TiVo, Kennedy said.

"The problems with TiVo are their own issue," Kennedy said. "Their program isn't functioning with the decimal system, but we have sent them a lineup request and are waiting for them to make the changes."

Kennedy said that with so many students using TiVo's products, it would be a mistake on the company's part not to have a plan.

Amanda, a TiVo customer service representative who declined to release her full name because of company policy, said the company is aware of the problem and is working as fast as it can. She said a lineup request usually takes five to seven business days to process, but sometimes it may take longer.

MED SCHOOL

continued from page 1

would make the entire application process a more positive, less stressful experience for pre-med students," Pennebaker said. "It is already so competitive which can be intimidating and overwhelming."

The survey showed 44 percent of medical schools reported an

applicant's MCAT score is the most important factor in the admissions process, which is a 10 percent increase from the 2007 survey's results. The second most important factor, according to the survey, was a student's GPA.

Schaffer said increasing the number of seats available for applicants will help a great deal with the possible future physician

shortage.

"Medical school admission process has always and will always be competitive — that won't change," Schaffer said. "What will happen is they will let a larger number of more high-caliber students in."

Phil Hartman, professor of biology and chair of TCU's PreHealth Professions Advisory Committee,

said if the change does happen it will have a positive effect for students applying to medical school, especially in Texas.

"I think we are really lucky in Texas," Hartman said. "We have some great medical schools in the state and it's been a positive development that they are increasing the class size and developing new schools."

INSOMNIA

continued from page 1

possible solutions.

Over-the-counter medicines as simple as Benadryl can help students get back into their sleep routine, she said.

"All you need is to get back on track," Torgerson said. "It's usually not a long-term problem."

For people having trouble sleep-

ing, Wood said relaxation training, sleep hygiene techniques and not depending on caffeine and energy drinks will not only make going to sleep at night easier but will also make the body feel more rested.

According to the University of Maryland Medical Center's Web site, proper sleep hygiene techniques include such things as a fixed bed time or avoiding napping during the day.

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Amanda Geiger never saw the drunk driver.

Friends Don't Let Friends Drive Drunk.

Photo by Michael Mazzone

U.S. Department of Transportation

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OPINION

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The Skiff View

New SAT option risky to admissions race

College Board's new option that allows students to send SAT scores to universities by test date has stirred up a lot of discussion among the higher education community. When this option, Score Choice, becomes available to test takers in March, students will have control over which scores, by test date, their prospective universities will be able to see. Currently, university admissions automatically receive all scores.

Wes Waggoner, director of freshman admissions, said the university policy of considering applicants' best section scores will remain — leaving the option of using Score Choice in prospective students' hands. But it raises a few red flags.

Top-ranked institutions such as the University of Southern California, Yale, Stanford and Cornell universities around the country have rejected the option.

Jason Locke, a director of undergraduate admissions at Cornell, said in an e-mail that Score Choice will lead to students taking the SAT more times than they should.

This is a valid concern, especially at a costly private university like TCU, because it could further put students from low-income backgrounds at greater risk. Although most students don't take the SAT more than three times, the option to conceal how many times a student takes a test might empower those who blew the test off the first few times to take it a few more — considering the option can be paid for.

It is commendable that admissions has chosen to give students control over their test scores. It is a little push toward the four-year launching pad toward adulthood. However, with costs of education constantly rising and low-income students already thrust in a bind when it comes to higher learning options, the university must consider the implications Score Choice might have on the admissions race. For some, there are many more hurdles before the finish line.

Managing editor Saerom Yoo for the editorial board.

The Skiff View represents the collective opinion of the editorial board.

Parking problems can't be fixed without garage



VLORA BOJKU

Every day as the clock strikes nine at TCU, campus parking lots are full of unfortunate students.

Circling the lot, they hope against hope that someone is on the way out.

In the likely event that a student is running out of time and someone is a, not leaving or b, speeds in at break-neck



SXC.HU

speed to the spot, students are faced with a major dilemma.

How does one choose between parking illegally and inviting a rather large ticket from the motorcycle cop who stands ready to pounce or being late for class? This is an especially tough choice when some teachers won't allow you in the room or count off of your grade if you are late.

It is true that parking pains are not unique to TCU. That is why many campuses have invested in parking garages.

SMU and Baylor have multiple garages, and even UTA has one.

A multi-level parking garage would increase parking spaces without expanding the amount of land currently allocated for parking and would be far more convenient than the shuttle system being pushed by the administration.

We are being urged to wait for and ride little shuttles like we did back in grade school. Would they like us to sing "the wheels on the bus go round and round," as well during the ride to our classes?

The fact is that shuttles are extremely inconvenient.

Students are expected to drive to campus, park far away from the school, take a shuttle to said school, and take another shuttle back to our cars.

Alumni who graduated years ago complained about the parking situation. Articles have been written about the situation for years and people have complained until they are blue in the face.

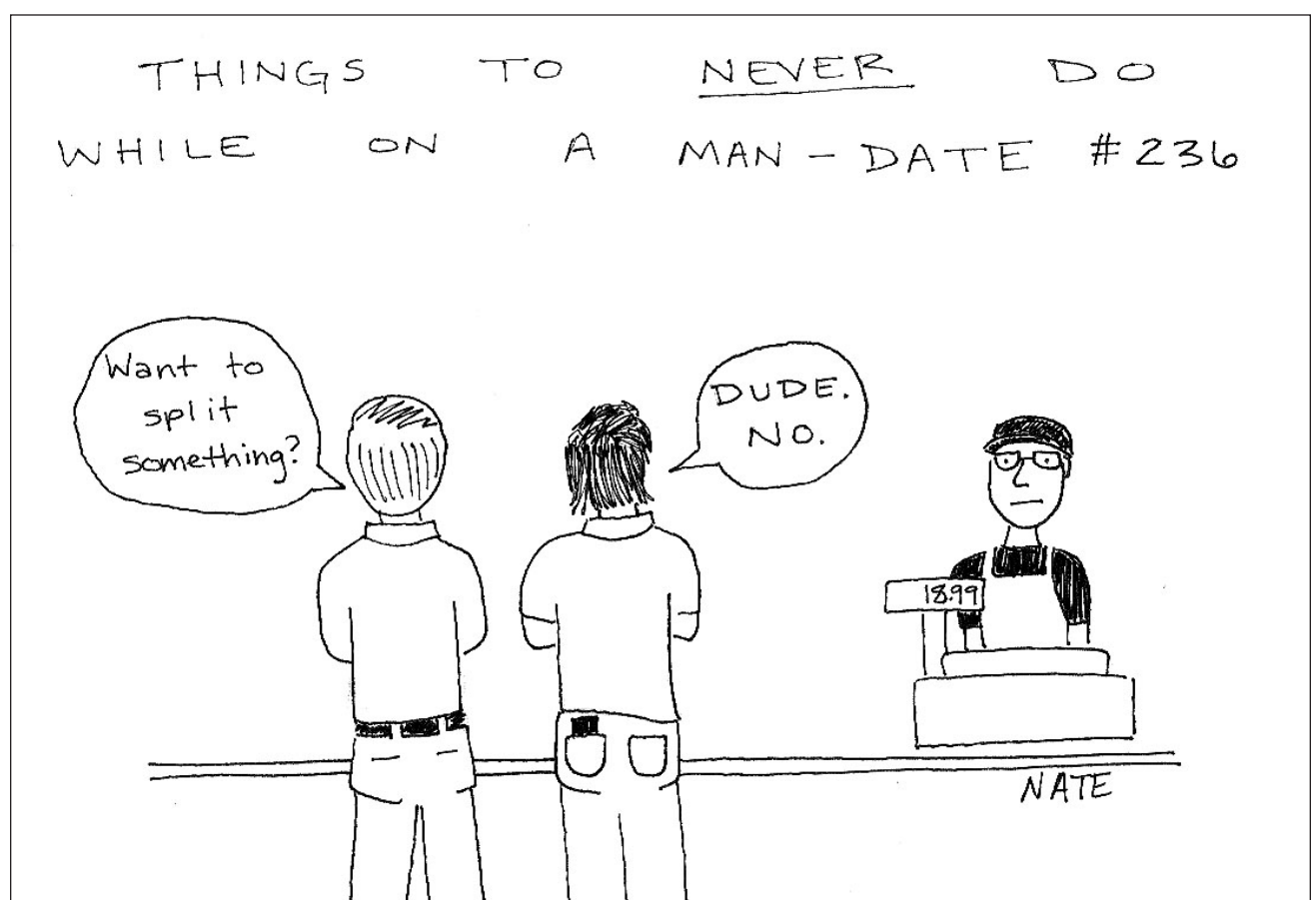
However, even with the precedence set forth by other universities and the continual complaints, TCU has committed to their own idea of what students need.

With tuition going up another 5 percent to \$28,250, not to mention the \$75 parking permit, shouldn't our money be used on something we truly need?

Our time is better spent in the classroom rather than circling around the parking lots frantically worrying about catching the shuttle and making it to class while narrowly avoiding fist fights with spot stealers.

Students are already stressed about homework, classes and professors during the school week. The university should take parking stress off of our plate.

Vlora Bojku is a junior business major from Colleyville.



Nate Arnold is a senior marketing and e-business major from Edmond, Okla.

Patterson's classy sportsmanship good example for fans to follow

SHAWN REDD

Throughout my years at TCU, I have kept mental notes of how opposing fans act. I have been to every single home game and a few away games, and the reactions have been very similar. Fans of the non-BCS schools tended to be more respectful and more pleasant to be around.

However, I needed to find out if this was true when the game was truly important.

I got my chance in San Diego at the Poinsettia Bowl against the Boise State University Broncos. Even though it was a big game for both teams, I was fairly surprised at the actions and remarks made by fans of

the two sides.

Of course there was some cursing and screaming of stupid yet hilarious opinions about the opposition, but what really caught my eye was how each fan respected their new rival and praised them for a good win or a tough defeat.

Up to this point, I assumed other teams' fans were worse than my beloved Horned Frog fans. Don't get me wrong, I love to trash talk and stick it to the challenger as much as the next guy, but I have also learned to respect my competitor.

Even in our conference, TCU gives respect to other teams, and the feeling becomes mutual because the next time the opposition plays us, we are given the respect we deserve as well.

One prime example would be head coach Gary Patterson's decision to keep his team on the field before and after the military games.

He requires all players and coaches to stand and listen to the opposing team's alma mater. Now if that is not class, I don't know what is.

This is what college football fan bases were originally built on. Nobody wants to go to schools like Texas Tech University and University of Southern California where the fans are rude and let you know how much they think your team sucks. If your team sucks, we will let you know on the field.

Shawn Redd is a junior communication studies major from Sunnyvale.



SKIFF ARCHIVES

SGA should respect 'tax money' when planning campus events



JOHN ANDREW WILLIS

Since you're reading this, chances are you've heard of The Aardvark. If you've heard of The Aardvark, you've also probably heard of the Austin-based band Nelo.

Thanks to the plethora of on-campus posters and TCU's daily e-mails, you are almost surely aware that Nelo played at the Brown-Lupton University Union Auditorium last Wednesday. But judging from the embarrassingly small crowd, you most likely weren't there.

I don't mean to imply every student is a Nelo fan, but hundreds of people have waited in long lines and paid more than

\$10 to see Nelo play at The Aardvark.

Could it be that students are so obsessed with alcohol that they refuse to attend a dry on-campus show, even for free? I considered this when I stopped by after my night class last Wednesday.

A more likely explanation is that Nelo fans on campus had prior commitments at 8 p.m. that day. This is entirely feasible since there was a TCU basketball game going on and more than 50 classes beginning at 5 p.m. or later.

You may be wondering whose idea it was to plan the concert at such an inconvenient time on a Wednesday night.

That would be the Programming Council of the Student Government Association. The Council uses money from the SGA fee on tuition to provide entertainment for the student body. That money is like TCU "tax dollars," and SGA has an obligation to use it wisely.

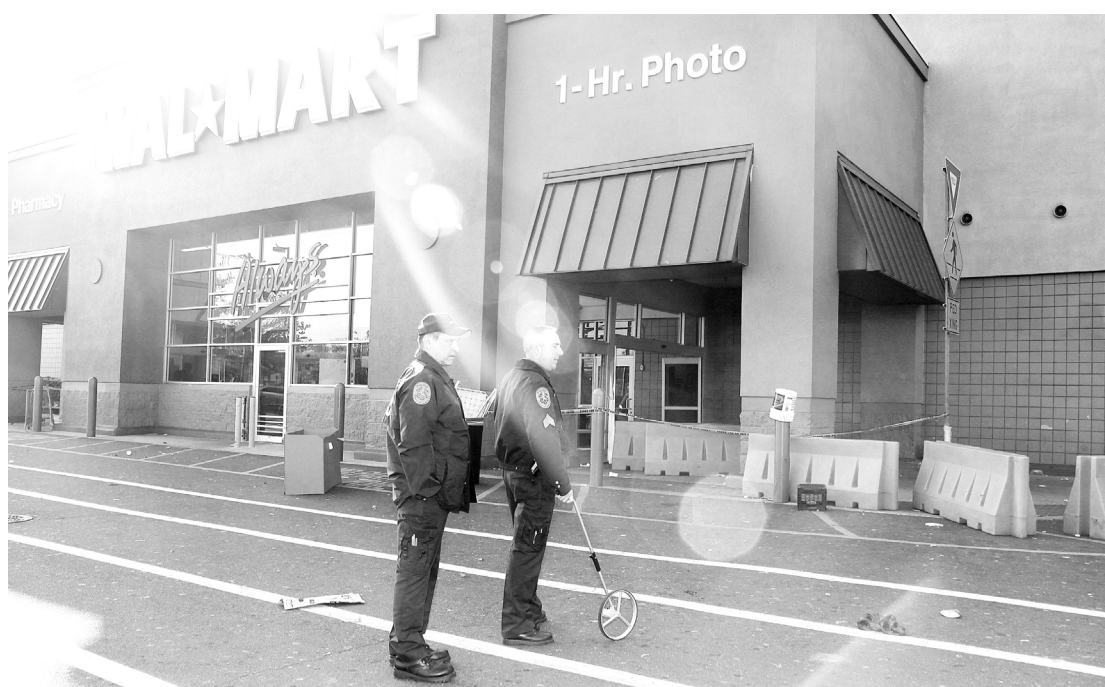
But there seems to be a barrier between student leaders and those who they are elected to lead.

The Council may legitimately desire to serve the student body, but I've never seen the student body polled on who they would like to see perform on campus — not even before the \$100,000 Pat Green show last fall.

Student leadership is difficult, and it's impossible to please everybody. But there seems to be a barrier between student leaders and those who they are elected to lead. That kind of barrier is unacceptable, considering it's the student body's money being spent.

John Andrew Willis is a sophomore environmental science major from Dallas.

NEWS



PATRICK E. MCCARTHY / Newsday via MCT
Nassau County Police secure the outside of Wal-Mart at Green Acres Mall in Valley Stream, N.Y., Nov. 28. A part-time worker was crushed against a door by shoppers and later died.

Family of guard stampeded to death plans to sue Wal-Mart

By Sophia Chang
Newsday

NEW YORK — There was celebrating with pizza and beer on Election Night, beach trips in the summer and cards on Mother's Day that praised a single parent's dual roles.

At night, Jdymitai "Jimmy" Damour, 34, and his mother, Marie Telismond, would talk in their apartment in the Rosedale community of New York City about their days — his filled with odd jobs and hopes of becoming a teacher, hers busy with errands in her retirement days.

"He was my only friend here," Telismond said Tuesday in the Manhattan, N.Y., office of her lawyer, Andrew Libo.

"We went to restaurants. He takes me to the doctor, the supermarket. He never said no to me," she said.

Sleep and sustenance have been elusive for Telismond ever since

Damour was trampled to death in a Black Friday stampede of shoppers at a Wal-Mart at the Green Acres Mall in Valley Stream, N.Y., where he was a temporary security guard.

"I don't have anybody else," she said, dabbing her eyes with a tissue. "It's very hard for me."

The Damour family is planning a suit against Wal-Mart, the security firm and Green Acres Mall, according to Libo.

Messages left for Wal-Mart were not returned Tuesday.

In 1970, Telismond moved from her native Port-au-Prince, Haiti, to New York. She raised Damour in Brooklyn and Queens. He graduated from Freeport High School and studied liberal arts at Nassau Community College for a year.

In the days before his death, the two had gone to vote and stayed up on Election Night, chatting about a possible Obama administration, Telismond said. "He said, 'I told you he'd be president,

a good president."

The last time she saw him was when he took her to the airport Nov. 14, and waited until she was checked in for a trip to Port-au-Prince.

The news that Damour tried to help a pregnant woman during the stampede was not surprising to his mother, who said it was completely in his character.

Leana Lockley, 28, five months along at the time, said recently that she owed her life to Damour.

"He was a very, very good person," Telismond said.

On Sept. 11, 2001, Damour went to Ground Zero to find Ronald Jean Myrthil, the son of close family friend Nicole Jean, who was working near Wall Street. "When they come back, they were both full of dirt," covered in ashes from lower Manhattan, Telismond said.

Jean, also in Libo's office, said that Damour never told her that her son was in possible danger, to protect her.

University in Pakistan reflects nation's fight against extremism

By Kim Barker
Chicago Tribune

LAHORE, Pakistan — The Islamists lost their grip on Pakistan's largest college campus for the first time in decades last year. Then the violence started.

Their decline had been obvious. Shops at the University of the Punjab began selling Coca-Cola, which had been banned by the Islamist students because it was an American product. Cable television, seen as immoral by the fundamentalist group, was installed inside college dormitories. Girls and boys sat together after years of forced segregation.

For the university administration and many students, the push back against the youth wing of fundamentalist party Jamaat-e-Islami was essential for the future of the school and the country's fight against extremism. But the resulting clashes here last month show how serious the fight over Islam is in this volatile nation.

In many ways, the battle at Punjab's university is a microcosm of the larger battle in the country, especially with the government facing pressure to rein in Islamist militant groups after one of them was implicated by India and its Western allies in the deadly terrorist attacks in Mumbai in November.

For years, the militant groups have been supported directly or indirectly by the country's powerful intelligence agencies and army command, and it's unclear how much the civilian government can do — or has the will to do.

"We are sitting here in a campus which is going to define the future of Pakistan," said Muhammad Naeem Khan, the registrar of the school of 30,000 students, in a recent interview. "Here is where we will win the war on terror. Here is where we will win the war for democracy."

The rise of the Islamist youth group, called Islami Jamiat Talaba, over the past 30 years illustrates how forces once supported by the Pakistani establishment can be difficult to stop.

In 1984, President Mohammad Zia ul-Haq, a right-wing military ruler known for spreading Islamic fervor, banned student political groups. In University of the Punjab, the only major group left was IJT, which defined itself as a religious party.

Ul-Haq's government, busy helping the U.S. fight the Soviet occupation in Afghanistan, allowed IJT to spread. Afghan jihad leaders such as Gulbuddin Hekmatyar — now listed as a terrorist by the U.S. — spoke at University

of the Punjab. Some students left to fight in Afghanistan.

Although the ban on student groups was briefly lifted in the 1990s, former President Pervez Musharraf, the military ruler who seized power in 1999, reinstated it. In the years that followed, IJT played a similar role to that of its parent group, Jamaat-e-Islami, supporting Musharraf even while pretending not to, analysts say.

But Jamaat-e-Islami, the country's oldest religious political party, also had links to militants. In 1989, it helped form a militant group to fight in India-controlled Kashmir at the prodding of Pakistan's most powerful spy agency, analysts say. In 2003, Khalid Sheikh Mohammed, the alleged mastermind of the Sept. 11 attacks in the U.S., was arrested in the house of a Jamaat-e-Islami member.

"It's like dispersing little mosquitoes when you put a mosquito coil in the room. When the coil is gone, they come right back. ... It's not a question of could they come back. They will come back."

Shaista Sirajuddin
head of University of the Punjab English department

Here in Lahore, leaders of the Islamic youth group say they are not violent. They say that they have no problem with Coke and no problem with male and female students talking to each other.

"We have an ideology, and everybody (at the university) is with us," said Qaisar Sharif, 27, who is in charge of the group on campus. "The ideology is of Islam, and to help the students be together, without any division."

Over the decades, with no organized opposition, the Islamist group became so entrenched in the university that former members became teachers and now run the teacher's association on campus. They forced the university to hire supporters as drivers, gardeners and guards. Member students took over university offices and used them to preach, teachers and administrators said.

University administrators did little against the group — at times because they were afraid.

The group even made money from the university, setting up a

book fair and banning American sodas in favor of Pakistani-made Shandy cola, which paid the group a commission, university administrators said. The group's leaders denied this.

"This university for a long time has been the goose that laid golden eggs for these people," said Mujahid Kamran, named university vice chancellor a year ago.

In his new job, Kamran wanted the Islamist group to obey the rules. So he paved the way for Coca-Cola's return. He closed the school rather than allow the book fair — and then he held a university-sponsored book fair. He cleared out university offices that the group had taken over.

The new civilian government, elected last February, again lifted the ban on student unions. A loose group of liberal students, the United Students Federation, started recruiting and eventually took control of dorms 15 and 16.

But there were ominous signs. In September, a suitcase of rusted Kalashnikovs, grenades and bullets was unearthed near the Islamist youth group's headquarters, Kamran said. The next day, another gun was found.

A leader of the liberal student group was then beaten up in the middle of the night. And in the early hours of Dec. 3, after hours of protests by both student groups and a fist fight, Islamist youths broke into dorm 16 and shot two liberal students, wounding both, police said.

Mazhar Qayyum, 24, a law student, was in the hospital for more than two weeks after being shot in the left thigh and hit over the head with a metal rod. He has left the university and is now recovering at home. "I am very much fearful about my life," Qayyum said. "Not only my life, but my family, my friends."

Although police initially held one Islamist youth group member in the shooting, no one has yet been charged. The liberal youth group's leaders say they have been threatened to withdraw their cases against the Islamists.

The liberal youth group's leaders also blame the university for encouraging them to recruit and rally against the Islamists but doing nothing to protect them.

Some moderate teachers, weary of a long fight against the Islamist group, worried that the recent changes were only cosmetic.

"It's like dispersing little mosquitoes when you put a mosquito coil in the room," said Shaista Sirajuddin, head of the English department. "When the coil is gone, they come right back. ... It's not a question of could they come back. They will come back."

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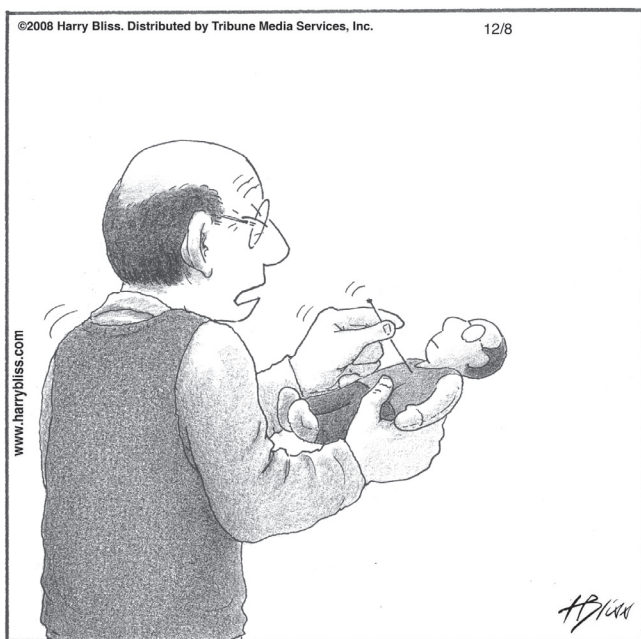


Today in History
On this day in 1936, the U.S. Baseball Hall of Fame elects its first members in Cooperstown, N.Y.: Ty Cobb, Babe Ruth, Honus Wagner, Christy Matthewson and Walter Johnson.

Joke of the Day
Q: What did one toilet say to the other toilet?
A: You look a bit flushed!

— History Channel

Bliss by Harry Bliss



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	1		4		3	
		3	8	6		
3	7					8 1
		2			4	
9	4					7 5
			4	9	1	
		3		5		6
4			7		3	
						8

Directions
Fill in the grid so that every 3x3 box, row and column contains the digits 1 through 9 without repeating numbers.

See Friday's paper for sudoku and crossword solutions.

Wednesday's Solutions

6	9	8	2	5	4	3	1	7
7	2	5	3	8	1	4	6	9
4	3	1	7	6	9	8	2	5
1	6	4	5	2	8	7	9	3
8	5	2	9	3	7	6	4	1
9	7	3	1	4	6	5	8	2
5	4	9	8	7	2	1	3	6
3	1	6	4	9	5	2	7	8
2	8	7	6	1	3	9	5	4

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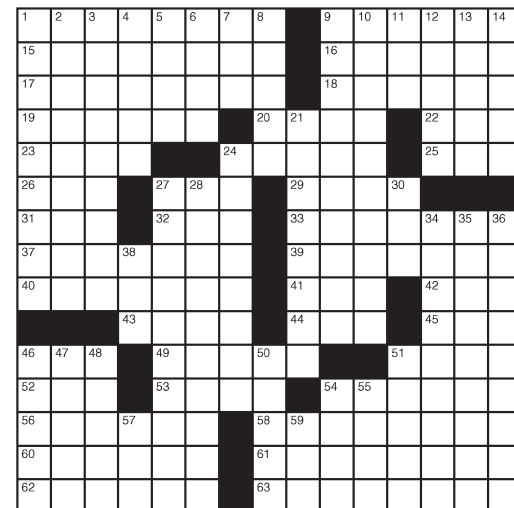
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16 Dinner pick
17 Suffered anguish
18 Dollar bill artist
19 Gesture of respect
20 Rubberneck
22 Shout to surprise
23 Beer buys
24 Unit of magnetic flux
25 Sides of a cube
26 "Little Women" author's initials
27 Brit. quartermaster
29 B.C. fuzzi
31 Writer Fleming
32 Letters on a G's letter
33 Suffered humiliation
37 Like peekaboo fashions
39 Source of hyoscyamine
40 Computer mavens
41 Knack
42 CEO's degree
43 Hebrew letter
44 Pub. submissions
45 Karachi's nat.
46 PC pic
49 Aage Bohr
51 Jonas of bacteriology
52 Long time
53 Singer Gibb
54 "The Kid" star Jackie
56 Possible to accomplish
58 Canonical hour
60 Spots
61 Warm, cheerful brightness
62 Flip do-over
63 Put in order



By Josiah Breward
Scranton, PA

1/24/09

Wednesday's Puzzle Solved

S	T	A	R	P	S	S	T	A	C	M	E	S			
C	O	L	A	A	P	I	A	B	L	A	N	K			
A	U	D	I	P	H	A	R	B	A	N	D	Y			
T	R	A	N	Q	U	I	L	E	Y	E	S				
		Y	U	A	N	O	S	P	R	E	Y				
K	O	S	A	N	X	I	O	U	S	E	V	A			
A	N	T	I	C		N	A	V		S	P	E	T		
B	L	A	C	K	M	A	R	K	E	T	E	A	R	S	
O	I	L	I		I	N	E		E	L	I	S	E		
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M	E	D	I	C	I		T	O	N	G					
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U	T	U	R	N		I	N	I	T		T	O	R	I	
G	E	N	E	S		R	A	C	E		S	E	E	S	

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1/24/09

- 3 Like noncarbon-based compounds
4 Chaps
5 Sale-tag notation
6 Half asleep
7 Suffix in linguistics
8 Grasslike plant
9 Those showing deferential esteem
10 Burials
11 Air-conditioner meas.
12 U.A.E. populace
13 The King of France
14 Start of a rehab program
21 Lincoln and others
24 Fuel storage building
27 Fundamental grounds
28 Haste
- 30 Dangerous insulation mt.
34 Out of control
35 All in all
36 About to swoon
38 Your of yore
46 Yielder
47 Gander's partner
- 48 Ill-chosen
50 Spandex brand
51 Gannet goose
54 Letters for Spock or Riker
55 Eye defect: suff.
57 Short life story
59 Dinghy mover

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MEET ANA
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But, Ana has a secret...
find out @ www.counseling.tcu.edu

MONDAY: JAN 26 "Be a Friend to Your Body Day"	TUESDAY: JAN 27 "T'ai Chi the Commons"	WEDNESDAY: JAN 28 "Town Hall Meeting"	THURSDAY: JAN 29 "Community Resource Day"
CAMPUS LIFE REC Center: 4-6 Free Massages Free Consultation with a Trainer HEALTH TESTING, "How to Eat Healthy in the Union" Free Bio-feedback	Free ORSL Meditation in Jarvis Hall -10AM Free T'ai Chi demo, on the Commons-12PM	Faculty/Staff T'ai Chi Demo-East Campus @ 12PM BLUU AUD. -7PM "The Good Body," Panel Discussion - Body Image and	BLUU Ballroom@ 12PM A key note address by Remuda Ranch.

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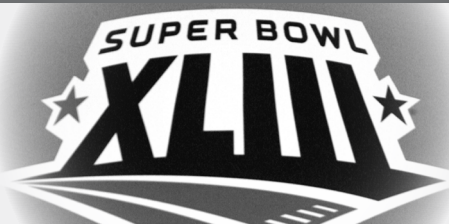
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SPORTS



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JASON FOCHTMAN / Multimedia Editor

Junior guard Shayla Moore, left, and sophomore guard Helena Sverrisdottir double-team Air Force guard Anna Gault during the Frog's 79-43 win on Jan. 17. The Lady Frogs had a home game last night against San Diego State. The Horned Frogs held a 12-7 overall record and a 4-2 mark in Mountain West Conference play entering the game.

Go to DailySkiff.com for a full recap of the game, including coach and player reactions and a picture slideshow.

SPORTS MANAGEMENT

Students get 'super' chance to learn trade

By Scott Travis
Sun Sentinel

FORT LAUDERDALE, Fla. — How's this for a cool college experience? Earn three credit hours for being part of the Super Bowl.

It's happening for 10 students in the sports management program at Lynn University in Boca Raton, Fla. They spent the last semester learning what it takes to put on huge sporting events. On Super Bowl Sunday, they'll work with a hospitality company to throw a pre-game party near Raymond James Stadium in Tampa, Fla.

The group will also help run a charity golf tournament and a celebrity flag football challenge featuring retired quarterback Doug Flutie and other former

National Football League players. They'll staff the NFL Experience, an interactive fan area outside the stadium.

The only thing missing will be the game itself. If the students watch it at all, it will be on television.

"There are very, very few tickets available to the general public, and demand is greater than supply," said Ted Curtis, assistant professor of sports management. "Ticket prices shoot up into un-touchable ranges. The last time I looked, they were about \$1,700 a ticket for the worst seats."

But the students, who are paying \$1,500 each to attend, say they don't mind. They're not going there to watch a football game.

"Just to be involved in the makings of the whole Super

"If you're going to work in the sports management industry, you have to understand what goes into making an event like this."

Daniel Silverstein
Lynn University student

Bowl, with the pre-game parties and everything, is a great experience," said Daniel Silverstein, 22, of Boca Raton. "If you're going to work in the sports management industry, you have to understand what goes into making an event like this."

Lynn is known for offering ex-

citing classes. This month, some students earned credit for staging an off-Broadway play in New York, while others participated in a presidential inauguration program in Washington.

During the past two years, Curtis took students on a class focused on putting on the "Final Four" climax of the national college basketball tournament, and part of the package included attending the games.

Students said some of their classmates had questioned whether these are legitimate classes. They are, said Kristin Grey, 20, a junior who attended the Final Four in San Antonio last year and plans to go to Tampa.

"You can ask anyone on the trip last year, and the last thing we wanted to do was go to the game," she said. "We were exhausted."

SUPER BOWL XLIII

Media Day circus: Only in America

By David Whitley
The Orlando (Fla.) Sentinel

TAMPA, Fla. — Pro football is America's unofficial religion, and the NFL's brilliance was again on display Tuesday.

So were — cue "The 12 Days of Christmas" — three Steelers dancing, two semi-nude Mexicans and a cross-dresser who got too close to me.

It was Super Bowl Media Day, the day real journalists like me hate to get out of bed. We want to spend an hour asking Ken Whisenhunt how he'll attack Pittsburgh's defense, and the contrived craziness detracts from our vital missions.

I must admit, the NFL is crazy like a fox. Its goal is to promote its product, and media day is the ultimate international weapon.

Samoan radio, German TV, Peruvian bloggers, all were welcome at Raymond James Stadium. Most knew nothing about football, but so what?

For the NFL, any publicity not involving Pacman Jones is good publicity. So it created an event that encourages TV personas to do what they do best, namely act like a fool. The only drawback is earthlings now think Americans have completely lost their minds.

Exhibit A — Ross Mathews of "The Tonight Show" handing a pink football to Pittsburgh's Charlie Batch and asking in his best Ethel Merman voice, "Will you throw me a pass?"

I don't know if Mathews is gay, but he plays it on TV. We would have found out for sure if he'd run into Ines Sainz.

Once Miss Spain, now an intrepid reporter with TV Azteca, Sainz was easy to spot Tuesday. Imagine Edward R. Murrow with long brunette hair and surgical enhancements dusted with sparkles.

She went around measuring players' biceps. Byron Leftwich returned the favor and didn't even try

to keep his eyes on the reporter's arms. "Y'all know," he laughed to the TV crew. "Y'all are all guys."

You can never be too sure at Media Day. Joel Bengoa of Telemundo showed up wearing heavy makeup, a red evening gown and a feather boa. He claimed to be the Cardinals' Fairy Godmother, though he actually looked more like Chris Berman with a blonde wig.

Bryant McFadden won Entertainment Tonight's prized disco ball. Roy Lewis did a nice Rockette impersonation for the Telemundo reporter wearing a Troy Polamalu wig.

Somewhere, Pete Rozelle had to be clicking his heels.

He started this nonsense all those years ago. Back then media day consisted of a few newspaper hacks sharing a smoke with Vince Lombardi. Having long ago conquered America, the NFL is now after the world.

The funny thing is our version of football will never be as popular as baseball or basketball since most countries don't play the game. But the NBA Finals and World Series don't draw the kind of attention a football non-event garners.

Neither does the G8 summit or even the Australian Rules Football championship.

"We don't have a Media Day," said Nicole Phillips of Network Ten Australia.

We do, and the show is never over until the mascara runs. I noticed that as I was leaving the men's room and a person in a red evening gown hurried in.

"It's not what you think," Bengoa said.

I think he makes one ugly woman and that the world thinks the Super Bowl is actually a drag queen contest between Mike Tomlin and Whisenhunt.

But what does it matter what I think? As Lewis yelled during his dance for Telemundo, "Loco! Loco!"

That's the NFL. Loco like a fox.



GARY W. GREEN / Orlando Sentinel via MCT

Joel Bengoa, a reporter for Telemundo Sports Network, wears a red dress and wig while interviewing players during Media Day for Super Bowl XLIII at Raymond James Stadium in Tampa, Fla., on Tuesday.

POINT • COUNTERPOINT

Should football coach whose student died after practice be punished?

Punishment for accidental death would set bad precedent of fear



MICHAEL CARROLL

Last week, the family of a high school football player in Kentucky who collapsed at a hot practice in August and later died charged the coach of the team with reckless homicide.

David Stinson, the coach involved in the incident, plead not guilty to the charges Monday.

Max Gilpin was a 15-year-old sophomore and an offensive lineman on Pleasure Ridge Park's football team when he collapsed during an Aug. 20 practice, according to a New York Times article. The heat index that day in Louisville reached 94 degrees, according to the report.

The circumstances surrounding the incident are un-

clear at this time, but Gilpin's family has brought the charges against Stinson in hopes of bringing awareness to hydration and heat-related illnesses.

While Gilpin's death is unquestionably tragic — no one should have to die so young — tragic things sometimes happen in sports.

Everyone who participates in any type of physical activity faces risks of injuries, and yes, even death.

Heat-related deaths have received a lot of attention lately, mostly because they appear to be happening with greater frequency. But the number of these deaths is relatively small when compared to the number of athletes that take part in physical activities every day.

Stinson deserves no punishment in this situation, unless we come to find out that he denied players water breaks and adequate rest.

Heat-related dangers are only one of the many risks football players and other athletes take every time they take the field. Getting hit at the

Everyone who participates in any type of physical activity faces risks of injuries, and yes, even death.

wrong angle could leave players paralyzed for life, or even worse, kill them.

You wouldn't hold a coach responsible for a life-threatening or life-ending injury sustained on the field of play, so why should Stinson be blamed for this incident?

Athletes have chosen their path and they must be aware of the risks that come with the lifestyle.

If Stinson is found guilty, it would set a bad precedent for all coaches of all sports at all levels. They would be in a constant state of fear of being blamed for freak accidents that may lead to a player's death.

Sports editor Michael Carroll is a senior news-editorial journalism major from Coppel.

Coaches must know where to draw the line on working players



BILLY WESSELS

What is a game? According to Dictionary.com the first definition for the word is an amusement or pastime.

That sounds about right, and you know what isn't in the definition? Death.

Death doesn't usually come from games, but accidents you can't see coming happen.

A pitcher gets hit in the temple by a line drive coming back at him twice as fast as his pitch. A football player gets paralyzed during a kick-off return.

But you can see the weather forecast and know when it is going to be too hot to play football. At least most coaches can do that.

I am not saying Pleasure Ridge Park High School head football coach David Stinson

killed 15-year-old Max Gilpin on purpose. That is why he is being charged for reckless homicide, and I think deservedly so.

As a former baseball coach myself, I know how hard it is to manage your kids while fighting the weather during practice. And I had to deal with the Texas heat during June and July.

I made sure my kids got water breaks every 15 to 20 minutes and I cancelled practice on multiple occasions because of the heat.

And trust me, it was hard to do, especially if you are as competitive as I am, but I am glad I don't have to deal with being charged for reckless homicide.

I hope if Stinson gets convicted, he gets the minimum, because I am sure this was an accident, but he should still be held accountable for his actions.

Maybe he can get a plea bargain and only serve a couple months in prison, then some probation time. I don't want

I hope coaches look at this and see that football is just a game and that it's not worth dying for.

to see this man burn, but I do think a precedent needs to be set for high school athletes who needlessly die during practice.

One of the first stories I ever wrote when I worked for a Waxahachie newspaper was about Everman High School's first football game after senior tight end and TCU commit, Craig Boatwright, died while running on the school's track the day before.

It was a tough story to write and it was even tougher to be at that game. I hope coaches look at this and see that football is just a game and that it's not worth dying for.

Billy Wessels is a senior news-editorial journalism major from Waxahachie.